

Edition 25  
20.03.26

# Weekly News



Dear Parents, Carers, Staff and Governors,

## Living Our School Values at Sugar Hill Primary



This week we launched a new focus on **developing the children's understanding of our School Values** and what it means to *live these values* every day at Sugar Hill Primary.

As mentioned in last week's newsletter children will be taking part in activities, discussions and learning opportunities that help them recognise how our values guide their behaviour, their choices and the way they treat others—both in school and beyond.

This week we have been reinforcing our School Value **RESPECT**.

### **What Is Respect as a School Value?**

**Respect** means treating other people, yourself and your environment with care, kindness, and consideration.

It is about recognising that everyone is important and deserves to be treated well.

In school, respect helps create a positive, safe and happy place where everyone can learn and thrive.

## **How Can Children Show RESPECT?**

### **1. Respect for Themselves**

- Trying their best in lessons
- Taking pride in their work
- Making good choices
- Speaking kindly to themselves and others
- Looking after their belongings

### **2. Respect for Others**

- Speaking politely and listening when someone is talking
- Being kind in actions and words
- Including others in games and group work
- Following adult instructions, the first time
- Celebrating differences and treating everyone fairly

### **3. Respect for Adults**

- Using good manners (“please,” “thank you,” “excuse me”)
- Listening carefully to staff and responding calmly
- Following school rules and routines

### **4. Respect for the School Environment**

- Keeping classrooms tidy
- Looking after school equipment
- Respecting displays and other people’s work
- Using shared spaces responsibly (playground, corridors, toilets)

### **5. Respect for Learning**

- Arriving ready to learn
- Staying focused and trying hard
- Letting others learn without disruption

### **Why Respect Matters**

When children show respect, they help build a school community where everyone feels safe, valued and ready to learn. It strengthens friendships, improves behaviour and sets children up with positive habits for life.

## Extreme Reading Competition



Congratulations to Lola who has won our Extreme Reading Competition for reading underwater! Thank you for all the super entries.



## Newsletter Survey

Are you reading our newsletter?



If you read this newsletter, tell your child that this week's lucky word to go into the draw to win a surprise is **RESPECT**. If they come to school on Monday 23<sup>rd</sup> March with their name and the word **RESPECT** on a piece of paper and hand it to Mrs Legge at the gate as soon as they arrive at school, they will go into the lucky draw.

To enter the draw, it must be passed to Mrs Legge at the gate!

**To be in with a chance of winning a prize the word must be posted in the box on Monday morning.**

We wonder who our lucky winner will be?

This week's winner was Harlow in Year 6. It did not take her long to choose her prize!



We hope you enjoy your book Harlow.



**A huge thank you to Aldi from everyone at Sugar Hill Primary**

We would like to express our heartfelt thanks to **Aldi** for their generous donation of beautiful flowers. Their kindness has truly brightened our school environment—creating welcoming spaces around the building and bringing so much joy to children, staff and visitors alike.

The flowers have also been a wonderful resource in our lessons this week, helping our children explore colours, patterns and nature up close. They've inspired creativity, sparked curiosity and added something really special to our learning.

**Thank you, Aldi, for supporting our school community and helping us make Sugar Hill an even happier and more vibrant place to be.**



## **Oral Health Message for Parents and Carers**

At Sugar Hill, we are continuing to promote the importance of good oral health for all our children. Establishing healthy habits early helps children keep their teeth strong, their smiles bright and their confidence high.

Here are some simple ways you can support good oral health at home:

### **Brush twice a day**

Children should brush their teeth for **two minutes, morning and night** using **fluoride toothpaste**. Supervision is recommended to make sure all areas are cleaned properly.

### **Limit sugary snacks and drinks**

Frequent sugary foods and drinks can lead to tooth decay. Try to keep these to mealtimes and offer healthier snacks such as fruit, cheese or plain yoghurt.

### **Water is best**

Encourage water as the main drink throughout the day. It helps keep children hydrated and protects teeth.

### **Regular dental check-ups**

NHS dental check-ups are **free for children** and regular visits help spot any issues early.

### **Healthy smiles support healthy learning**

Good oral health helps children feel comfortable, confident and ready to learn. Thank you for your continued support in helping our pupils build lifelong healthy habits.

## **Meningitis Update for Parents and Carers**

You may have heard about the recent **Meningitis B outbreak in Kent**, where public health officials have confirmed multiple cases linked to the University of Kent and local schools.

We want to reassure you that **there are currently no cases in the North East** and the wider public health risk remains **low**.

### **Reminder for all parents and carers -signs and symptoms to look for**

Please seek help urgently if your child shows any of the following:

- Fever, headache, or drowsiness
- Stiff neck or dislike of bright lights
- A rash that does **not** fade under pressure
- Rapid deterioration or confusion

## What to Do

If you are worried about symptoms, **seek medical help immediately** by:

- Contacting your **GP**
- Calling **NHS 111**
- Dialling **999 in an emergency**



## School Lunch Price Increase

The cost of the school meal price is increasing from Monday 20<sup>th</sup> April to £3.08 per day.

We are currently working with our school meal provider considering menu options and will be asking the children for their feedback on school meals very soon.

## DIARY DATES FOR YOUR CALENDAR- Spring Term 2026

**PLEASE CHECK CAREFULLY EACH WEEK**

*Thank you*

## Spring Term (2)

<b>WEEK 11</b>	
Monday 23 <sup>rd</sup> March	<b>Class 1 Library Visit</b>
Tuesday 24 <sup>th</sup> March	<b>Parent/Carer Meetings 3.30pm-5.20pm Reception Classes</b>
Wednesday 25 <sup>th</sup> March	<b>Parent/Carer Meetings 3.30pm-5.20pm Years 1, 2, 3, 4 and 5</b>
Thursday 26 <sup>th</sup> March	<b>Class 2 Library Visit</b> <b>Parent/Carer Meetings 3.30pm-5.20pm Reception, Years 1, 2, 3, 4 and 5</b>
Friday 27 <sup>th</sup> March	<b>Attendance Prize afternoon for winning classes (still to be determined)</b>

<b>WEEK 12</b>	
Monday 30 <sup>th</sup> March	
Tuesday 31 <sup>st</sup> March	
Wednesday 1 <sup>st</sup> April	
Thursday 2 <sup>nd</sup> April	<b>Nursery Library Visits with parents and carers- more information to follow via Tapestry</b> <b>Last day of Spring Term</b>

Thank you for all your support this week.

We hope you have a lovely weekend.

Kind regards,

Mrs O'Rourke and Mrs Legge