

SCHOOL NEWSLETTER

17TH JULY - ISSUE 38

Headteacher's Welcome

The highlight of this week has undoubtedly been the awesome Year 5 and 6 Summer Performance, Grossbusters. The school hall has been rocking with music, alive with singing and heaving with laughter. The children were amazing, showing such courage and resilience—especially in the hot weather—and the smiles on their faces were a joy to see. Thank you to all the families who supported the children with their wonderful costumes and helped them learn their lines. I'm sure you'll agree it was all worth it.

Today's Leavers' Service at the church was a touching end to the week. Saying goodbye to our Year 6 is never easy, and there was barely a dry eye in the room. The thoughtful comments they shared about one another were truly heartfelt, and we know those connections will stay strong as they move on.

Our choir also performed a beautiful song for Rev. Steve, who has supported the spiritual journey of our children throughout their time at school. He will be sadly missed, and we all wish him well in his retirement.

Wishing all our families a gentle and restful weekend as we continue our celebrations into the final days of term



21st July - Year 4/5 Science Day

24th July - Last day of term

4th September - Back to school

Inset Dates 25/26

Mon 1st Sept

Tues 2nd Sept

Mon 1st June

Mon 22nd June

Mon 27th July

Inset Dates 26/27

Tues 1st Sept

Weds 2nd Sept

Thurs 15th Oct

Fri 16th Oct

Class Attendance - week ending 17th July 26

Reception Class	95.3 %
Year 1 Class	97.3 %
Year 2 Class	94.2 %
Year 3 Class	97.7 %
Year 4 Class	96.4 %
Year 5 Class	98.5 %
Year 6 Class	97.4 %
Whole School Attendance	96.7 %

Is my child well enough to attend school today?

You may find the following website useful to refer to, if you are concerned whether your child is well enough to attend.

[NHS UK](#)



Visit our Facebook page for more pictures

Year 6

Year 6

It is safe to say it has been a very busy week for Year 6 this week. On Tuesday we had our dress rehearsal performance of Grossbusters, followed by our evening performances to parents on Wednesday evening and Thursday evening. The children worked very hard on Monday during their dress rehearsal, and then prior to performances in the school day working on weaker areas from the previous performance. Well done to all of the children for their effort and performances of Grossbusters this week. A special well done to Coco and Alesha, who had to learn extra lines at the last minute last night due to children not attending. A super job, girls. Well done! Apologies to parents for the start time being delayed by 15 minutes due to this.

We have also had some children out on a bikeability course this week, where they have learnt to cycle safely on the roads- a key skill to learn ahead of secondary school. There are more children completing the course new week.

Today was the Year 6 leavers' event at the church. The children all wrote comments about each other on their time and memories at Bembridge. We sang songs and our School Ambassadors (Lexie, Luca and Ayla) delivered a great speech on Year 6, as well as reading a prayer at the end- well done! At the end of the event, the children got to look at their leavers' books, which have been put together by myself and Mrs Swinscoe. We hope the children enjoy this book of memories from their time at Bembridge.

Have a restful weekend, Year 6. You've earned it!!



Year 5

This week Year 5 performed with Year 6 in Grossbusters the musical. They all learnt their lines and songs so well. Their voices were loud and clear showing how their confidence has grown. The backstage crew did such an amazing job knowing where to put all of the props on stage and doing so quickly. I have been so proud of all their hard work.



Year 4

We have reached the end of our English learning journey based on the wonderful story Arthur and the Golden Rope. To conclude our work, the children put their descriptive writing skills to the test by writing detailed descriptions of the fearsome Fenrir for the people of the village. I have been so impressed with the creativity, vocabulary and imagination they have shown throughout this unit.

In Maths, we have completed all of our learning for the year, finishing with grids and coordinates. What better way to celebrate our final topic than with an exciting game of Battleships! The children thoroughly enjoyed putting their knowledge into practice in such a fun and engaging way.

A huge well done to everyone who completed their homework project on biomes. We have been amazed by the effort, creativity and high standard of the projects that have been brought into school. Thank you for all of your hard work and support from home—it has been wonderful to see the children's learning brought to life.



Year 3

This week, Year 3 have been immersed in the story *The Promise*.

The children have explored the themes of hope, kindness and change while developing their creative writing skills. They have been using similes to create vivid imagery and experimenting with short, descriptive sentences for dramatic effect, helping to engage the reader and bring their writing to life.



Year 2

This week Yr 2 have been designing their own imaginary islands. The children worked well together in small groups and were able to use lots of geographical vocabulary to describe human and physical features on their islands. The children were also able to use coordinates to describe where different places could be found on their maps.



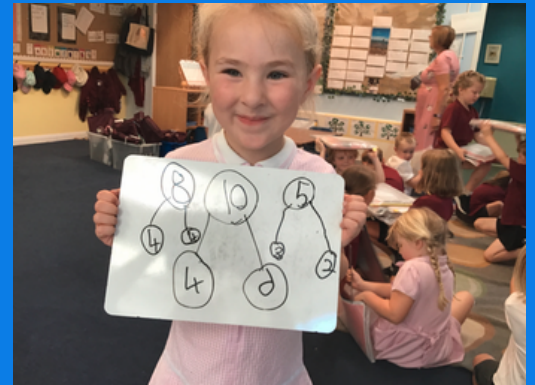
Year 1

We had great fun painting our portraits in Y1 this week. We took a photo of ourselves pulling a funny face, traced over the photo on to a laminating sheet using a permanent marker then painted using acrylics. We had to think about using different colours for different parts of our face, hair and background. Everyone really enjoyed painting themselves and the final pieces are so effective! We wondered if any parents can guess who is who! Well done mini artists, your work is brilliant!



