

Juniors on Tour at Conkers parkrun – Saturday 18th July 2026

We are really excited about this and would absolutely love to see as many of our Netherseal family there as possible. Remember, this is the first time **EVER** a parkrun Primary School has linked its junior parkrunners to their nearest 5k event! Mrs Davies is reliably informed that Stephen Camacho, Outreach Officer from parkrun Global, knows about our event and is very keen to learn all about it.

Some final reminders from the Event Directors at Conkers parkrun prior to Saturday:

- Don't worry if you do not have a barcode – you can still take part but you won't get a finish time. It's a good idea to register as this will enable you to earn your first parkrun credit.
- To download a barcode – please do so in advance of Saturday - it's free of course! You can register at www.parkrun.com Go to register to join, select United Kingdom from the list of countries and follow the instructions.
- Remember to bring your barcode along on Saturday.
- If you already have a barcode, it can be used at every event across the world. Juniors can use their barcode at any junior parkrun and any 5k parkrun - that's part of what keeps parkrun so simple.
- Paper barcodes are fine to be scanned as are barcodes from phones, the parkrun app or from writstbands.

Parking is free. You can park at either the Discovery or Waterside car park. You will then need to make your way to the Waterside area where you will be welcomed by parkrun volunteers.

Please aim to meet Mrs Davies and school staff in front of the cafe at around 8.45am for a 9am (ish) start. We will have our school banner so you won't miss us.

There will be a special, first timers welcome for our group as well as an additional one for any other first timers. We ask that all adults and children attend these please.

Another important aspect to remember is that any participants who are 10 or under need to be/stay with their designated adult all the way around the course. This is different to junior events where all participants are able to make their way round independently if they wish.

You can make your way around the course at whatever pace you like – there is absolutely no pressure to run. Each week, at least 10% of people walk the course.

There will be marshals, parkwalkers and tailwalkers to provide encouragement on the way round. At the end, please follow the marshals' instructions as you approach the finish funnel.

Dogs are welcome but must be kept on a short, hand-held lead.

Buggies (suitable for the trails) are also welcome.

Not only is this a fantastic opportunity for us as a small, rural school but it will be our final community event of the Academic Year so let's get everyone together to make it amazing!

