

# SCHOOL NEWSLETTER

19TH JUNE - ISSUE 34

## Headteacher's Welcome

It has been a wonderfully busy week in school, with so many exciting experiences taking place. Year 6 enjoyed their Sea Safe day, Year 1 had a fantastic visit to the Wildlife Sanctuary, and Year 3 were full of enthusiasm after their trip to Amazon World. The children had an amazing time and represented the school beautifully throughout.

A reminder that school is closed on Monday for our INSET day.

With the festival approaching and a heatwave forecast over the weekend and into next week, please take extra care—especially around water.

Wishing all our families a safe and enjoyable weekend, and we look forward to welcoming the children back on Tuesday.

## A Message from Mrs Ainsworth

*Dear Bembridge Primary School Families*

*Thank you all so much for your kind messages and gifts. It has been a joy to be part of the Bembridge Primary School community for the past 28 years and I have loved watching your children learn and grow. You have all been a huge part of my life and I will always think of you fondly.*

*With very best wishes to you all,  
Sarah Ainsworth*



22<sup>nd</sup> June - INSET DAY - School Closed

29th June KS2 Sports Day

30<sup>th</sup> June - Year 2 Trip to Naturezones

6th July KS1 Sports Day

Inset Dates 25/26

~~Mon 1<sup>st</sup> Sept~~

~~Tue 2<sup>nd</sup> Sept~~

~~Mon 1<sup>st</sup> June~~

Mon 22<sup>nd</sup> June

Mon 27<sup>th</sup> July

Class Attendance - week ending 19 <sup>th</sup> June 26	
Reception Class	91.8 %
Year 1 Class	88.5 %
Year 2 Class	91.7 %
<b>Year 3 Class</b>	<b>99.2 %</b>
Year 4 Class	97.2 %
Year 5 Class	94.2 %
Year 6 Class	93.4 %
<b>Whole School Attendance</b>	<b>93.7%</b>

## Is my child well enough to attend school today?

You may find the following website useful to refer to, if you are concerned whether your child is well enough to attend.

[NHS UK](https://www.nhs.uk)



Visit our Facebook page for more pictures

## Year 6

On Wednesday, Year 6 travelled to Sandown Beach to take part in a Sea Safe course run by Ryde Beach Lifeguards. The children were taught how to perform safe self-rescue at sea if they got into trouble, and learnt a variety of ways that they could get help when in trouble and different swimming techniques to stay afloat in the water. This is a key life skill to learn, and an important part of the P.E national curriculum. Here are some photos from the trip.



## Year 5

This week Year 5 created vocal compositions based on some colourful pictures. They used their voices and some body percussion to come up with a short piece of music. The rest of the class had to try and guess which picture they had created the music for. The children really enjoyed taking part and were great at matching the vocal composition to the pictures



## Year 4

This week in Year 4, we have been putting the finishing touches to our persuasive letters, written from the perspective of a bee asking humans to plant more flowers. Inspired by the book Give Bees a Chance, the children came up with some wonderful ideas and thoughtful reasons why flowers are so important for bees and other wildlife. It has been lovely to see them using persuasive language so confidently and creatively, and we have been incredibly impressed by their enthusiasm and the quality of their writing.

In Maths, we have reached the end of our unit on time, where the children have been learning to tell the time using both analogue and 24-hour clocks. They have worked hard throughout the unit and should be proud of the progress they have made. Next week, we are looking forward to beginning our new topic on statistics.

In Geography, we have continued our learning about biomes, exploring rainforests, deserts and grasslands. The children have enjoyed discovering the unique features of these environments and learning about the plants and animals that live there. We hope this will spark plenty of ideas and inspiration for their projects, and we are excited to see what they create.

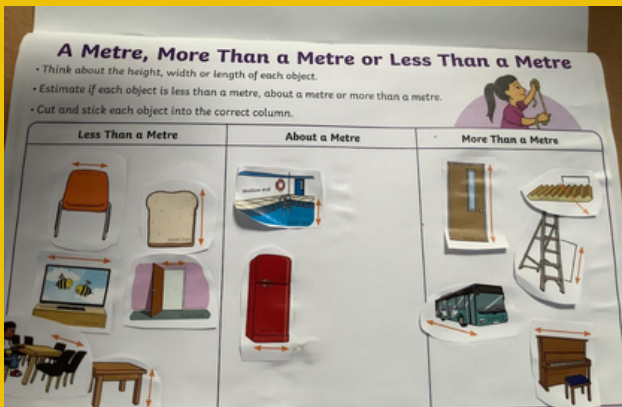
## Year 3

Year 3 had a wonderful time visiting Amazon World. We began the day with an exciting talk from one of the zoo keepers, who taught us all about the animals that live there and explained where they can be found within the different layers of the rainforest. Some of the highlights of the trip included seeing reptiles, sloths, and red pandas. All of the children had the chance to see the wallabies up close, and a lucky few were even able to gently encourage them closer and stroke them! To finish our day, we enjoyed a visit to the gift shop and the play area. A special thank you to the volunteers who gave up their time to help make the trip such a success.