EYFS

Reception Class have been enjoying exploring the part, part whole model - getting ready for Year One! They are excellent at partitioning numbers into smaller parts and have great recall of the number bonds to numbers up to 10.



Wraparound Care

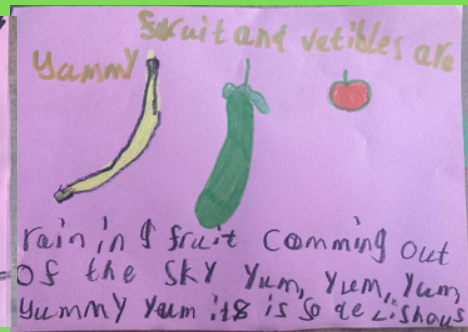


We have been very creative this week in Wrap Around Club, making wonderful paintings on foil and building all sorts of things in our junk modelling activities. Next week, we will be running special kite making sessions, a movie on Thursday, and getting the paints out most days. We hope you can join us!

Gardening Club

We had lots of fun at the last session of gardening club. The children enjoyed snacking on cucumbers, we picked handfuls of cherry tomatoes and pulled some enormous carrots as well. Then the children set up shop selling our lovely vegetables and herbs. So much lovely artwork was created too which shows all the things the children love about gardening.

I'm so grateful to have such wonderful little helpers and I can't wait to welcome the children back to the garden.



Great British Summer Savings – Information for Families

This summer, the Government has launched the Great British Summer Savings scheme to help families enjoy days out and special experiences at a more affordable cost. With rising prices affecting everyday treats—especially during the school holidays—this initiative aims to make cultural, educational and family activities easier to access.

What the scheme includes

From 25 June to 1 September 2026, VAT has been temporarily reduced from 20% to 5% on:

- Children's meals in restaurants
- Children and family tickets to cinemas, theatres, concerts and exhibitions
- Admission to a wide range of attractions

In addition, children aged 5–15 can enjoy free bus travel throughout August in England, helping families reach the places that make summer memorable.

Making the most of local attractions

To help families find participating venues, the Government has launched an attraction finder website. By entering your postcode, you can discover nearby attractions offering discounted entry this summer:

👉 [Great British Summer Savings](#)

Businesses wishing to learn more about the VAT reduction can visit GOV.UK and search Temporary reduced rate of VAT for family attractions.

Why schools are sharing this

Schools are trusted pillars of their communities, and we have been asked to help ensure families know about the opportunities available. We are pleased to pass on this information so that all families can enjoy enriching experiences over the summer for less.

Wider support for families

This scheme is part of a broader Government effort to ease financial pressures, including expanding free school meals, rolling out free breakfast clubs, ending the two-child limit, and delivering 30 hours of free childcare.

We hope this information is helpful as you begin planning your summer activities.





Next Friday, 17th July is your next Flourish Event!

It is Rev. Steve's last Event as our Vicar!

Please do join us to wish him a very HAPPY RETIREMENT.



*If you are considering joining us for the first time,
please know that we would love to see you!*



The Flourish Family Events are open to **every child** in school, KS1 and KS2. Children need to attend the events with a responsible adult and as long as the school and Heather are made aware, parents can coordinate together: 1 adult per 4 children. Siblings younger and older are all welcome. **Invitations go out the Friday before the Event, but you can book at any time. Please note** that there is a slight change on the admin side, in that the school and Flourish team would like you to respond directly to Heather, via her school email:

h.gray-newton@bembridgeprimary.co.uk

Please give the following information:

1. The name of your children attending (incl. siblings)
2. Their year group
3. The name and relationship of the adult(s) attending and responsible for each child.



REMINDER: Parents are to collect their children from school, as usual, and then come into the Flourish Event together, via the Main Reception. **Parents and children must come in together.**

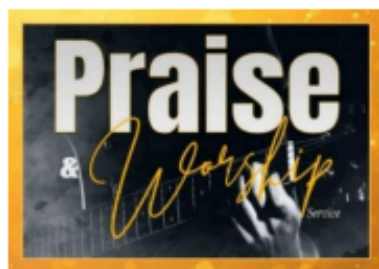
NEW INFORMATION: For when it is appropriate through the year, please know that it's absolutely fine for you and your child/children to arrive later after swimming. Please just come in quietly, register and take a seat! Thank you!

The children are coached in advance, so that they lead and participate as much as possible. Each event is **FREE** and this is what you can typically expect!

- * A Warm Welcome - with refreshments and snacks along with an initial activity for the children to enjoy!
- * An Interactive Story
- * 60second Sermon!
- * Songs - that ALL the children that wish to, can participate
- * Choice of Creative Activities
- * Prayers and Blessing
- * Food! – Approx. 4.15pm start.



The Next Contemporary Service: Rev. Steve warmly invites you to join in with our, new Contemporary Worship Service 19th July!



Curious about faith, or just wondering if there's more to life?

Join us for praise and worship
4pm - 5pm on Sunday, 19th July.

Everyone is welcome at our new relaxed, modern service at Holy Trinity Bembridge.

There will be coffee, live modern music and a short thought provoking talk about life and hope.

It could be exactly what you have been looking for.

With kind regards, Heather (Flourish Lead)

A Prayer for Staying Connected

Dear God,

Help us to stay connected to one another in kindness and friendship.

