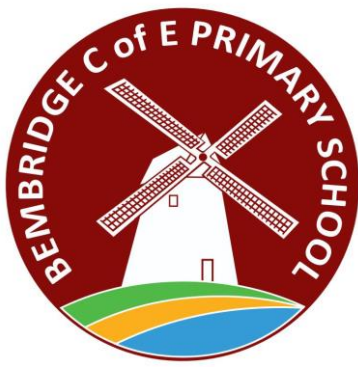




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Love - Courage - Respect

Friday 25th September 2026

Dear Parents and Carers,

We are writing to inform you about important changes relating to the management of allergies in schools and how these changes will affect some of our school practices.

The safety and wellbeing of all our pupils is our highest priority. Across schools nationally, there has been an increased focus on supporting children with food allergies, including severe allergies that can lead to life-threatening anaphylactic reactions. Updated statutory guidance places greater emphasis on schools taking reasonable steps to reduce risks and create inclusive environments for all children.

As a result, we will be reviewing and strengthening our approach to food brought into school.

Cake Sales and Food Events

We understand that cake sales and other food-based fundraising events are a valued part of school life. However, in line with current guidance, any food sold or shared on school premises will need to follow allergy management procedures. This includes ensuring that ingredient information is available and that potential allergens are clearly identified.

We will continue to support fundraising opportunities wherever possible, but these must be organised in a way that prioritises the safety of all members of our school community.

Food Treats and Gifts

We are also asking families to support us in moving away from food-based gifts and treats brought into school.

This includes:

- Birthday sweets, chocolates or cakes for classmates
- Treats brought back from holidays
- Food gifts for friendship groups or classes

While these gestures are always given with kindness and generosity, it can be difficult to ensure that every item is safe for every child. In addition, some children may feel excluded if they are unable to eat the food offered because of allergies, dietary requirements, medical conditions or religious beliefs.

“Learning to love God, one another and ourselves”

Alternative Ways to Celebrate

Instead of food items, we encourage families to consider small non-food alternatives that can be enjoyed safely by everyone, such as:

- Stickers
- Pencils or pens
- Erasers
- Bookmarks
- Colouring sheets
- Small stationery items

These alternatives allow children to celebrate special occasions and share their kindness with friends while ensuring that all pupils can participate fully and safely.

Working Together

We appreciate that these changes may represent a shift from established traditions, but they are being introduced with the wellbeing, inclusion and safety of all children in mind. We are grateful for your support and understanding as we work together to ensure that our school remains a safe and welcoming environment for everyone.

School compliance

In line with the new guidance for schools on allergies we now have a dedicated allergy policy, staff training for all child facing employees and spare emergency epi-pens. The epi-pens are easily accessible in the school office clearly located on the wall next to our defibrillator. Any children or staff with known allergies have healthcare plans in place and carry medication. Please keep us up to date on this information for your children.

If you have any questions regarding these changes or would like further information about our allergy procedures, please do not hesitate to contact the school office.

Thank you for your continued support.

Yours sincerely,



Mrs Elizabeth Chambers

Headteacher

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