## Year 2

This week in Maths, Year 2 have been using rulers to measure in cm and metres. We were looking for things longer and shorter than a metre and we had fun measuring our friends



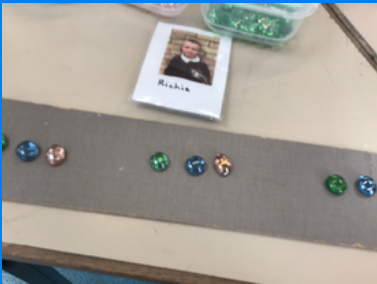
## Year 1 Visit to the Wildheart Animal Sanctuary

We had a wonderful day at the Wildheart Animal Sanctuary. The children behaved brilliantly throughout the trip and were a credit to our school. During our visit, we listened carefully to all the fascinating information that India shared with us about the animals. The children asked sensible and thoughtful questions, showing great curiosity and enthusiasm for learning. As we explored the sanctuary, the children walked sensibly around the different areas and remembered to use quiet voices so that we did not disturb or scare the animals. Their excellent behaviour helped everyone to enjoy the experience. We were lucky enough to see the bears swimming and playing with a hoop in their enclosure, which was very exciting to watch. We also spotted the beautiful tigers relaxing in the sunshine. They looked magnificent as they enjoyed a peaceful afternoon nap. After exploring the sanctuary, we enjoyed a picnic lunch together before spending some time playing in the park. It was a lovely opportunity to relax and have fun with our friends. It was a fantastic day and we are very proud of how well the children represented our school and would like to thank India at the Wildheart Animal Sanctuary for making our visit so enjoyable and special thanks to Daisy and VJ for supporting us on the trip.



## EYFS

This week Reception Class have been exploring patterns and positional language. They have made patterns, set their own pattern rules and have had great fun playing games where they have given instructions to others to build a scene to look exactly like their own.



## Best You can Be

All of Year One - For showing respect, asking interesting questions and excellent behaviour at the Wildheart Sanctuary.

Kit - For working really hard on his science work about bees and pollination, and for always being really helpful.

All of Year 3 - For a fantastic trip to Amazon World!

Evie - For a lovely piece of English, writing a persuasive letter. Well done.

Beau - For being a good friend, showing patience and encouraging others.

Teddy - For showing confidence and determination at Sea Safe on Wednesday.



## Wraparound Care

There's been lots going on this week in Wrap Around. Creative play has been at the forefront of activities and the children have been junk modelling and creating their own role-play scenarios. We've been playing lots of active games in the hall, fostering listening skills and active participation.



Dear Bembridge Primary School Families

Thank you all so much for your kind messages and gifts.

It has been a joy to be part of the Bembridge Primary School community for the past 28 years and I have loved watching your children learn and grow.

You have all been a huge part of my life and I will always think of you fondly.

With very best wishes to you all,

Sarah Ainsworth

## Gardening Club

At the Bembridge Horticultural Society show on Saturday, both of the gardening club's entries for "garden on a plate" were awarded 1<sup>st</sup> Place.

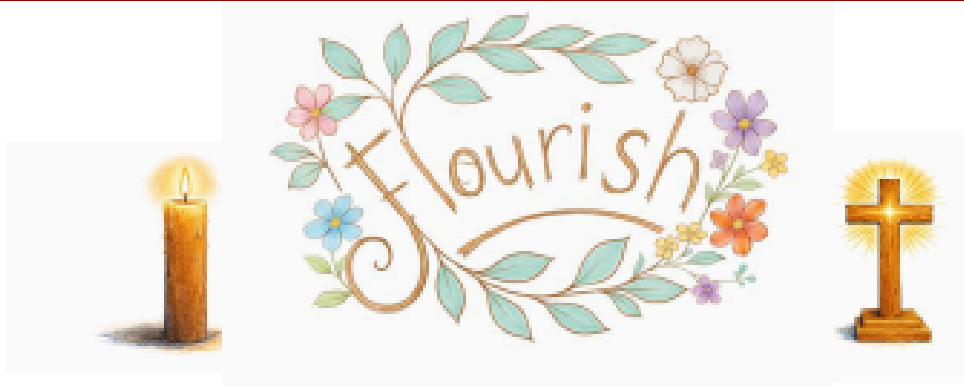
Well done Gardening Club!



## Lunch and Breaktime Club

Our Lunch and Breaktime Club offers pupils a calm, welcoming indoor space to relax and recharge during the school day. Children can enjoy quiet activities such as colouring, Lego, games and crafts while spending time chatting and connecting to friends in a supportive environment away from the busy playground. The club is designed to provide an adult supported peaceful space for pupils who may benefit from a quieter breaktime experience.

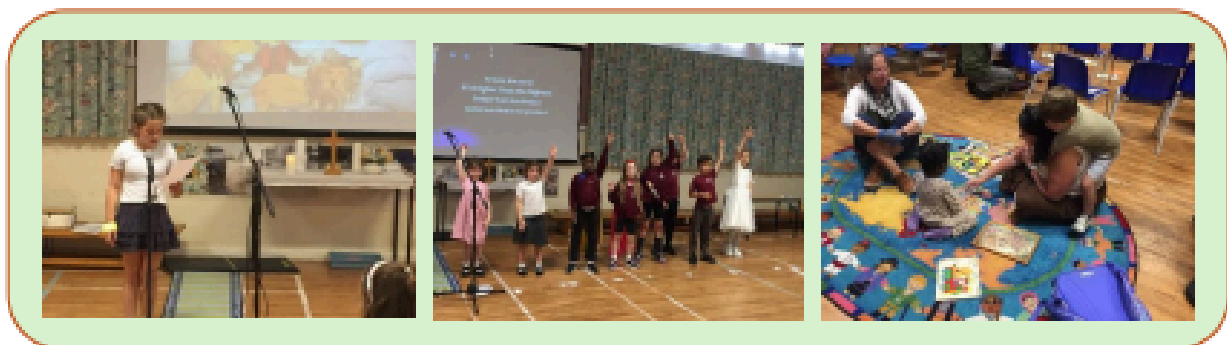




## Your Next Flourish Event is Friday, 17<sup>th</sup> July,

**And the theme will be Esther!**

**This will be last event with Rev. Steve as our Vicar! Please do join us to wish him a very happy retirement. Here are some photos from the last Flourish Family Event!**