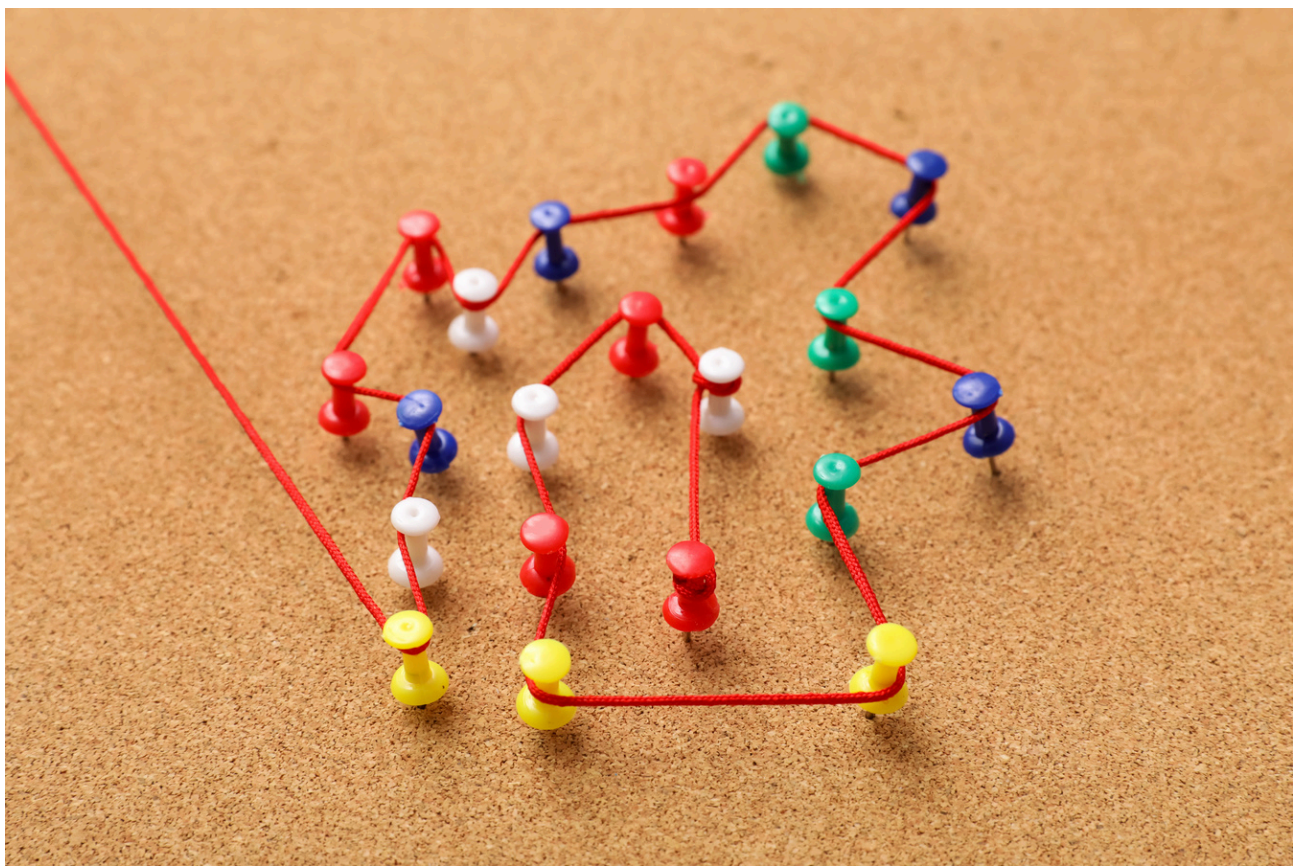
When we move on or face new beginnings, keep our hearts open and our memories strong.

Teach us to value the people who have shaped our journey,

and to carry those relationships with gratitude and love.

May our connections give us courage, comfort and joy wherever we go.

Amen.



Extra-Curricular Sports Information Guide

At Bembridge CE Primary School, we believe that sport should be enjoyable, inclusive, and accessible to every child. Our extra-curricular programme offers a wide range of opportunities for pupils to stay active, learn new skills, and represent the school with pride.

After-School Sports Clubs

We offer a variety of after-school clubs throughout the year, giving children the chance to explore different sports and develop their confidence. Activities range from football and tag rugby to skateboarding and other exciting options.

- Clubs change each term
- New information is shared ahead of each half term
- All children are welcome to join, regardless of experience

These clubs focus on enjoyment, skill-building, and encouraging children to try something new.



Competitive Sports Opportunities

Mr Collings, supported by Mrs Howells, organises a wide range of competitive fixtures with schools across the Island—and occasionally on the mainland. These events give children the chance to challenge themselves, work as a team, and experience the excitement of representing Bembridge.

How team selection works

- Children who have shown interest in a particular sport may be invited to take part
- Selection depends on the competitiveness of the match
- Teams are often organised with Island sports coordinators to ensure fair and balanced games
- The school is committed to providing equal opportunities for girls and boys

This approach helps ensure that matches are enjoyable, well-matched, and positive experiences for all involved.

Friendly Matches

For friendlies, a wider range of children may be invited to participate. These fixtures are ideal for pupils who want to gain experience, try out a new sport, or simply enjoy being part of a team.

Because of the number of children interested, not everyone will play in every match. However, our aim is that as many children as possible have the chance to represent the school by the end of the year.

Sport for Fun: Festivals & Events

Not all sport has to be competitive. For children who prefer a more relaxed, fun-focused approach, we offer:

- Change for Life Festivals
- The Peach Games

These events celebrate participation, teamwork, and enjoyment, making them perfect for children who want to be active without the pressure of competition.

Getting Involved

Children who are interested in representing the school—whether competitively or in friendly festivals—are encouraged to speak to:

- Mr Collings
- Mrs Howells, during PE
- Putting their name on the 'Who is interested?' sheet with their class teacher.

