

Parkend Primary School
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Sustrans Big Walk and Wheel

Dear Parents/Carers,

We have some exciting news for you! After the success of previous years, we are taking part in the Sustrans Big Walk and Wheel again this year, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 16-27 March 2026. It's free to take part and we would love everyone to be involved.

What do you need to do?

Encourage your child(ren) to walk, use a wheelchair, scoot or cycle to school on as many days as possible during the event. If you need to drive to the village but would still like to take part, please park sensibly down in the village to avoid blocking any entrances or exits such as the Forestry Castlemain Depot. As part of morning registration, the children's active travel will be recorded.

Why we are taking part

Sustrans Big Walk and Wheel is a great way to build physical activity in children's daily routine, which is important for their physical health and mental wellbeing.

Active school runs also help to reduce congestion and air pollution outside the school gate. [A 2021 YouGov study](#) showed nearly half of UK children worry about air pollution near their school and that children thought active travel was the best way to bring down these pollution levels.

Plus, there are some great prizes to be won every day if we get enough children taking part!

Last Year was a huge success and made a real impact on the children's readiness to learn in the morning.

Useful Resources:

To help you prepare, Sustrans has developed a handy free guide to walking, cycling or scooting to school. It is packed with advice to help you have hassle-free journeys to school.

[Download your free family guide](https://www.sustrans.org.uk/sign-up-to-receive-your-free-school-run-guide/) using this link: <https://www.sustrans.org.uk/sign-up-to-receive-your-free-school-run-guide/>

For more information about the event, go to www.bigwalkandwheel.org.uk . Enjoy the challenge!

Kind regards,

Mrs T Wood

*Pride in ourselves, Achieve the best we can, Curious thinkers, Everyone together...
The Small School with Big Ideas*



2025/26