*If you are considering joining us for the first time,  
please know that we would love to see you!*



The Flourish Family Events are open to **every child** in school, KS1 and KS2. Children need to attend the events with a responsible adult and as long as the school and Heather are made aware, parents can coordinate together: 1 adult per 4 children. Siblings younger and older are all welcome. **Invitations go out the Friday before the Event, but you can book at any time. Please note** that there is a slight change on the admin side, in that the school and Flourish team would like you to respond directly to Heather, via her school email:

[h.gray-newton@bembridgeprimary.co.uk](mailto:h.gray-newton@bembridgeprimary.co.uk)

Please give the following information:

1. The name of your children attending (incl. siblings)

2. Their year group

3. The name and relationship of the adult(s) attending and responsible for each child.

**REMINDER:** Parents are to collect their children from school, as usual, and then come into the Flourish Event together, via the Main Reception. **Parents and children must come in together.**

**NEW INFORMATION:** For when it is appropriate through the year, please know that it's absolutely fine for you and your child/children to arrive later after swimming. Please just come in quietly, register and take a seat! Thank you!

The children are coached in advance, so that they lead and participate as much as possible. Each event is **FREE** and this is what you can typically expect!

\* **A Warm Welcome** - with refreshments and snacks, along with an initial activity for the children to enjoy!

\* **An Interactive Story**

\* **60second Sermon!**

\* **Songs** - that ALL the children that wish to, can participate

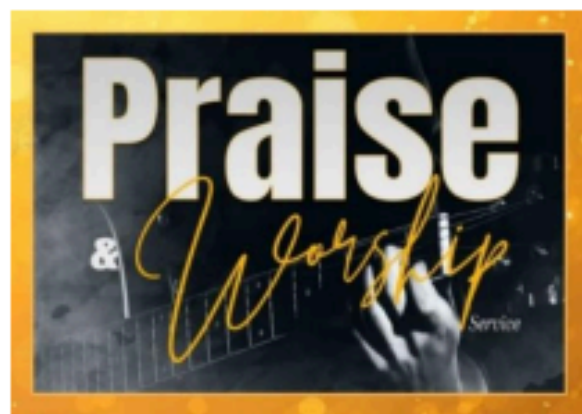
\* **Choice of Creative Activities**

\* **Prayers and Blessing**

\* **Food!** – Approx. 4.15pm start.



**The Next Contemporary Service:** Rev. Steve warmly invites you to join in with our, new Contemporary Worship Service this weekend!



**Curious about faith, or just wondering if there's more to life?**

**Join us for praise and worship  
4pm - 5pm on Sunday, 21st July.**

Everyone is welcome at our new relaxed, modern service at Holy Trinity Bembridge.

There will be coffee, live modern music and a short thought provoking talk about life and hope.

**It could be exactly what you have been looking for.**

With kind regards,

**Heather** (Flourish Lead)

## A Prayer for Honesty

Dear God,

Help us to be honest in all we do.

Teach us to show LOVE by telling the truth with kindness,

to have COURAGE when honesty feels difficult,

and to show RESPECT by being trustworthy and fair.

May our words and actions reflect the truth in our hearts.

Amen.

# Extra-Curricular Sports Information Guide

At Bembridge CE Primary School, we believe that sport should be enjoyable, inclusive, and accessible to every child. Our extra-curricular programme offers a wide range of opportunities for pupils to stay active, learn new skills, and represent the school with pride.

## After-School Sports Clubs

We offer a variety of after-school clubs throughout the year, giving children the chance to explore different sports and develop their confidence. Activities range from football and tag rugby to skateboarding and other exciting options.

- Clubs change each term
- New information is shared ahead of each half term
- All children are welcome to join, regardless of experience

These clubs focus on enjoyment, skill-building, and encouraging children to try something new.



## Competitive Sports Opportunities

Mr Collings, supported by Mrs Howells, organises a wide range of competitive fixtures with schools across the Island—and occasionally on the mainland. These events give children the chance to challenge themselves, work as a team, and experience the excitement of representing Bembridge.

How team selection works

- Children who have shown interest in a particular sport may be invited to take part
- Selection depends on the competitiveness of the match
- Teams are often organised with Island sports coordinators to ensure fair and balanced games
- The school is committed to providing equal opportunities for girls and boys

This approach helps ensure that matches are enjoyable, well-matched, and positive experiences for all involved.

## Friendly Matches

For friendlies, a wider range of children may be invited to participate. These fixtures are ideal for pupils who want to gain experience, try out a new sport, or simply enjoy being part of a team.

Because of the number of children interested, not everyone will play in every match. However, our aim is that as many children as possible have the chance to represent the school by the end of the year.

## Sport for Fun: Festivals & Events

Not all sport has to be competitive. For children who prefer a more relaxed, fun-focused approach, we offer:

- Change for Life Festivals
- The Peach Games

These events celebrate participation, teamwork, and enjoyment, making them perfect for children who want to be active without the pressure of competition.