We welcome enthusiasm at every level and love seeing pupils take pride in their sporting journey.



Safeguarding Information

If you have a safeguarding concern about a child, please phone the school office 01983 872668 and ask to speak to the Designated Safeguarding Lead: Mrs Wall or the Deputy Designated Safeguarding Leads: Mrs Lingard-Lane, Mrs King or Mrs Swinscoe.

If your concern is URGENT, please contact:
Children's Service MASH telephone number - 01983 823435

You can also find details on how to report a concern about a child and other support at <https://www.iowscp.org.uk/>



Mrs Lingard-Lane



Mrs King



Mrs Swinscoe



Mr Barnard

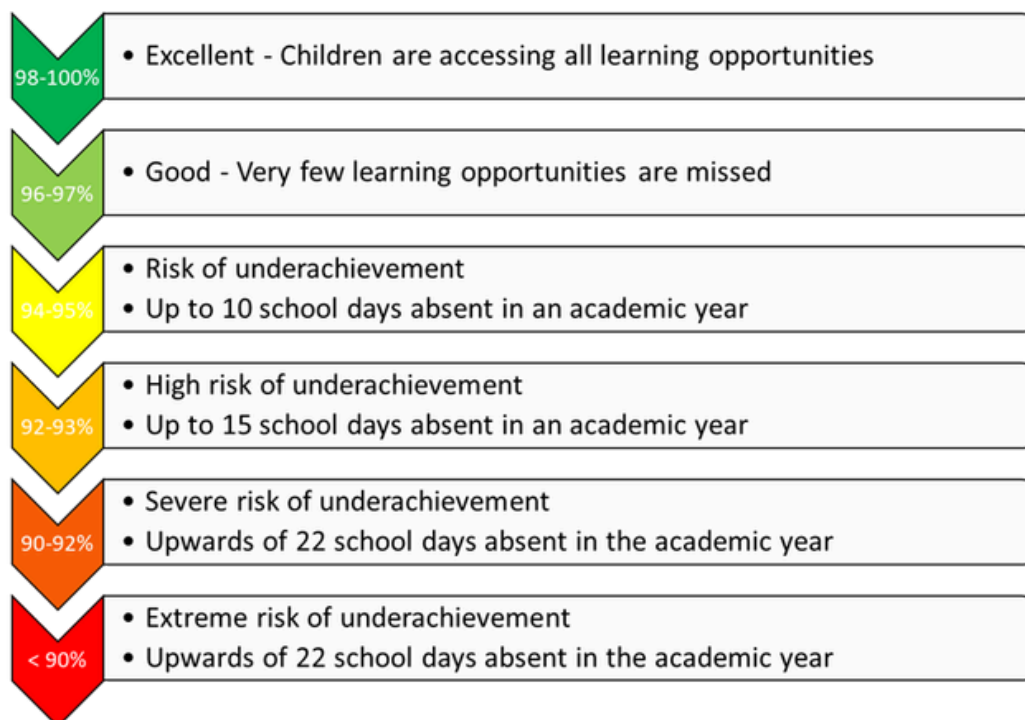


Attendance Policy Quick Guide for Parents

We expect pupils to attend school for 100% of the academic year.

- You can support your child to have excellent attendance by taking these steps:
- Ensure your child arrives on time for school every day between 8:20am and 8:30am and is ready to learn. Arriving after registration is recorded as an unauthorised absence. Pupils must be in school by 8:30 am.
- Avoid taking holidays during term time.
- If your child appears to be only slightly ill, send them in to school. We have staff who will contact you if their condition deteriorates.
- Book any medical appointments outside of school hours. If this is unavoidable, please book for as late in the afternoon as possible and inform the school of appointments in advance.
- Supply a copy of the appointment card or hospital letter if your child has an appointment during school hours.

If your child becomes reluctant to go to school or you need help, please contact the school immediately; we are more likely to be able to work together to solve any problems if we act early.



‘On the day’ absences: what should I do if my child is not ‘fit’ to go into school?

On each day your child is unfit to come to school, please report this absence by calling the Attendance line on 01983 872668 (option1) before 8:20am or by email to office@bembridgeceprimary.co.uk to let us know.

In the message you must leave your child’s full name, year and tutor group and give the specific reason for absence. The information you give will be recorded on our official register.

Punctuality

Pupils are expected to arrive on time for school in the morning at 8:30am and for every lesson during the day. Your child is late to school if they are not in the school building by 8:30am and will be classed as an unauthorised absence if after 8:50am. The Government remains very clear that no child should miss school apart from in exceptional circumstances and schools must continue to take steps to reduce absence to support children's attainment. I hope we can count on your support in this matter.

Please contact Emma Swinscoe, Administration and Attendance Officer if you require any support with ensuring your child's regular school attendance.

Is my child well enough to attend school today?

You may find the following website useful to refer to, if you are concerned whether your child is well enough to attend.

<https://www.what0-18.nhs.uk/parentscarers/worried-your-child-unwell/child-unwell-ok-go-nurseryschool>

Needing support?

If we don't know, we can't help.

Please get in touch if you are in need of any support regarding your family: such as housing, finances, food banks, clothing, parenting advice, etc. Contact the office to arrange a conversation with Mrs Swinscoe, Mrs Lingard-Lane or Mrs King who can give you information on support available.



