



Spring Term 2026



at Frithwood School

Our lessons and coaches:

All sessions are run by LTA qualified coaches who are DBS checked and first aid trained. All lessons will involve technical and tactical work on all major shots as well as match play where possible.

In case of bad weather either an indoor classroom lesson will be held or a lesson in the hall if possible

We will provide all necessary equipment. A termly assessment will take place and will be viewable via our booking portal. Please see our website for our up-to-date risk assessment and safeguarding policies.

Mon - AM Reception/Year1

Thu - AM Year 2 / 3

Fri - AM Year 4, 5 & 6

£6.75 per session

How to apply for a place on our sessions:

1. Go to:

www.clubspark.lta.org.uk/letsgotennis/coaching and click on the long link in the middle of the page. if using a phone, this will download the app. Use the code 3YHEKYFS to access Lets Go Tennis) Either log in to your account if you have booked with us before, or register for a new account if this is your first time.

2. If you need to add a second child to your booking please contact directly

3. Add chosen class to basket and check out

4. Once the payment has been made you will receive a confirmation email and shortly after you will be contacted to sign up to the portal where you will be able to view term dates and skill sets

Once done, you will be able to access the portal both on computer and via app to view class dates, weekly assessment results and invoices.

**Enquiries to: lisaletsgotennis@gmail.com
or call 0203 291 2984**

www.clubspark.lta.org.uk/letsgotennis