## Getting Involved

Children who are interested in representing the school—whether competitively or in friendly festivals—are encouraged to speak to:

- Mr Collings
- Mrs Howells, during PE
- Putting their name on the 'Who is interested?' sheet with their class teacher.

We welcome enthusiasm at every level and love seeing pupils take pride in their sporting journey.



## Safeguarding Information

If you have a safeguarding concern about a child, please phone the school office 01983 872668 and ask to speak to the Designated Safeguarding Lead: Mrs Wall or the Deputy Designated Safeguarding Leads: Mrs Lingard-Lane, Mrs King or Mrs Swinscoe.

If your concern is URGENT, please contact:  
Children's Service MASH telephone number - 01983 823435

You can also find details on how to report a concern about a child and other support at <https://www.iowscp.org.uk/>



Mrs Lingard-Lane



Mrs King



Mrs Swinscoe



Mr Barnard

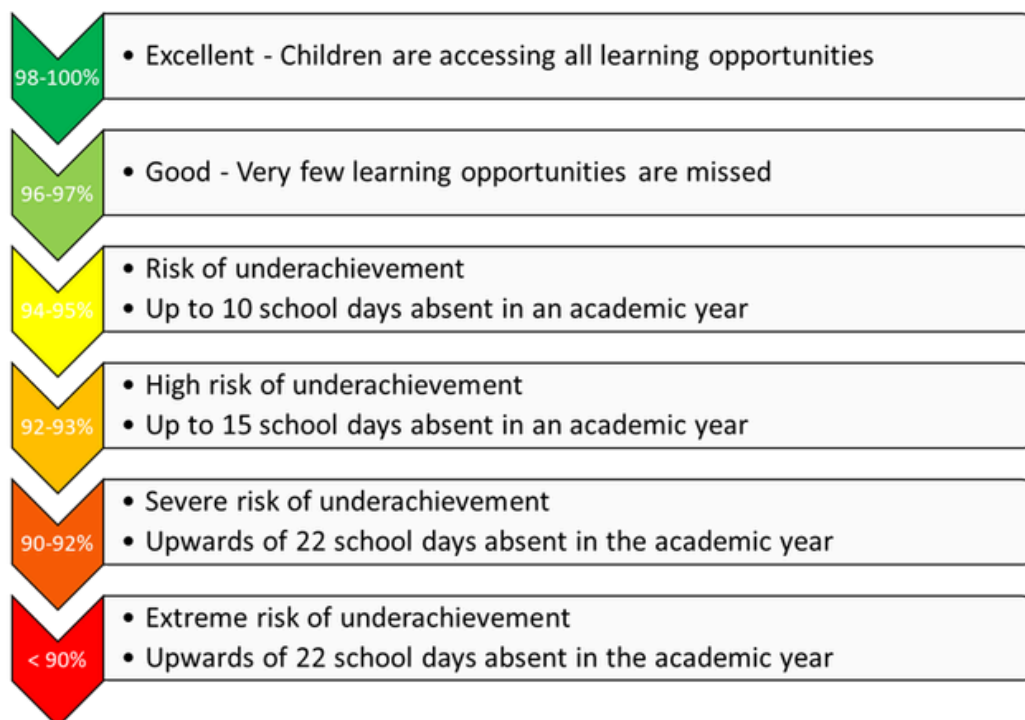


## Attendance Policy Quick Guide for Parents

We expect pupils to attend school for 100% of the academic year.

- You can support your child to have excellent attendance by taking these steps:
- ·Ensure your child arrives on time for school every day between 8:20am and 8:30am and is ready to learn. Arriving after registration is recorded as an unauthorised absence. Pupils must be in school by 8:30 am.
- ·Avoid taking holidays during term time.
- ·If your child appears to be only slightly ill, send them in to school. We have staff who will contact you if their condition deteriorates.
- ·Book any medical appointments outside of school hours. If this is unavoidable, please book for as late in the afternoon as possible and inform the school of appointments in advance.
- ·Supply a copy of the appointment card or hospital letter if your child has an appointment during school hours.

If your child becomes reluctant to go to school or you need help, please contact the school immediately; we are more likely to be able to work together to solve any problems if we act early.



### **‘On the day’ absences: what should I do if my child is not ‘fit’ to go into school?**

On each day your child is unfit to come to school, please report this absence by calling the Attendance line on 01983 872668 (option1) before 8:20am or by email to [office@bembridgeceprimary.co.uk](mailto:office@bembridgeceprimary.co.uk) to let us know.

In the message you must leave your child’s full name, year and tutor group and give the specific reason for absence. The information you give will be recorded on our official register.

## **Punctuality**

Pupils are expected to arrive on time for school in the morning at 8:30am and for every lesson during the day. Your child is late to school if they are not in the school building by 8:30am and will be classed as an unauthorised absence if after 8:50am. The Government remains very clear that no child should miss school apart from in exceptional circumstances and schools must continue to take steps to reduce absence to support children's attainment. I hope we can count on your support in this matter.

Please contact Emma Swinscoe, Administration and Attendance Officer if you require any support with ensuring your child's regular school attendance.

### **Is my child well enough to attend school today?**

You may find the following website useful to refer to, if you are concerned whether your child is well enough to attend.

<https://www.what0-18.nhs.uk/parentscarers/worried-your-child-unwell/child-unwell-ok-go-nurseryschool>

### **Needing support?**

If we don't know, we can't help.