**July Services at
Holy Trinity Church and St Luke's Chapel***

5 July Sunday	8:00am	Holy Communion, BCP* at St Luke's
	10.30am	Morning Worship at Holy Trinity
	4.00pm	Contemporary Service at Holy Trinity
12 July Sunday	8:00am	Holy Communion, BCP* at St Luke's
	10.30am	Holy Communion at Holy Trinity
19 July Sunday	8:00am	Holy Communion, BCP* at St Luke's
	10.30am	Morning Worship with something for all-ages including Trinity Church Mice Sunday
	4.00pm	Contemporary Service at Holy Trinity
26 July Sunday	8:00am	Holy Communion, BCP* at St Luke's
	10.30am	Morning Worship at Holy Trinity

Everyone is welcome and we look forward to seeing you.

The third Sunday of the month is '**Mouse Sunday**' where our very popular Pre-School Nurture group Trinity Church Mice will be open. You can join us in the Mouse-hole from 10.00am onwards or enjoy the start of our all-age Service at 10.30am and then come on over. Mouse-hole activities for all ages will conclude with a drink and biscuit just after 11.00am. This will give the Mice the opportunity to jingle their bells and share a favourite song of Mouse-hole wild worship, as we join with the congregation at the end of the Service.

steve@bembridgeholytrinity.org.uk
www.bembridgeholytrinity.org.uk



TRAINING
SEA VIEW YACHT CLUB

SATURDAY CLUB SAILING

FOR YEAR 6 STUDENTS

For young sailors with previous experience who want to take their sailing skills to the next level!

These sessions follow the same format as the Schools Sailing Programme. The aim is to further participants' sailing knowledge and skills.

FOR YEAR 6 STUDENTS ONLY
Due to the high demand, sessions are only open to Year 6 pupils.

PREVIOUS EXPERIENCE NEEDED
For children who have already completed, or taken part in, an RYA Stage 1 course or equivalent.

LIMITED SPACES
Places are limited to just 24 participants per session. Book early to avoid disappointment!

HOW TO BOOK
Email: sailingsupport@svyc.org.uk to secure a place.

WE ASK FOR A £1 PER WEEK CONTRIBUTION towards the Seaview Sailing Trust charity that funds these sessions. (Further cost details are not shared with children.)

SEAVIEW SAILING TRUST
Registered Charity No. 1198176

2026 SATURDAY CLUB SAILING SESSIONS

SESSION 1	0900 – 1200	SAT 6TH JUNE 2026	SESSION 6	1300 – 1600	SAT 20TH JUNE 2026
SESSION 2	1300 – 1600	SAT 6TH JUNE 2026	SESSION 7	0900 – 1200	SAT 27TH JUNE 2026
SESSION 3	0900 – 1200	SAT 13TH JUNE 2026	SESSION 8	1300 – 1600	SAT 27TH JUNE 2026
SESSION 4	1300 – 1600	SAT 13TH JUNE 2026	SESSION 9	0900 – 1200	SAT 4TH JULY 2026
SESSION 5	0900 – 1200	SAT 20TH JUNE 2026	SESSION 10	1300 – 1600	SAT 4TH JULY 2026

MORE SAILING OPPORTUNITIES

There are also several local clubs and centres offering sailing for young people:

- Brading Haven Yacht Club (Bembridge Harbour - St Helens end)
- Bembridge Sailing Club (Bembridge Harbour - Bembridge end)
- Royal Victoria Yacht Club (Fishbourne)
- Gurnard Sailing Club
- Yarmouth Sailing Club
- Wight Water Sports (Sandown)
- Tackit-Ida (St Helens Durrer & Bembridge Marina)
- UKSA (Cowes, Antrim, Rosslin)

NEW PARTNER

SEA SCOUTS

We have teamed up with the local Sea Scouts who can now support further sailing opportunities too.

DEVELOP SKILLS. BUILD CONFIDENCE. ENJOY SAILING!



HARBOUR SAFETY DAY



A day of interactive maritime safety exhibits, demonstrations and family activities!

Saturday 18th July 2026

Sugar Store at Shepards Marina
10.00 - 16.00

FUN FOR ALL AGES! FREE ENTRY!

Meet local experts from island and Solent-based maritime safety organisations.

Explore the latest equipment, take part in hands-on activities and learn how to stay safe on the water.

Safety Equipment · Perfect for all ages
Plus much more!

Exhibitors

Cowes RNLI · NCI Coastwatch · Maritime Volunteer Service
Flying Fish · Seasafe · Royal Life Saving Society
St Johns Ambulance · Gosport Lifeboat · HM Coastguard
HIOW Fire Service · Ryde Lifeguards · Alzheimer's Cafe

GET ON STAGE

Presents a Musical Theatre
Summer School production of

IAN FLEMING'S

CHITTY CHITTY BANG BANG JR.

Learn, Create & Perform a Musical in Just One Week!

Join us for an exciting week of singing, acting, dancing and creativity as we rehearse and perform Chitty Chitty Bang Bang JR. Along the way, you'll also help create the scenery, props and costumes that bring the show to life!

Newport Primary School
Monday 3rd - Friday 7th August 9am-3pm
Performance 3pm Saturday 8th August

Open to children ages 7-16
Remaining at £90!

Sign up at:
www.GetOnStage.co.uk



ONLINE WORKSHOPS

WE'VE GOT YOU COVERED THIS
SUMMER ☀️

We're running **additional online workshops** over the school holidays to make support more accessible for anyone juggling children, busy schedules, work, or other commitments.

Join from the comfort of your own space and stay supported over the summer period.

Interested? Get in touch to find out more!

CALL US

01983 217791

SUMMER ACTIVITIES

AT QUAY ARTS



Drama Group Summer workshops

We are excited to welcome you to our special, one-day summer drama workshops for 8-12 year olds and teens (12-15 yrs) delivered by StoneCrabs, a contemporary theatre company based on the Isle of Wight with a 20 year history of national and international theatre (www.stonecrabs.co.uk).

