

## **HOLY FAMILY CATHOLIC PRIMARY SCHOOL**

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Monday 17th November, 2025

Dear Parents,

We are now ten days away from our one night residential trip, 'Star in the sky', to Castlerigg Manor. The children are very excited and plans have now all been finalised. Below I have outlined some key information for you to be aware of.

### **Dates and times**

We will depart school at approximately 12pm on Thursday 27th November, arriving in time for our 2pm check in at Castlerigg Manor. We will have a morning of fun activities in class, before having an early dinner at 11am. Due to dinner being earlier than usual, children will need to bring a packed lunch. Please ensure hot dinners are cancelled.

We will check out at 12pm on Friday 28th November, so we will be back at school for our usual 3:30pm finish. Castlerigg are providing children with packed lunches to eat before we depart.

### **Itinerary**

Please see attached the sample itinerary for our stay.

### **Kit List**

Please see attached the kit list.

Please be aware that children will need to bring a sleeping bag. Pillows and bedsheets are provided.

Thursday 27th November- Children are to travel in their outdoor uniform (PE kit).

Friday 28th November- Own clothes.

The stay will be a brilliant way to introduce the children to residential trips, without having to leave the premises, and for one night only. I will try my best to upload photos on our Facebook page while we are there so you can see what the children have been up to. If you have any questions relating to this visit, please do not hesitate to contact me.

Yours sincerely,

Mrs Benn.

# Retreat Kit List

To note - Bed sheet, Bed Pillow and Pillowcase, meals and activities are included in the price of the retreat.

What you will need to bring along:

- Packed lunch and drink for the first day (no fizzy drinks, glass bottles or sweets)
- Sleeping bag
- Towel
- Toiletries—toothpaste, toothbrush, shampoo, shower gel/soap, deodorant, hairbrush, etc.
- Pyjamas and, if you want, slippers and a dressing gown
- Clothes! PE kit for 27/11; own clothes for 28/11
- General everyday clothes, including some comfy items, i.e. joggers and a hoodie
- Don't forget socks and underwear
- Waterproof Jacket if you have one (if not, again, we can lend you one)
- Refillable water bottle
- Children are allowed to bring a small teddy or similar for comfort at night, but please do not pack any toys/ electronics

## *Day 1*

<b>14.00</b>	Arrivals
<b>14.30</b>	Staff Meeting
<b>15.00</b>	Welcome & Ignition
<b>16.30</b>	Break
<b>17.00</b>	Session
<b>17.30</b>	Dinner
<b>18.45</b>	Creative Workshops Break
<b>19.45</b>	Orientation
<b>20.00</b>	Night Prayer Bedtime Story?

## *Day 1*

<b>8.30</b>	Retreat Morning Prayer
<b>9.00</b>	Breakfast
<b>09.30</b>	Session Break
<b>10.30</b>	Session (with affirmations)
<b>11.15</b>	Social Time
<b>11.30</b>	Lunch
<b>12.00</b>	Depart

## **Sample Timetable** **2025 Retreats**

**Dear Group Leader** // We are sending this out to give you a rough idea of what will happen on your upcoming retreat.

If you have any further questions, please get in touch.

We can't wait to welcome you!

