



London Borough of Hillingdon  
**FRITHWOOD  
PRIMARY SCHOOL**

Carew Road  
Northwood  
Middlesex  
HA6 3NJ

*Headteacher-Mrs F Saunders*

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Monday 22<sup>nd</sup> June 2026

Dear Parents/Carers,

## **HEATWAVE FORECAST**

The forecast is indicating extreme high temperatures this week. Currently, Hillingdon Council have not advised that schools should close and have advised that we should follow the DfE guidance.

<https://educationhub.blog.gov.uk/2026/06/hot-weather-and-heatwaves-guidance-for-schools-and-other-education-settings/>

With this in mind, the following measures are in place at school:

**All children should wear either usual school uniform without a tie or PE uniform with shorts. Whichever they will be coolest and most comfortable in. Appropriate footwear with a closed toe must be worn.** Non-uniform plimsolls or lightweight sand shoes are acceptable. Socks are optional.

All children **must** bring a refillable water bottle – this is an essential item. Parents will be contacted if their child does not bring one.

All children should bring a sun hat and wear suncream as usual.

Additional shaded areas will be set up around the school site.

The children will sit in the shade outside at break times but will not be permitted to run about or play in the sun. If the temperature is extremely high we will keep the children indoors.

Classroom windows will be opened early in the day to remove the heat and then closed sufficiently to allow air to ventilate but not allow in the heat. All classrooms have oscillating fans to help circulate the air.

All staff will be vigilant to the signs of heat exhaustion and will ensure that the children have plenty of regular drinks.

Friday's Sports Day has been rearranged and a jotter was sent earlier today to this effect.

In the event that you decide to keep your child at home you should contact the school office and report your child absent in the usual way. These will be unauthorised absences. Should the advice to schools change in the meantime we will contact you with new arrangements.

Yours faithfully,

Mrs F. Saunders

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