These drama workshops are warm, inclusive, and a space where everyone can be themselves; perfect for both total beginners and seasoned performers. Led by theatre professionals, young people will make new friends and build confidence through fun drama games, storytelling, and character building for stage and screen.

The workshops also include a delicious lunch and refreshments. Free spaces are available for eligible children, with a small number of tickets also available to purchase.

12-15 year olds
Tuesday 4th August
10.30 to 2.30

8-12 year olds
Thursday 30th July & 6th Aug
10.30 to 2.30

FOR DETAILS OF HOW TO BOOK FREE SPACES OR TO PURCHASE TICKETS VISIT QUAYARTS.ORG OR SCAN BELOW...



The Holiday Activities and Food (HAF) programme provides support to families whose children are eligible for benefit-related free school meals.



BOOKING ESSENTIAL



Summer Pottery Club!

- Pottery Wheel
- Model Making
- Pottery Painting

£27.50



WEEKDAYS DURING THE SCHOOL HOLIDAYS

Sessions available 10am-12pm & 2pm-4pm

Book online

www.isleofwightpottery.com

Freshwater, Isle of Wight

SUITABLE FOR AGES 8 - 12

MINIBEAST ARTS ACADEMY @ QUAY ARTS



JOIN KAY AND EMMA TO LEARN ALL ABOUT AMAZING MINIBEASTS THROUGH DRAWING AND MAKING.

Minibeast Academy: SNAILS!

Mon 27 Jul | 10 - 12pm | Seminar Room | £10

Come and help us create a huge snail trail, learn all about slime, make some really big drawings of snails and shells, and create a colourful tree snail for our display!



minibeast Arts Academy

WORMS

Minibeast Academy: WORMS!

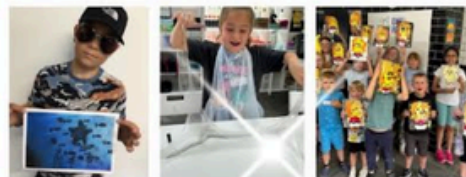
Tue 28 Jul | 10 - 12pm | Seminar Room | £10

Come help us make an installation of the longest worm in the world, create a mini placard for worms at home, practice drawing blindfolded, and create silly cartoons of worms with perms for our wall display!

BOOK NOW | WWW.QUAYARTS.ORG | 01983822490



Bembridge £31 (inc a Slime session) 10am - 3pm



Looking for something creative this school holiday? Join us for fun-filled days of art, creativity and imagination

What to expect:

- Exciting art projects every day
- A welcoming, inclusive and neurodiversity-friendly environment
- Painting, drawing, mixed media,
- New themes and activities throughout the holidays
- Experienced, fully trained and DBS-checked team
- Small groups where every child is encouraged to create in their own unique way

Suitable for: All school age

Spaces are limited and often book quickly. Visit our booking page to reserve your child's place.

Booking: <https://activities.classshoppa.com/u/easelp easels>
Follow us: Facebook | Instagram



Fakenham farm, St Helens & Bembridge Primary School
Lindsey@easelp easels.co.uk - www.easelp easels.co.uk T- 07540233715
Saturday Club - Parties - Home Ed - Autism Friendly sessions - Adult Classes



Check Socials to see what's coming up

Inver House

Care Home



Summer Garden Party

Friday 31st July from 2pm - 4pm

Join us for a fun-filled day where you can enjoy:

- Fun Games for all the Family
- Delicious Refreshments
- Live Music

We look forward to seeing you!

For more information please contact Nikki at:

07714 147609 or nikki.clark@hartfordcare.co.uk

Inver House Care Home, Foreland Road, Bembridge, Isle of Wight, PO35 5UB

ISLE OF WIGHT
STEAM RAILWAY

IWSO
ISLE OF WIGHT
SYMPHONY ORCHESTRA

Steam Railway Prom

Saturday 25th July 2026, 3pm
Isle of Wight Steam Railway, Havenstreet



Enjoy family film favourites with a live orchestra and a Last Night of the Proms finale. Bring a picnic. Dogs welcome.

iwsteamrailway.co.uk/events

WIGHTLINK
Bus or train routes

Isle of Wight Symphonic Society is a registered charity, No. 288292

NEWPORT ROMAN VILLA

Cypress Road, Newport, IW PO30 1HA

FESTIVAL OF ARCHAEOLOGY

- ♦ Drop-in archaeological finds identification
- ♦ Family activities and trail
- ♦ Roman artefact handling



- ♦ £1 entry
- ♦ 10am to 2pm
- ♦ Saturday 18 July 2026

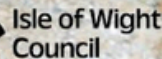
Event organised by IW Heritage Service

♦ PLUS - find us in the Tourism Tent at Royal IW County Show, PO31 8QU

♦ Saturday 11 and Sunday 12 July 2026



01983 823433 ♦ iow.gov.uk/museums ♦ museums@iow.gov.uk



Sallywags



Fun Club



Summer Holidays 2026

Monday 27th July to Friday 28th August (5 WEEKS)

Sallywags will be opening at for our fun packed regular holiday club for paying places
Open 8-6 for children aged 3-18 years

PAYING PLACES.....(TIMES 8.00-6) (ages 3-18)

Places are limited, contact Sarah Wherry on 07977709088 (or message our facebook page to book)

FREE DAYS.....(TIMES 9.00-3.00) (ages 4-16)

Additional places are available for children FREE OF CHARGE for families

ELIGIBLE FOR BENEFITS RELATED FREE SCHOOL MEALS

Funded by the IWC as part of the HAF programme includes FREE healthy packed lunch (27.7-28.8.26)

