

17th October 2025

Frithwood News



CLASS ATTENDANCE

RW	98.9%	RE	98.3 %	1D	97.8%	1H	98.7%	2L	96.4 %	2K	85.6%	3C	92.1 %
3H	91.0%	4G	94.6%	4C	94.5 %	5S	95.9%	5T	97.8 %	6N	90.7 %	6C	98.8 %



Well done to RW who had the highest attendance with 98.9%

SCHOOL ATTENDANCE

Week beginning: 6th October 2025	Weekly Attendance: 94.8%	School attendance to date: 95.3%
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Open Morning on Tuesday 12th November at 10:00am.

INSET DAY

A reminder that Friday 24th October is an INSET Day so the school will be closed for the children.

Next week is the final week of this half term in school. The children have settled into their new classes and the teachers are looking forward to meeting parents and carers next week. If you have not yet signed up for your Parents' Evening appointment please do so. Mrs Bryant will be available to speak to parents on both evenings about any SEN concerns. Mrs Dickins and I are also available should any parent or carer have a question for us.

Later in the newsletter there is a longer piece about SEN both in school and signposting to external service. I hope this is useful and informative for our families.

It was fantastic to see all the children (and some parents) dressed up and enjoying themselves at the Hallowe'en disco yesterday. My thanks to the PTA and everyone who gave up their time to help organise this fun, seasonal event for the children; the pumpkin display was a wonderful addition and a photo opportunity. I received a lovely email from a parent thanking the PTA and staff for their time too which was a great start to Friday!

On Friday, 24th October, the school is closed to the children for staff INSET. The teachers will be taking part in workshops and professional development to ensure that the Frithwood children's writing is the best it can be. Everyone is looking forward to a day of learning, the opportunity to look at the children's work across the whole school and the chance to make some plans.

Have a lovely weekend,
Mrs Saunders

 CONGRATULATIONS TO THIS WEEK'S CERTIFICATE HOLDERS 		
	EXCELLENCE IN LEARNING	EXCELLENT MANNERS
RW	N/A	N/A
RE	N/A	N/A
1D	Arya	Cooper
1H	Grace	Rafael
2L	Ayana	Jayden
2K	Carter	Michael
3C	Max	Aiden
3H	Zadie	Joan
4C	Isaac	Shaurya
4G	Wiktor	Kenoli
5T	Noah	Agaran
5S	Eva	Rushika
6N	Andrew	Rose
6C	Ernest	Akshara

SEN RESOURCES AND INFORMATION

If your child has Special Educational Needs (SEN) or you'd just like to learn more about what support is available, there are lots of great resources to help you.

You can find all the latest information about SEN at Frithwood, including our SEN policy and our SEND Information report on our website. Paper copies are also available at the school office.

Frithwood parents and carers of SEN children have also set up a WhatsApp group to provide mutual support. Please remember that posts in the group are informal; the experiences and support offered may differ from family to family. The group is friendly and welcoming to new members. Please click [here](#)

Adaptive Teaching

Adaptive teaching is the means by which the needs of all children are met in their usual class environment. This is also known as Quality First teaching. This involves teachers continually assess the children's' needs and adjusting their teaching in real time to help all the children reach the same learning goals. Hillingdon's Ordinarily Available Provision document informs our Adaptive Teaching.

A Graduated Approach

All schools in the UK use a graduated approach to SEN support; this is for children who need support beyond adaptive teaching. The Assess, Plan, Do, Review cycle is used when supporting SEN children at school. Hillingdon's Ordinarily Available Provision document informs our Assess, Plan, Do, Review cycle and ensures a consistency of approach across local schools.

Ordinarily Available Provision information can be found here:

<https://www.hillingdon.gov.uk/article/4409/Education-support-and-funding>

Local support in Hillingdon

Hillingdon has a fantastic range of services for children and families, from speech and language support to advice on behaviour, wellbeing, and learning needs. You can find details on the Hillingdon Local Offer website, which brings together information about education, health, and social care services available in the area. <https://www.hillingdon.gov.uk/article/4654/Welcome-to-HELLO--Hillingdons-SEND-local-offer>



The Children's Integrated Therapy Services CITS has lots of useful information and families can self-refer to these services too. We work very closely with these services but we do not have any influence over the therapists visiting school or the direct provision offered by these services as they fall under health. There is lots of useful parent information on this site and a phone number for any families with concerns about their child's progress in speech & language, movement or self-care & independence skills. <https://www.cnwl.nhs.uk/children-integrated-therapy-service>

Hillingdon Parent Carer Forum is there to support Hillingdon Families of children with SEN. For more information visit:

<https://careandsupport.hillingdon.gov.uk/Services/304>



Their next drop in session is on 4th November from 1.00-2.00pm at South Ruislip Children's Centre.