Please get in touch if you are in need of any support regarding your family: such as housing, finances, food banks, clothing, parenting advice, etc. Contact the office to arrange a conversation with Mrs Swinscoe, Mrs Lingard-Lane or Mrs King who can give you information on support available.



**June 2026 Services at  
Holy Trinity Church and St Luke's Chapel\***

<b>7 June Sunday</b>	8:00am	Holy Communion, BCP* at St Luke's
	10.30am	Morning Worship at Holy Trinity with Baptism
	4.00pm	Contemporary Service at Holy Trinity
<b>14 June Sunday</b>	8:00am	Holy Communion, BCP* at St Luke's
	10.30am	Holy Communion at Holy Trinity
<b>21 June Sunday</b>	8:00am	Holy Communion, BCP* at St Luke's
	10.30am	Morning Worship with something for all-ages including <b>Trinity Church Mice Sunday</b>
	4.00pm	Contemporary Service at Holy Trinity
<b>28 June Sunday</b>	8:00am	Holy Communion, BCP* at St Luke's
	10.30am	Morning Worship at Holy Trinity

**Everyone is welcome and we look forward to seeing you.**

The third Sunday of the month is 'Mouse Sunday' where our very popular Pre-School Nurture group Trinity Church Mice will be open. You can join us in the Mouse-hole from 10.00am onwards or enjoy the start of our all-age Service at 10.30am and then come on over. Mouse-hole activities for all ages will conclude with a drink and biscuit just after 11.00am. This will give the Mice the opportunity to jingle their bells and share a favourite song of Mouse-hole wild worship, as we join with the congregation at the end of the Service.

steve@bembridgeholymtrinity.org.uk  
www.bembridgeholymtrinity.org.uk

**Holy Trinity Bembridge, Church Operations Lead**

We're looking for a proactive and gifted Church Operations Lead to help shape the systems and structures that will enable ministry at HTB to grow and flourish in the years ahead. The role is part-time, 15 hours a week, working closely with our Church Administrator. Find the full role description and application details here:  
[www.bembridgeholymtrinity.org.uk/vacancies](http://www.bembridgeholymtrinity.org.uk/vacancies)



TRAINING  
SEA VIEW YACHT CLUB

# SATURDAY CLUB SAILING

FOR YEAR 6 STUDENTS

For young sailors with previous experience who want to take their sailing skills to the next level!

These sessions follow the same format as the Schools Sailing Programme. The aim is to further participants' sailing knowledge and skills.

- FOR YEAR 6 STUDENTS ONLY**  
Due to the high demand, sessions are only open to Year 6 pupils.
- PREVIOUS EXPERIENCE NEEDED**  
For children who have already completed, or taken part in, an RYA Stage 1 course or equivalent.
- LIMITED SPACES**  
Places are limited to just 24 participants per session. Book early to avoid disappointment!
- HOW TO BOOK**  
Email: [sailing@seaview.org.uk](mailto:sailing@seaview.org.uk) to secure a place.

**£1** WE ASK FOR A £1 PER WEEK CONTRIBUTION towards the Seaview Sailing Trust charity that funds these sessions. (Further cost details are not shared with children.)

**SEAVIEW SAILING TRUST**  
Registered Charity No. 1198176

2026 SATURDAY CLUB SAILING SESSIONS					
SESSION 1	0900 – 1200	SAT 6TH JUNE 2026	SESSION 6	1300 – 1600	SAT 20TH JUNE 2026
SESSION 2	1300 – 1600	SAT 6TH JUNE 2026	SESSION 7	0900 – 1200	SAT 27TH JUNE 2026
SESSION 3	0900 – 1200	SAT 13TH JUNE 2026	SESSION 8	1300 – 1600	SAT 27TH JUNE 2026
SESSION 4	1300 – 1600	SAT 13TH JUNE 2026	SESSION 9	0900 – 1200	SAT 4TH JULY 2026
SESSION 5	0900 – 1200	SAT 20TH JUNE 2026	SESSION 10	1300 – 1600	SAT 4TH JULY 2026

- MORE SAILING OPPORTUNITIES**  
There are also several local clubs and centres offering sailing for young people:
- Brading Haven Yacht Club (Bembridge Harbour – St Helens end)
  - Bembridge Sailing Club (Bembridge Harbour – Bembridge end)
  - Royal Victoria Yacht Club (Fishbourne)
  - Gurnard Sailing Club
  - Yarmouth Sailing Club
  - Wight Water Sports (Sandown)
  - Tackit-Isle (St Helens Quay & Bembridge Marina)
  - UKSA (Covers, Arctic Board)
- NEW PARTNER**  
**SEA SCOUTS**  
We have teamed up with the local Sea Scouts who can now support further sailing opportunities too.

DEVELOP SKILLS. BUILD CONFIDENCE. ENJOY SAILING!

# CHRISTMAS IN JULY

**Saturday 4th July at Millbrooke House**

Festive music • Decorations • Tombola • Raffle

**Sight for Sight**

Kindly sponsored by **thepriceiswight**

# Gather your herd for our 5K family fun run!

# RUN WILD!

**Sunday, 5th July**

Join the stampee!

**wildheart animal sanctuary**  
Isle of Wight  
Registered charity number 1171144  
[www.wildheartanimalsanctuary.org](http://www.wildheartanimalsanctuary.org)  
Yaverland Road, Sandown, PO36 8QB

ANNIVERSARY YEAR 2026  
WILDHEART ANIMAL SANCTUARY

# HARBOUR SAFETY DAY

**COWES HARBOUR COMMISSION**

A day of interactive maritime safety exhibits, demonstrations and family activities!