Haf Must be booked through www.eequ.org



Sallywags Play Zones

*Activity Zone - Children aged 3-8 yrs

Large construction, role-plays, messy, creative areas, toys, consoles

*Youth Zone - 8/9 - 18 yrs

Youth Club area: ball pool, iPads, x-box one, music, snooker, art, dens, cookery

*Chill Zone - separate areas for both zones

Cinema time, music, books + comics

*Outside - Physical Zone

Adventure playground, Bouncy castle, Pallet dens, Mud Kitchen, Go-carts, bikes, Football, scooters, Skateboards/ramps, challenges

Spontaneous beach + park trips

Onsite water games daily

Text / Phone: 07977709088

SUMMER TERM LIGHT UP IOW DRAMA CLASSES

Summer 2 Schedule

Class Title	Age	Cost	When
Beginners	6+	£6	Tuesdays 6pm-7pm
Ryde Company	7-16	£13	Fridays 5pm-7pm

All sessions @ Department, Ryde
Book your free trial: www.lightupdrama.org.uk/freetrial
or email: donna@lightupdrama.org.uk for more info

EN-CORE

DANCE & PILATES

Presents

ICONIC

A celebration of timeless music, ballet and stage legends

MEDINA THEATRE • SATURDAY 18TH JULY AT 3PM • SUNDAY 19TH JULY 1PM & 4.30PM

For the Family FREE Family Art Drop-Ins at Quay Arts

Join our free family art drop-in workshops, kindly supported by the Daisie Rich Trust. Open to all ages and abilities, led by professional artists with materials provided. No booking required! **Children must be accompanied by an adult.**

- Island Beasts with Studio Wren | 23 May | 10am - 1pm**
Inspired by the legends and folklore tales of creatures and critters that have inhabited the island you are invited to bring to life colourful collaged monsters.
- Stamp Your Mark with Studio Wren | 28 May | 10am - 1pm**
Come and create your own geometric stamp avatar and collaborate on building a 2D map for the characters to explore and interact within.
- Calm As The Sea with Studio Wren | 30 May | 10am - 1pm**
Join us to assemble a miniature underwater world filled with wonderful sea creatures, plant life and maybe even lost treasure.
- Can You Hear Us? with Laura Hathaway | 31 May | 10am - 1pm**
Make abstract paper paintings inspired by the changing Landscape at Compton Bay.
- Sheltered with Laura Hathaway | 14 Jun | 10am - 1pm**
Create your own local sea creature Inspired by the Appley Marine Murals on Ryde Esplanade.
- 12-Word Story with Anmarie Bowler & Teresa Grimaldi | 27 Jun | 10am - 1pm**
Write a 12-word nature story. Create it using collage letters and materials. Your work will be displayed at the 12-Word Story Exhibition at Quay Arts, part of the **TW Biosphere Festival**.
- Cardboard Birthday Cakes with Steve Baxter | 4 Jul | 10am - 3pm**
Help Quay Arts celebrate its 50th Birthday by creating an incredible giant cardboard cake!

Work alongside sculptor Steve Baxter to cut, bend, and craft fantastic cake segments, building a show-stopping cardboard masterpiece together. You can even design and decorate your own mini cardboard cupcake to take home.

Drop in anytime during the day and join the fun!

www.quayarts.org

Light UP YOUTH THEATRE

3 DAY WORKSHOP

— TO STAGE —

THE WIND IN THE WILLOWS

PICNIC AT THE RIVERBANK

AGES 7-16 ALL ABILITIES WELCOME!

CREATE. PERFORM. HAVE FUN!

Workshop Dates:
 Day 1: Mon 17th Aug
 Day 2: Tues 18th Aug
 Day 3: Weds 19th Aug
 10-3pm
 Performance 2:30pm
 Weds

Location:
 Department, Ryde:

Cost:
 £75 for three days
 (early bird price £65 if booked before 1st August)

Places Limited Book Now
 To book your place scan the QR code

SUMMER GYMNASTIC FUNDAY

Cowes Sea Cadets, Whitegates, Artic Road, Cowes, PO31 7PG

Bring packed lunch and drinks
Wear comfortable sensible clothes

Wednesday 12th August 10am till 3pm
Wednesday 19th August 10am till 3pm
Wednesday 26th August 10am till 3pm

Book online at <https://little-rockets.classforkids.io>
£32 per child (siblings discount available) Dola AI

Term Time Gymnastics Classes

Mondays Sandown-The Fairway Sports Complex, The Fairway, Sandown PO36 9JH

Beginners - 6pm - 7pm
Beginners/Intermediate - 6.45pm - 7.45pm
Intermediate - 7.30pm - 8.30pm

Tuesday - Cowes Cowes Sea Cadets, Whitegates, Artic Road PO31 7PG

Beginners - 4pm - 5pm
Beginners/Intermediate - 5.05pm - 6.05pm
Intermediate - 6.10pm - 7.10pm
Advanced - 7.15pm - 8.15pm

£33 per term

book online at: <https://www.little-rockets.classforkids.io>
Email - little.rockets@hotmail.com

SUMMER GYMNASTIC FUNDAY

THE BAY SPORTS COMPLEX, THE FAIRWAY, SANDOWN, PO36 9JH

THURSDAY 13TH AUGUST 10AM-3PM
THURSDAY 27TH AUGUST 10AM-3PM

BOOK ONLINE AT [HTTPS://LITTLE-ROCKETS.CLASSFORKIDS.IO](https://little-rockets.classforkids.io)

£32 PER CHILD (SIBLINGS DISCOUNT AVAILABLE)

BRING PACKED LUNCH AND DRINKS. WEAR COMFORTABLE SENSIBLE CLOTHES.

