



London Borough of Hillingdon
**FRITHWOOD
PRIMARY SCHOOL**

Carew Road
Northwood
Middlesex
HA6 3NJ

Headteacher - Mrs F Saunders

21st November 2025

Dear Parents,

Parent Governor Election

We are delighted to inform you we have received four applications for the two vacancies of parent governor.

We now invite you to vote for your governor using the below link:

<https://www.surveymonkey.com/r/PQKB2HQ>

The password to access the voting is: FWPG2025

Please note only ONE vote is allowed per parent. The two applicants with the highest number of votes will be appointed to the governing body.

The four applicants have completed personal statements attached for your review.

The voting will close at 12 noon Friday 28th November 2025.

Yours sincerely,

Mrs Saunders
Headteacher

Mr Patel
Chair of Governors

Telephone: 01923 825548 •

E-mail: frithwood@frithwood.hillingdon.sch.uk



GOVERNOR PERSONAL STATEMENT

CANDIDATE'S NAME: Travis Stewart

Please tell us your reasons for wanting to stand for the role of parent governor.

I am applying to become a Parent Governor because I would like to contribute my skills and experience to support the school's strategic direction. As a parent of a child who has just started in Reception, I am keen to play an active role in helping the school continue to provide a nurturing, ambitious environment for all pupils.

I understand that the role of a Parent Governor is to bring an informed individual perspective while supporting the governing body in its strategic responsibilities. I am committed to working constructively with fellow governors and the senior leadership team to uphold the school's values and long-term goals.

Professionally, I bring experience in governance, strategic planning, risk analysis, and performance evaluation, which I believe would be valuable to the governing body. I am used to working in a collegiate, evidence-based environment and contributing to discussions that balance challenge with support.

Most importantly, I have a genuine interest in contributing positively to the school community and ensuring the best possible outcomes for all children. I would welcome the opportunity to offer my time, skills, and commitment as a Parent Governor.

Please list the skills and experience you will bring to the Governing Body:

- Professional background as a civil servant in central government, including experience working with and briefing ministers.
- Strong governance experience, including understanding of decision-making processes and accountability frameworks.
- Risk analysis skills, with experience identifying, assessing, and mitigating organisational risks.
- Performance analysis skills, including interpreting data to support improvement and evidence-based decisions.
- Strategic planning experience, with the ability to prioritise long-term goals and align actions to outcomes.
- Broad understanding of corporate functions, including HR, digital services, and project delivery.
- Experience serving on committees and contributing to formal governance discussions.
- Ability to work collaboratively with diverse stakeholders.
- Clear and effective communicator, confident in presenting information and offering constructive challenge.
- Organised, reliable, and comfortable working in structured, formal settings such as committees.

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GOVERNOR PERSONAL STATEMENT

CANDIDATE'S NAME: Irfaan Merali

Please tell us your reasons for wanting to stand for the role of parent governor.

I am passionate about supporting the development of children and would like to contribute to the excellent work Frithwood does. With two young children having recently joined the school, I am invested in ensuring that the school is supported the best it can be and can bring a fresh perspective.

I believe governors have an important job in providing support to the school and overseeing its strategic direction. I would make the most of this opportunity to use my experience to further the interests of the school and all its stakeholders. The children deserve a safe, nurturing and inclusive learning environment, while parents would like a school that prioritises academic excellence and emotional wellbeing. As parent governor I would look to ensure that these goals are reflected in the school's priorities and forms part of its vision and strategy.

Like all parents, I want to see the school and its pupils succeed, and this is how I would love to contribute towards that.

Please list the skills and experience you will bring to the Governing Body:

- My experience in running a business means I can add value to the financial and operational efficiency of the school
- Through my work as a trustee of a charity focusing on young people, I can contribute to strategic decision-making and long-term planning.
- My training as a solicitor gives me a background in navigating challenges in compliance
- As someone who has lived in Northwood their whole life, I am familiar with the area and the locality in which the school is situated the children are growing up

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GOVERNOR PERSONAL STATEMENT

CANDIDATE'S NAME: Sabiha Haji

Please tell us your reasons for wanting to stand for the role of parent governor.

As a parent of two children in the school, and one who has just left to start high school, I have seen over the years how important the Frithwood School community is and how every contribution is significant. As a GP by profession, I have experience in important skills that makes me well suited to this role. I'm able to listen carefully and clearly, empathise, critically analyse documents, research where necessary aspects of school life that can be improved for our children, and put their needs first. I have grown up with the value that voluntary services and community work is a core part of the wellbeing of society as a whole. It would be an honour to serve the Frithwood school community. With this value in mind, I will put my heart, and full efforts towards the role of parent governor.

Please list the skills and experience you will bring to the Governing Body:

Good listener
-Empathy
-Research/ policy and document reading and analysis if required
-a doctor- deep understanding of the importance of good physical and mental health within the school setting and beyond.
-Touch type (if required)
- experience in community and voluntary services through our local community centre organisation and time management

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GOVERNOR PERSONAL STATEMENT

CANDIDATE'S NAME: Shezleen Salaam

Please tell us your reasons for wanting to stand for the role of parent governor.

The position of Parent Governor at Frithwood Primary is one that I am very excited about and one where I have a vested interest in. I am a parent whose older daughter attended the school and benefitted from the care, support and guidance from the wonderful teachers. My daughter is now in her 2nd year at Kings University studying Psychology. I also have a son who is currently in Year 3. I have a deep interest in education as being a tool to help support children emotionally, socially and academically. With my extensive experience as a teacher and educational leader, I currently serve in a voluntary capacity on the Education Board for ITREB UK where I provide strategic oversight for 14 schools, supporting more than 100 educators and impacting over 1000 students. As both a teacher and parent, I understand and appreciate the importance of parental support, contribution and shared vision in relation to the education of our children. I believe the role of the Governor in a school is instrumental in being the voice of parents to support the school to achieve the best outcomes for our children. Parents have a huge role to play and parental engagement in a child's educational journey is paramount. I would like to support the school to achieve the best for all its stakeholders taking it from strength to strength.

Please list the skills and experience you will bring to the Governing Body:

- Trained Behavioural Therapist
- Over 10 years' experience as a Primary School teacher
- Head of Maths and RE
- SEND training
- Safeguarding Lead
- Health and Safety Training
- Supporting schools with School Improvement Plan (SIP)
- Providing training for leaders and teachers
- Worked with multiple stakeholders
- Worked with local authority agencies
- Worked with external professionals to support individual children
- Have been instrumental in setting objectives for schools
- Managed school budgets
- Coaching Lead

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