# Saturday 18th July 2026

Sugar Store at Shepards Marina  
10.00 - 16.00

**FUN FOR ALL AGES! FREE ENTRY!**

Meet local experts from island and Solent-based maritime safety organisations.

Explore the latest equipment, take part in hands-on activities and learn how to stay safe on the water.

Safety Equipment • Perfect for all ages  
Plus much more!

**Exhibitors**  
Cowes RNLI • NCI Coastwatch • Maritime Volunteer Service  
Flying Fish • Seasafe • Royal Life Saving Society  
St Johns Ambulance • Gosport Lifeboat • HM Coastguard  
HIOW Fire Service • Ryde Lifeguards • Alzheimer's Cafe



PROUDLY HOSTED BY NEW CARNIVAL

# Mardi Gras

new: carnival

SCAN FOR PROGRAMME

FOLKTASTIC ISLE: STORIES, MYTHS & LEGENDS

SATURDAY 4TH JULY 2026

FROM 3PM RYDE ISLE OF WIGHT

ONLINE PROGRAMME & MAP NEWCARNIVAL.CO.UK

W Mardi Gras is all about hand made costumes, designs by the children, increasingly using sustainable materials

ARTS COUNCIL ENGLAND RYDE ISLE OF WIGHT COUNCIL WIGHTLINK CAN YOU HEAR US? QR CODE

THEATRE TRAIN

Disney

# FROZEN

THE WEST END MUSICAL

MEDINA THEATRE • 27 & 28 JUNE 2026

medina.theatre.co.uk | 01983 823884



**SUMMER TERM**  
**LIGHT UP IOW**  
**DRAMA CLASSES**

**LIGHT UP**

**Summer 2 Schedule**

Class Title	Age	Cost	When
Beginners	6+	£6	Tuesdays 6pm-7pm
Ryde Company	7-16	£13	Fridays 5pm-7pm

All sessions @ Department, Ryde  
 Book your free trial: [www.lightupdrama.org.uk/freetrial](http://www.lightupdrama.org.uk/freetrial)  
 or email: [donna@lightupdrama.org.uk](mailto:donna@lightupdrama.org.uk) for more info



**GET ON STAGE**

**Youth theatre**

New Members Welcome  
 From Sunday 14th June

For ages 7-17  
 Sundays • 10am-12pm  
 Newport Primary School  
 £35 per half term

Singing • Acting  
 Dancing • Theatre Skills

Build Confidence • Make Friends • Have Fun

[www.GetOnStage.co.uk](http://www.GetOnStage.co.uk)



**For the Family**  
**FREE Family Art Drop-Ins**  
 at Quay Arts

Join our free family art drop-in workshops, kindly supported by the Daisie Rich Trust. Open to all ages and abilities, led by professional artists with materials provided. No booking required! **Children must be accompanied by an adult.**

**Island Beasts with Studio Wren | 23 May | 10am - 1pm**  
 Inspired by the legends and folklore tales of creatures and critters that have inhabited the island you are invited to bring to life colourful collaged monsters.

**Stamp Your Mark with Studio Wren | 28 May | 10am - 1pm**  
 Come and create your own geometric stamp avatar and collaborate on building a 2D map for the characters to explore and interact within.

**Calm As The Sea with Studio Wren | 30 May | 10am - 1pm**  
 Join us to assemble a miniature underwater world filled with wonderful sea creatures, plant life and maybe even lost treasure.

**Can You Hear Us? with Laura Hathaway | 31 May | 10am - 1pm**  
 Make abstract paper paintings inspired by the changing Landscape at Compton Bay.

**Sheltered with Laura Hathaway | 14 Jun | 10am - 1pm**  
 Create your own local sea creature Inspired by the Appley Marine Murals on Ryde Esplanade.

**12-Word Story with Anmarie Bowler & Teresa Grimaldi | 27 Jun | 10am - 1pm**  
 Write a 12-word nature story. Create it using collage letters and materials. Your work will be displayed at the 12-Word Story Exhibition at Quay Arts, part of the **IW Biosphere Festival**.

**Cardboard Birthday Cakes with Steve Baxter | 4 Jul | 10am - 3pm**  
 Help Quay Arts celebrate its 50th Birthday by creating an incredible giant cardboard cake!

Work alongside sculptor Steve Baxter to cut, bend, and craft fantastic cake segments, building a show-stopping cardboard masterpiece together. You can even design and decorate your own mini cardboard cupcake to take home.

Drop in anytime during the day and join the fun!

[www.quayarts.org](http://www.quayarts.org)

**Sandown Soccer**  
Love The Game

# SUNDAY SOCCER!

**FUN AND INCLUSIVE FOOTBALL FOR ALL ABILITIES!**

**Who?**  
Year R-7

**When?**  
Sunday 10am-12pm

**Where?**  
The Bay CE School Astro

**Only £6 per Session**

**CONTACT US TO BOOK A PLACE TODAY!**  
07594 389531  
sandownsoccer@yahoo.com

Find us on Facebook  
Sandown Soccer - Isle of Wight

**THIS IS OUR GAME!**

**Sundays 9.30-10.30am**  
**Starting 10th May**

For all 8-11 year old boys and girls

Dynamos Cricket provides a fantastic next step for all those graduating from All Stars Cricket and the perfect introduction for all 8-11 year-olds new to the sport!

Every participant receives their very own personalised T-shirt.