TSA CHEER TRYOUTS

JOIN THE TSA CHEER FAMILY!

LIFELONG FRIENDSHIPS
TEAMWORK
DEDICATION

LEADERSHIP
CONFIDENCE
PERSONAL GROWTH

COME BUILD CONFIDENCE, MAKE LIFELONG FRIENDS AND SPARKLE WITH THE TSA CHEER SQUAD!!

27TH JULY
10 & UNDER 5PM - 6 PM
11 & OVER 6PM - 7PM

£5

THE STARLIGHT ACADEMY
8 BARRY WAY - NEWPORT



July 2026 Timetable

All regular sessions delivered live online via zoom, 90 minutes long

£24 each or FREE with School Membership

Book online at facefamilyadvice.co.uk

Recordings available for 48 hours

Cannabis & Ketamine Awareness	6 July 10am
Anxiety Explained	6 July 7pm
Introduction to OCD	7 July 10am
What is ACT?	7 July 7pm
Decreasing Depression	13 July 10am
Raising Self-Esteem	13 July 7pm
Supporting Healthy Sleep	14 July 10am
Understanding the Teenage Brain	14 July 7pm
FREE - Supporting Healthy Screen Use	16 July 7-8pm
Autism-Improving Communication	20 July 10am
Improving Family Communication	20 July 7pm
Supporting a Child with ADHD	21 July 10am
Understanding Addictive Behaviour	21 July 7pm
Understanding Anger	27 July 10am
School Anxiety	27 July 7pm
Facing Defiance	28 July 10am
Supporting Health Screen Use	28 July 7pm

Neurodivergence	Behaviour		Routines	(Child to Parent Violence and Aggression)		Adolescence	Awareness
Understanding Neurodivergence Through the Child's Perspective: Explores the lived experiences of neurodivergent children, with a focus on ADHD and Autism. This session highlights how traits may present uniquely in different individuals and offers inclusive, strengths-based strategies to support regulation, connection, and wellbeing. Emphasis is placed on seeing the world through the child's lens, honouring their ways of thinking, feeling, and interacting.	Exploring the Science of Behaviour Through a Neurodiversity Lens: Introduces compassionate frameworks for understanding behaviour as communication. Topics include the iceberg model, window of tolerance, Maslow's hierarchy of needs, and the assault cycle, all explored in ways that respect individual differences in regulation, sensory processing, and unmet needs. The focus is on building insight and empathy to support co-regulation and connection.	Exploring Supportive Parenting in the Context of Anxiety: Considers how different parenting approaches can influence anxiety-related behaviours, with reference to Bowlby, Baumrind and Ainsworth's foundational work on attachment. This is not a parenting course, but an opportunity to reflect on how our caregiving styles may interact with neurodivergent experiences and shape emotional development across life.	Exploring the Power of Predictability and Supportive Boundaries: This session highlights how consistent routines and clear, compassionate boundaries can create a sense of safety and autonomy for all family members. Together, we'll explore different types of boundaries and co-develop practical, flexible strategies to introduce or reintroduce structure in ways that are tailored to each individual's needs and strengths.	Understanding Child-to-Parent Distress Responses: An overview of behaviours such as aggression explored through the lens of perceived unmet needs, emotional regulation and relationships. Includes practical tools like safety planning, the communication wheel, de-escalation strategies and key concepts such as Dan Siegel's flipping the lid. Emphasises compassionate, strengths-based support for both children and caregivers.	Supporting Restful Sleep in Neurodivergent Children: Explores gentle, flexible strategies to nurture healthy sleep patterns, with insights informed by guidance from the Southampton Sleep Clinic. This session recognises the diverse sensory, emotional, and cognitive needs that can influence sleep, and offers practical, compassionate approaches that honour each child's unique rhythms and experiences.	Embracing the Adolescent Journey: Exploring the natural evolution of identity, brain development, emotional regulation, and how to offer strengths-based, inclusive support	Navigating Seasonal Sensory Experiences: Explores how transitions, traditions, and celebrations such as Halloween, Bonfire Night, and Christmas can influence sensory processing and regulation. This session reflects on the impact of increased sensory input during these times and offers inclusive, sensory-friendly strategies and alternatives that consider individual needs and promote comfort, connection, and joy.

<u>Navigating Neurodivergence</u>	<u>Breakthrough Behaviour</u>	<u>Feel without Fear</u>	<u>Re-establishing Routines</u>	<u>CPVA</u> (Child to Parent Violence and Aggression)	<u>Sleep</u>	<u>Accepting Adolescence</u>	<u>Seasonal Sensory Awareness</u>
14 th April 9:30am	16 th April 9:30am	21 st April 9:30am	23 rd April 9:30am	28 th April 9:30am	29 th April 1:00pm	30 th April 9:30am	n/a
5 th May 9:30am	7 th May 9:30am	12 th May 9:30am	14 th May 9:30am	19 th May 9:30am	21 st May 9:30am	22 nd May 9:30am	n/a
2 nd June 9:30am	4 th June 9:30am	9 th June 9:30am	11 th June 9:30am	16 th June 9:30am	18 th June 9:30am	23 rd June 9:30am	n/a
2 nd July 9:30am	7 th July 9:30am	9 th July 9:30am	14 th July 9:30am	16 th July 9:30am	21 st July 9:30am	23 rd July 9:30am	n/a

Please email katrina.austin1@iow.gov.uk to join any of the webinars noted above. All webinars are delivered online via Teams. A link to the webinar will be sent to you 24 hours prior.

Isle of Wight
Neurodiversity