



Online Safety Week

This week your child will be learning about online safety.

Here is Guidance and Support for Parents:

Screen time and online safety

The children have been learning about how to speak out if they see something that makes them feel unsafe when they are online. We did this with the help of Smartie the Penguin a Childnet's resource.

Here are some tips to consider and useful links for you as parents / carers that will help keep the children safe when they use devices.

- Set parental controls on your broadband.
- Be aware that children can get online through lots of devices, laptops, PCs, tablets, Smart Speakers and smart phones. Make sure there are parental controls set on yours.
- Set passwords or PINs on all of your internet enabled devices – do not share these with your children.
- Only allow children to play on devices connected to the internet when you or another responsible adult is present to oversee their play.
- **Remember that a screen is no substitute for human interaction – there is increasing research to show that too much time on devices is bad for children**
- Talk to your child about what can be found online. Children are never too young to chat to about being purposeful and safe when going online.

Useful places to seek further information :

<https://www.childnet.com/what-we-do/> : Childnet's mission is to work with others to help make the internet a great and safe place for children

<https://www.bbc.co.uk/tiny-happy-people/articles/zck8cmn> : This gives guidance with recommendations regarding screentime for under 5's