8 weeks only £50

www.facebook.com/arretoncc

**JOIN ARRETON CRICKET CLUB FOR YOUR DYNAMO SESSIONS**

Scan here to book Girls Dynamos

Scan here to book Dynamos

For all 5-8 year old boys and girls

Every participant receives their very own personalised kit bag including bat, ball and T-shirt.

Scan here to book Allstars

**Recruiting new players for the 26/27 season**

The **only** all **GIRLS** club on the island and the only one competing in the Hampshire league

**WIGHT EAGLES F.C.**

We are looking for footballers in year 4-6 from across the island

Run by FA qualified coaches in a **SAFE, FUN** environment

Contact: [info@wighteagles.co.uk](mailto:info@wighteagles.co.uk) for more details

**Come and try us for FREE**

Training at The Bay C of E School every Thursday 5.30-7pm

**RYDE MEAD LAWN TENNIS CLUB**

Tennis & Pickleball

Free entrance, all ages welcome

Kids bring your Mum and Dad for free taster lessons. All equipment provided. Fun afternoon with music, side stalls, hot dogs, burgers, cakes and drinks. Raffle!

SATURDAY, 13 JUNE, 12PM - 4PM

CHURCH LANE, BEHIND YELFS HOTEL, RYDE

**JOIN US!**

DON'T MISS THE FUN - SEE YOU ON THE COURT!

**ARRETON CRICKET CLUB**

**WE WANT YOU!**

Looking for a friendly & fun club to play cricket? Just starting out and want to give it a go?

Everyone welcome

ECB trained coaches, equipment & great opportunities.

For more information please contact us at 07368937817  
www.facebook.com/arretoncc

- All-stars age 5-8
- Dynamos age 8-11
- U11 teams
- U13 teams
- U15 teams
- Girl's teams
- Men & Women

**SLAM JAM**  
BASKETBALL ENGLAND

**Wednesdays 4.30 - 5.30pm**  
**@ Barton Primary School PO30 2AX**

**£34.99 for 6 weeks**  
**Starts May 6th**

Register here: <https://tinyurl.com/SLAMJAM10W>

SLAM JAM IS BASKETBALL ENGLAND'S OFFICIAL JUNIOR PROGRAMME DESIGNED FOR CHILDREN AGED BETWEEN 5 AND 11.

The programme is jam packed with fun basketball games, festivals and rewards and gives children a great way to learn the basic skills of the game!

Find out more at: [basketballengland.co.uk](http://basketballengland.co.uk)

**U11 & U13 TRAINING SESSIONS**

**FRIDAYS | 4:30pm - 6:00pm**  
Starting Friday 17th April

**HARDBALL SESSIONS**

Girls & Boys Welcome  
Open to All Abilities

Come along and get involved this summer!  
Arreton Cricket Club

Contact: Kim  
Info@arreton cricket  
07368 937817

# Parent and Caregiver Peer Support Sessions

11 <sup>th</sup> June 2026 (9am – 11am) Cowes Family Centre
16 <sup>th</sup> July 2026 (9am – 11am) Carisbrook & Gunville Church
16 <sup>th</sup> September 2026 (9am – 11am) Ventnor Family Centre
16 <sup>th</sup> October 2026 (9am – 11am) Sandown Family Centre
18 <sup>th</sup> November 2026 (9am – 11am) Carisbrook & Gunville Church
13 <sup>th</sup> January 2027 (9am – 11am) Carisbrook & Gunville Church
10 <sup>th</sup> February 2027 (9am – 11am) Carisbrook & Gunville Church



Drop in for a chat, a cuppa and shared experiences

No booking needed



Isle of Wight  
**Neurodiversity**  
Team

**Cowes Family Centre** –  
Love Lane, Cowes PO31 7ET  
**Carisbrook & Gunville Church**  
Gunville Road, Newport  
PO30 5LS  
**Ventnor Family Centre**  
Albert Street, Ventnor PO38 1EZ  
**Sandown Family Centre**  
The Fairway, Sandown PO36 9EQ

## Helping an ADHD Child with Homework



**FREE** one hour online session for parents  
**Thursday 25<sup>th</sup> June 7pm - 8pm**

Join us online to get some advice on how to help your ADHD child start and complete their homework.

Book on the PARENTS - Live Talks page  
[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)



## Isle of Wight SENDIASS Online Workshops

- Free impartial advice relating to SEND for 0-25 years.
- Confidential sessions not recorded.
- Peer support, talking to others experiencing a similar journey.
- A dedicated session with an experienced support worker

<b>2 JUNE</b> 12:00	Alternative Provision What constitutes as a suitable education in relation to section 19 of the education act	<b>8 JUNE</b> 12:00	Appeals to SEND Tribunal A step-by-step guide through the appeals process
<b>9 JUNE</b> 12:00	Responding to a draft EHCP If you are in that critical time frame having received your draft	<b>11 JUNE</b> 13:30	Considering an EHC Plan? Independent and impartial information to guide you through the process
<b>17 JUNE</b> 12:00	Ordinarily Available Provision and SEN Support	<b>24 JUNE</b> 13:00	Responding to a draft EHCP If you are in that critical time frame having received your draft
<b>27 JUNE</b> 13:00	Looking at support available for those who do not have an EHCP		

[www.iowsendiass.org.uk/workshops](http://www.iowsendiass.org.uk/workshops)