Hillingdon Parent Carers Forum

The Centre for ADHD and Autism in Eastcote has a range of resources for families who live in North West London. There are links to professional support, workshops, sleep resources, online courses and activities for neuro-divergent children and their families too. <https://adhdandautism.org/>

We are here to help families. If you'd like to speak to someone at school, please get in touch with your child's class teacher via the school email address or our SENCo Mrs Bryant at sen.frithwood@frithwood.hillingdon.sch.uk. We are fortunate enough to be able to offer two full days of dedicated SENCo time currently, some Hillingdon schools provide only a quarter of this time. Please note that Mrs Bryant dedicated SEN days are Thursday and Friday and that Mrs Bryant has a full-time teaching commitment on the other days.

CALLING ALL ARTISTS

Design a Christmas card competition

David Simmonds, our local M.P. would like primary school children to design a Christmas card with the theme: A Flag for Christmas. If picked, your design could be printed on his Christmas cards this year.

All entries should be delivered or posted to:

Constituency office, 10 Village way, Pinner, HA5 5AF

Please write your child's full name, age and Frithwood Primary school on the back and post to the Constituency office by 7th November. Good luck designers!

PANTS NSPCC

The children have all taken part in PANTS assemblies this week, with Reception completing their activities in the classroom. Here is a link to an interactive online game which can also be downloaded as an app to support families to understand and talk about the PANTS rule at home:



<https://www.nspcc.org.uk/advice-for-families/pants-underwear-rule/playtime-with-pantosaurus/>

LEARN PANTOSAURUS' FIVE EASY RULES FOR STAYING SAFE

P RIVATES ARE PRIVATE

Your underwear covers up your private parts and no one should ask to see or touch them. Sometimes a doctor, nurse or family members might have to. But they should always explain why, and ask you if it's OK first. Remember, what's in your pants belongs only to you.



A LWAYS REMEMBER YOUR BODY BELONGS TO YOU

No one should ever make you do things that make you feel embarrassed or uncomfortable. If someone asks to see or tries to touch you underneath your underwear say 'NO' – and tell someone you trust and like to speak to.



N O MEANS NO

You always have the right to say 'no' – even to a family member or someone you love. You're in control of your body and the most important thing is how YOU feel. If you want to say 'No', it's your choice.



T ALK ABOUT SECRETS THAT UPSET YOU

There are good secrets and bad secrets. If a secret makes you feel sad or worried, it's bad – and you should tell an adult you trust about it straight away.



S PEAK UP, SOMEONE CAN HELP

It's always good to talk about stuff that makes you upset. If you're worried, go and tell a grown up you trust – like a family member, teacher or one of your friend's parents. They'll say well done for speaking out and help make everything OK. You can also call Childline on **0800 1111** and someone will always be there to listen.



Remember all of these rules and they'll help you stay safe, just like Pantosaurus



Frithwood Autumn Holiday Club

Five fun-filled autumn days of
cooking, crafts & games!

Ages: 4 – 11

Daily Plan



Autumn Harvest (Mon)

- Cooking: Mini Apple Pies
- Craft: Leaf Printing Banners
- Game: Pumpkin Relay



Colours of Fall (Wed)

- Cooking: Roasted Veggie Rainbow
- Craft: Autumn Lantern Jars
- Game: Leaf Pile Treasure Hunt



Harvest Festival Celebration (Thu)

- Cooking: Pumpkin Muffins
- Craft: Thank-You Trees
- Game: Scarecrow Dress-Up Relay



Autumn Adventure (Fri)

- Cooking: Caramel Apple Slices
- Craft: Nature Weaving
- Game: Forest Quest & Campfire Circle



Woodland Creatures (Tue)

- Cooking: Hedgehog Bread Rolls
- Craft: Pine-Cone Animals
- Game: Fox and Rabbits



Key Information



8:30 AM – 5:30 PM



£35 per day

All activities: Autumn-themed & age-appropriate

