



London Borough of Hillingdon
**FRITHWOOD
PRIMARY SCHOOL**

Carew Road
Northwood
Middlesex
HA6 3NJ

Headteacher - Mrs F Saunders

Friday 1st May 2026

Dear Parents / Carers,

Y6 Residential- Further information

It is not long until we leave for our Y6 residential to PGL Caythorpe Court.

Earlier today the children were shown a PowerPoint and photographs of where they will be staying and there was a real sense of excitement and anticipation from everyone. The children have been told they will find out who they are in an activity group with and who they are sharing a room with when they are on the coach. We have been able to accommodate the requests that the children made and all children will be in a room or a group with at least one person they chose. They will be bringing home a pupil pack today including details of the activities, the menu, and a kit list.

There is a final information parent presentation on our website. Please click on the link to view:

<https://www.frithwood.hillingdon.sch.uk/parents/residential-trips/y6-pgl-caythorpe-court-2026>

There are some final instructions that the children have been given below. Please read the following information carefully as it explains the arrangements for the departure morning and our return on Friday afternoon.

Clothing: There is no need to wear school uniform. Please wear comfortable clothes and trainers/ outdoor shoes that you will be ready to start activities in once we arrive. All your clothes should be packed in your bag/case. **Please name all items of clothing/footwear** and make sure you pack some bin liners for dirty/wet clothes. Please bring a sun hat if sunny weather is forecast.

Toiletries: Please bring a labelled sun cream if sunny weather is predicted. All deodorants should be roll on. Please **do not** bring any toiletries in a spray. Remember hair bands to tie up long hair and general toiletries such as toothbrush, toothpaste and shower gel. Please refer to the kit list for further information.

Arrive at school at 8:45am. There is no need to arrive earlier.

Toilet: Make sure you go to the toilet **before** you arrive at school. There will be a further opportunity for you to go to the toilet before we depart by 9.30am.

Name check/ baggage: On arrival the coach should be parked outside. Please take your main suitcase/bag directly to the coach. If not, then place luggage on the grassy area outside the school office. There will be a member of Frithwood staff there to direct you. You can then enter school with your hand luggage, via the blue gate that leads to the back of the hall and have your name checked off by Mr Cerny to say you have arrived.

Your hand luggage should contain your water bottle (no glass bottles or cans) and a packed lunch that we will be eating together at lunchtime after arrival at PGL Caythorpe Court.

Telephone: 01923 825548 •

E-mail: frithwood@frithwood.hillingdon.sch.uk



Additional items: (eg tissues, books, magazines, pens, puzzle books). **No snacks, electronic games or devices, mobile phones, or air tags trackers please.**

Further information for Parents/Carers

PGL parent guide website: <https://www.pgl.co.uk/en-gb/school-trips/resources/parent-guide/about>

Medication: If you have to register some medication for your child, please go to the **hall** where you will find Miss Page. She will take further details of your child's condition, medication and dosage. She will also note down any other relevant information. Please ensure all medicine is clearly named and labelled. Our journey will be around 2.5 hours however, if travel sickness tablets are needed they should be administered by you on the morning of the journey and you must inform Miss Page on arrival at school that your child has taken travel sickness medication. Please supply tablets for the return journey if required, which will be administered by Miss Page.

Final check: Just before we board the coach the children will assemble in the hall (without parents/carers please). This will allow us to make a final check and line the children up with their coach partners.

Boarding: We will then board the coach and leave. The exact time depends on how long boarding the coach takes, however, our set departure time is 9.30am. Please feel free to remain outside school by the coach to wave us off as we depart!

Packed lunch for 18th May: If you are unable to provide a packed lunch for your child, and would like the school kitchen to prepare one for this day please let us know by **Friday 8th May** either by email or by calling the school office.

Communication while we are away: You may also give your child a stamped addressed envelope if they would like to write to you. Feel free to write to them (contact details at the end of this letter, we advise you to do this the day they depart to ensure its arrival).

Spending money: We will be providing a 'tuck' shop for the children to purchase treats at. Your child should bring no more than **£5** in **small value coins** (5p,10p,20p or 50p). PGL Caythorpe Court also have an onsite gift shop with souvenirs ranging from 40p to £7.50. If you wish for your child to purchase items from the gift shop we recommend no more than **£10**. Your child will be responsible for looking after their own spending money and budgeting how they spend it.

Return: (Friday 22nd May) We aim to leave PGL Caythorpe Court at 1.30pm after our final activities and lunch. Our arrival time will obviously depend on the traffic but we aim to be back at school around 4.40pm. We will update the school office during the journey and they will send a 'Jotter App' message to let you know our exact arrival time. You will be able to collect your child on the grass outside the main office.

The trip leader will be Mr Cerny. Our welfare medical lead is Miss Page. Miss Hutchinson, Mrs Edwards, and Miss Kay will also be accompanying the children on the trip.

Can we please also ask that everyone checks the information they have put onto Parent Pay regarding contact details, medical and dietary requirements is up to date.

PLEASE HELP US BY FOLLOWING THE ABOVE ARRANGEMENTS CAREFULLY.

Yours faithfully,
Mrs Dickins
Deputy Headteacher, Educational Visits Coordinator

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