## June 2026 Timetable

All regular sessions delivered live online via zoom. 90 minutes long

**£24 each or FREE with School Membership**

Book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

Recordings available for 48 hours

Understanding Anger	1 June 10am
School Anxiety	1 June 7pm
Facing Defiance	2 June 10am
Supporting Healthy Screen Use	2 June 7pm
Anxiety Explained	8 June 10am
Cannabis & Ketamine Awareness	8 June 7pm
Introduction to OCD	9 June 10am
What is ACT?	9 June 7pm
Decreasing Depression	15 June 10am
Raising Self-Esteem	15 June 7pm
Understanding the Teenage Brain	16 June 10am
Supporting Healthy Sleep	16 June 7pm
Improving Family Communication	22 June 10am
Autism-Improving Communication	22 June 7pm
Supporting a Child with ADHD	23 June 10am
Understanding Addictive Behaviour	23 June 7pm
ADHD and Homework	25 June 7-8pm

Neurodivergence	Behaviour		Routines	(Child to Parent Violence and Aggression)		Adolescence	Awareness
<p>Understanding Neurodivergence Through the Child's Perspective:</p> <p>Explores the lived experiences of neurodivergent children, with a focus on ADHD and Autism. This session highlights how traits may present uniquely in different individuals and offers inclusive, strengths-based strategies to support regulation, connection, and wellbeing. Emphasis is placed on seeing the world through the child's lens, honouring their ways of thinking, feeling, and interacting.</p>	<p>Exploring the Science of Behaviour Through a Neurodiversity Lens:</p> <p>Introduces compassionate frameworks for understanding behaviour as communication. Topics include the iceberg model, window of tolerance, Maslow's hierarchy of needs, and the assault cycle, all explored in ways that respect individual differences in regulation, sensory processing, and unmet needs. The focus is on building insight and empathy to support co-regulation and connection.</p>	<p>Exploring Supportive Parenting in the Context of Anxiety:</p> <p>Considers how different parenting approaches can influence anxiety-related behaviours, with reference to Bowlby, Baumrind and Ainsworth's foundational work on attachment. This is not a parenting course, but an opportunity to reflect on how our caregiving styles may interact with neurodivergent experiences and shape emotional development across life.</p>	<p>Exploring the Power of Predictability and Supportive Boundaries:</p> <p>This session highlights how consistent routines and clear, compassionate boundaries can create a sense of safety and autonomy for all family members. Together, we'll explore different types of boundaries and co-develop practical, flexible strategies to introduce or reintroduce structure in ways that are tailored to each individual's needs and strengths.</p>	<p>Understanding Child-to-Parent Distress Responses:</p> <p>An overview of behaviours such as aggression explored through the lens of perceived unmet needs, emotional regulation and relationships. Includes practical tools like safety planning, the communication wheel, de-escalation strategies and key concepts such as Dan Siegel's flipping the lid. Emphasises compassionate, strengths-based support for both children and caregivers.</p>	<p>Supporting Restful Sleep in Neurodivergent Children:</p> <p>Explores gentle, flexible strategies to nurture healthy sleep patterns, with insights informed by guidance from the Southampton Sleep Clinic. This session recognises the diverse sensory, emotional, and cognitive needs that can influence sleep, and offers practical, compassionate approaches that honour each child's unique rhythms and experiences.</p>	<p>Embracing the Adolescent Journey:</p> <p>Exploring the natural evolution of identity, brain development, emotional regulation, and how to offer strengths-based, inclusive support</p>	<p>Navigating Seasonal Sensory Experiences:</p> <p>Explores how transitions, traditions, and celebrations such as Halloween, Bonfire Night, and Christmas can influence sensory processing and regulation. This session reflects on the impact of increased sensory input during these times and offers inclusive, sensory-friendly strategies and alternatives that consider individual needs and promote comfort, connection, and joy.</p>

Navigating Neurodivergence	Breakthrough Behaviour	Feel without Fear	Re-establishing Routines	CPVA (Child to Parent Violence and Aggression)	Sleep	Accepting Adolescence	Seasonal Sensory Awareness
14 <sup>th</sup> April 9:30am	16 <sup>th</sup> April 9:30am	21 <sup>st</sup> April 9:30am	23 <sup>rd</sup> April 9:30am	28 <sup>th</sup> April 9:30am	29 <sup>th</sup> April 1:00pm	30 <sup>th</sup> April 9:30am	n/a
5 <sup>th</sup> May 9:30am	7 <sup>th</sup> May 9:30am	12 <sup>th</sup> May 9:30am	14 <sup>th</sup> May 9:30am	19 <sup>th</sup> May 9:30am	21 <sup>st</sup> May 9:30am	22 <sup>nd</sup> May 9:30am	n/a
2 <sup>nd</sup> June 9:30am	4 <sup>th</sup> June 9:30am	9 <sup>th</sup> June 9:30am	11 <sup>th</sup> June 9:30am	16 <sup>th</sup> June 9:30am	18 <sup>th</sup> June 9:30am	23 <sup>rd</sup> June 9:30am	n/a
2 <sup>nd</sup> July 9:30am	7 <sup>th</sup> July 9:30am	9 <sup>th</sup> July 9:30am	14 <sup>th</sup> July 9:30am	16 <sup>th</sup> July 9:30am	21 <sup>st</sup> July 9:30am	23 <sup>rd</sup> July 9:30am	n/a

Please email [katrina.austin1@iow.gov.uk](mailto:katrina.austin1@iow.gov.uk) to join any of the webinars noted above. All webinars are delivered online via Teams. A link to the webinar will be sent to you 24 hours prior.

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