

Barhaugh Hall, Alston, Cumbria

Year 5 Residential 26th -28th January 2026



Staff:

Travel:

Mr Healey (lead)

Mrs Lamb

Miss Puckey

Mrs Kendall

Miss Jarvis

Please can the children arrive at school via the front door on Monday at 8:30am.

Setting off from school at: 9:00am

Estimated arrival time at Barhaugh Hall: 11:00am

Setting off back to school at: 13:20pm

Estimated arrival time at school: 15:30pm

If we are delayed for any reason, you will be notified as to our ETA.

An example of the itinerary

Day 1

- Arrivals are typically about 11.00am
- Walk to Centre
- Lunch
- Quest
- Canoeing
- Evening Meal
- Archery
- Nightline
- Hot Chocolate and Review

Day 2

- Breakfast
- Piranha Pool
- Crate Challenge
- Giant Swing
- Lunch
- Zip Wire
- Dungeon
- Climbing
- Evening Meal
- Team Challenge
- Hot Chocolate and Review

Day 3

- Breakfast
- Trapeze
- Raft Building
- Caving
- Lunch
- Departures are typically about 2.30pm

Groups and rooms...

Groups:

The children will be split into three groups for the activities. They will be placed with someone who they are friendly with.

Rooms:

Rooms are catered for different sized groups. Girls and boys dorms are separate. Again, the children will be put into a room with someone they are friends with.

All group and room selections will be told to the children on the day of the residential.

Robin Wood have overnight staff that are on night duty. Any problems or issues during the night will be dealt with and written into a book. This is passed onto our school staff the next day. However, there will be one of our school staff on call during the night if needed.

Suggested clothing list...

Please make sure all clothing is named

- 4 Comfortable long-sleeved tops (sweatshirts/jumpers/hoodies/fleeces)
- 3 T-shirts (not vest type)
- 3 Pairs of trousers (not restrictive; sportswear is good/ideally not jeans)
- 1 Pairs of shorts (knee length)
- 5 Sets of underwear • 6 Pairs of socks
- 2 Pairs of trainers
- 2 Towels
- 1 Waterproof coat
- 1 Warm hat
- 1 Pair of warm gloves
- 1 Set of nightwear
- 1 Bag of toiletries
- 1 Black bin liner

Items not to bring...

1. Please do not bring items such as mobile phones, any type of cameras (including disposables), computer games or iPads/tablets. Leave all expensive items at home.
2. Please do not bring any aerosol sprays. Our fire alarm is sensitive in order to ensure high standards of fire safety and aerosols sprayed near any of the many smoke alarm sensors can set off the fire alarm for the whole centre.
3. All bedding is provided, there is no need to bring your own bedding.

Lost property

During the course Robinwood will collect any lost property and display it for the group to re-claim whenever possible, particularly at the end of the course. If lost property appears after the group has left Robinwood, they will post this on to the school, only if the school and/or the owner can be identified.

Medical information...

All medication needs to be brought in via the office with our school medical form. Medication cannot be placed in children's bags.

Our staff will be in charge of administering medication at the required times.

As upper KS2 is a year group where body changes are happening, please inform our staff if there is anything we need to be aware of.

We will take a variety of toiletries with us but if there are any concerns or worries regarding this, please speak to us before the trip.

Please note: If your child is ill over the weekend, please let us know. Robinwood have a strict 48-hour sickness policy. If this is the case, we will work with you to find the best solution.

Food menu example...

Day One

Break time snacks are provided and additional fruit is always available.

Hot Chocolate and a biscuit are served on both evenings.

We aim to provide healthy meals that will appeal to the children in order they get the energy intake they need to fuel their three days at Robinwood.

Lunch

Cheese Sandwich
Ham Sandwich
Crisps
Biscuit
Fruit available

Evening Meal

Baked Potato (with choice of fillings)
Pasta Bolognese
Tomato Pasta
Salad available
Choc Ice

Day Two

Breakfast

Sausage
Vegetarian Sausage
Mini potato waffles
Beans
Toast
Choice of Cereals
Fruit available

Lunch

Chicken Burger
Hot Dog
Sandwich with filling
(cheese, ham, tuna or jam)
Crisps
Fruit
Yogurt tube

Evening Meal

Cheese and Tomato Pizza with Chips
Curry and Rice with Popadoms
Salad available
Chocolate Brownie

Day Three

Breakfast

Sausage
Vegetarian Sausage
Mini potato waffles
Beans
Toast
Choice of Cereals
Fruit available

Lunch

Sausage Roll
Cheese and Onion Slice
Sandwich with filling (cheese, ham, tuna or jam)
Crisps
Yogurt
Fruit

There is always a vegetarian option and we regularly cater for special diets such as coeliac disease (gluten free), lactose free, dairy free and halal.

Please let us know in advance of any dietary needs.