

# PE & SPORT NEWSLETTER

## Newsletter Number: 4

Wow Term 3 is over! I'm proud of St John's children for their conduct in P.E, Intra's, Swimming and Sporting Competitions.

Our focus this term on Self-Belief underscores caring for ourselves, each other, the environment and our community. As Philippians 3:13-14 advises, 'I press on towards the goal to win the prize for which God has called me'.

Year 4 girls were invited to play U9 Netball Fixtures at Cokethorpe, the girls did brilliantly for their first ever netball matches with Mary-Ann scoring our first goal against Cokethorpe and we won our second match with Mary-Ann scoring again winning 1-0 against Carrdus School!

The U11 boys football team had a hard fixture away vs Eynsham with a 3-0 defeat but the boys are ready to bounce back in their next fixture. U11 Girls Football team have their match vs Eynsham Thursday 13th February.



## PE UPDATE

Our overarching learning goals emphasised cognitive skills across all year groups, focusing on observing and describing performance in KS1, while KS2 delved into identifying areas to improve and making good decisions.

In KS1, we honed jumping and landing skills, dynamic, static balances in Real Core PE, showcased in games like Train and Park Adventure. Gym lessons involved balances, flight jumping and rotation skills, culminating in intra-competitions.

For KS2, Netball skills were explored with thrilling intra competitions, and gymnastics lessons included partner balance work and exploring large apparatus.

As we approach the February break, a gentle reminder to parents and children: a **P.E kit is vital for lessons to avoid unhygienic alternatives**. As we return please ensure all children have full kit, white top, black shorts, trainers, black tracksuit bottoms/leggings and a grey or black sweatshirt. Girls to have ear rings out or ask for tape for protection and have a hair tie to tie their hair back.



# POSITIVE PLAY & WOW ACTIVE TRAVEL

Part of our PE & Sport Strategy, having a healthy school is one of our main focuses. At the start of term 3 Mr Smith, myself and St John's staff launched Positive play during lunchtimes for all children. We have introduced different Zones (Scooter, Loose Parts Play, Quiet Zone, Creative Zone, Active Zone and Sports Zone).

For this school year we have registered to WOW Active Travel. Attached are all the benefits of walking to school, why we have signed up to the programme again, what if you can't walk in and what is a WOW badge. Well done to Holly and Silver Birch who have been recording and winning their badges.



## COMPETITIONS & FESTIVALS

Term 3 saw another busy term for sport competitions and festivals where the children again conducted themselves impeccably showing other schools St John's values.

U11 Tag Rugby saw our Team A victorious playing some fantastic rugby and our Team B in a respectable third place. Year 3 have their Multi Skills festival on Friday 14th February. U11 & U9 Cross Country was unfortunately Postposed until 28th of February, which gives our teams more time to practice!

For U11 Indoor Sports Hall we took two teams to the competition, unfortunately Team A missing out on 1st place, coming 2nd. This was a great experience for the children with so many participating.

We have another packed term of competitions, festivals and fixtures which I know the children are all looking forward to. I hope every has a fantastic half term break!



U11 Tag Rugby Carterton Winners Team A

Best Wishes  
**Mr Lamb**  
PE & Sports Teacher

## NEXT TERM...

U11 Boys Football@ CCC  
U11 & U9 Cross Country@ Chesterton  
U11 Boccia Finals@ CCC  
KS1 Girls Football Festival@ CCC  
Tag Rugby/Dance PE lessons & Intra  
U11 Girls/Boys Football Fixtures  
New After School Clubs (Broken Boards/Skateboarding, Parkour, Quadkids and dodgeball/bench ball)

## WHAT'S ON?

### February Half Term Clubs & Camps:

- **Carterton Leisure Centre- Toddlers and Junior Tennis- £8 a session & Trampoline Park/Soft Play**
- **Atlas Camp- Brize Norton School Holiday Camp-£29.50 a day**
- **OSAA Football- UKBP Stadium OX18 1DY 9am-3pm £30, 10am-3pm £25, Mon-Wed**



St John  
the Evangelist

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**LIVING**

**STREETS**

**LET'S  
WALK TO  
SCHOOL**

**2024/25**

# **WOW** the **WALK TO SCHOOL** challenge

**WALK WITH IMAGINATION**

[livingstreets.org.uk/wowlaunch](http://livingstreets.org.uk/wowlaunch)

**IMPROVE YOUR HEALTH,  
PROTECT THE PLANET,  
WALK TO SCHOOL WITH WOW**



The poster is produced with vegetable-based inks and made of material from well-managed FSC®-certified forests and from recycled materials.

**Get involved on social media: #WALKTOSCHOOL**

**X @LIVINGSTREETS**

**f LIVINGSTREETSUK**

**@ LIVINGSTREETS**



Dear parent/carer, Your child's school has chosen to be part of an exciting initiative to encourage more children and their families to walk to school. **WOW – the walk to school challenge** is delivered by Living Streets,

the UK charity for everyday walking, to help as many children as possible experience the benefits of walking to school.

The pupil-led challenge enables children to self-report how they get to school every day. If they travel actively (walk/wheel, cycle, scoot or Park and Stride) at least once a week for a month, they get rewarded with a badge. It's that simple!

### **What are the benefits of walking to school?**

- Children feel happier and healthier They arrive to
- school refreshed and ready to learn Helps reduce
- congestion and pollution at the school gates

### **What if we can't walk to school?**

If driving, 'Park and Stride' to help your child earn their WOW badges. Park **at least ten minutes away** from the school and walk the remaining journey.

If using public transport, hop off **at least ten minutes away** and walk the rest (recorded as 'other' on the WOW Travel Tracker).

Where walking to school isn't an option, we work with schools to establish a bespoke approach to WOW that works best for their pupils' needs.

If you have any questions on the adaptability of WOW or have suggestions of how we can improve, we would love to hear your thoughts. Please email [walktoschool@livingstreets.org.uk](mailto:walktoschool@livingstreets.org.uk)

### **What is a WOW badge?**

There are 11 badges to be earned from September 2024 – July 2025. Each badge has been designed by a pupil from across the UK as part of our annual WOW Badge Design Competition. A new badge can be earned every month if pupils' walk/wheel, cycle, scoot or Park and Stride at least once a week.

WOW 2024/25 encourages pupils to **Walk with Imagination**, with a selection of badges ranging from a Bird's

Eye View to Road Surfing up for grabs.

The badges are made in Cornwall from material that was otherwise destined for landfill, including fridge trays, plastic plates and yoghurt pot off-cuts. For more information, visit:

**[livingstreets.org.uk/recycling](https://livingstreets.org.uk/recycling)**

In the UK, last year, around 2,300 schools and over 600,000 pupils enjoyed the benefits of walking to school with WOW. Will you join us?

If you have any questions about the programme, please contact find more information and useful

videos at:

**[livingstreets.org.uk/wowlaunch](https://livingstreets.org.uk/wowlaunch)**

**Let's swap those school runs for school walks.**