

Children's **ANTI-BULLYING POLICY**



**Co-written with c
Bishopsteignton Primary School**

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Revised 2018

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BULLYING: WHAT WE BELIEVE AND WHAT WE DO

At Bishopsteignton school we work hard to make sure nobody feels threatened or scared. We don't want anybody to be worried about coming to school. School is meant to be a safe environment.

If a child is being bullied, they have the right to speak up and have a voice. If a child in our school was being bullied and didn't want to talk about it we would find a way to help them to speak up.

We believe that before you label yourself as being bullied you need to understand what it is. We don't want children to be called a bully when they're not. This policy will explain what bullying is and how we teach children more at Bishopsteignton Primary.

What is bullying?

There are different sorts of bullying:

Physical (on the outside)

Emotional (on the inside)

Verbal

Online Bullying

Be careful with your words, once

they are said they can only be

forgiven, not forgotten.

The word 'bullying' is quite a strong word and should be used carefully. Sometimes things happen and people do things that aren't kind but this is not always bullying. The list below helps you to understand what might be classed as bullying:

When people hurt you more than once

When you're hurt on purpose

When the intention is hurtful.

When people gang up on you.

When people are violent.

When you feel completely helpless.

It's really important that we understand what bullying is before we label someone a bully.

Help for staff

To make sure these things happen our staff will:

**Make sure they listen and understand our situation
Teach us what bullying is
Teach us what to do if we're being bullied
Help us to prevent bullying
Help people that are bullying to empathise with others and change their behaviour. Help their parents to help them too.
Let our parents know so they can help us too (if appropriate)
look out for signs that we are being bullied or changes in how we behave and look
Let Mr Killoran or Miss Leballeur know if it's really serious (they are our Safeguarding Officers)**

Our Learning

We will learn:

**What bullying is
What types of bullying there are
How to deal with bullying
How to have a voice and make sure you are heard.
What to do if someone else is being bullied
How to realise if you are bullying someone
How to behave appropriately and avoid people being upset**

Mr Killoran will be in charge of making sure all children in the school have lessons about how to stop bullying and how we can make sure bullying doesn't start.