



Roseacres Round Up



[Roseacres Primary School](#)

10th October 2025

[Our menu](#)

Next week, we are week 1.

Thank you to Mrs Walsh who has kindly purchased and donated some more high-visibility jackets, to ensure our children are staff have access to them following our whole school walk last week

Survey

A welbee survey was sent to families on 7th October 2025, please do take the time to complete it to enable us to better understand our baseline and starting points to ensure we are getting it right for our children and you, their families. There will be the full survey in the first email, and a second follow up with question 9. Please check your junk mail folder for this! This will close on Friday 17th October 2025.

School Values

We have been discussing and identifying our School Values and becoming a ROSIE! From our assemblies we have chosen a few different options and now it is time to vote on the values for our school. With your children, please click on this link to [vote](#). This will close on Friday 17th October 2025.

Save the date

Roseacres Christmas Fete – 13th December! More information to follow!!

Attendance

At Roseacres, we follow National Guidance to improve school attendance. National Guidance is that good attendance is 96% or better, currently our whole school attendance is **95.7%**. As children start to develop some signs of being unwell, please check the NHS link for guidance if you child is too unwell for school: [Is my child too ill for school? - NHS](#). If your child is absent, please do notify the school office.

Clubs

Please see attached updated Autumn Clubs Timetable and information from Premier Education regarding the sports clubs on offer. We are also finalising a street dance club and more information will follow next week.

School Photographs

Vancols Photographers are pleased to confirm that the school photographs are ready to view using the QR code on your proof card. You will receive an automated email notification if you have already scanned the QR code on the proof and registered.

You can view the photographs by scanning the QR code on your proof and following the instructions. If you have not received your proof or it has been lost please contact the school office. The website for these codes is www.getphotos.co.uk

The online cut-off date for orders to be placed for free postage back to the school is **Tuesday 14th October.**

Learning Conferences

Learning conferences will be booked via ParentMail, all appointments will be face to face and will take place in the school hall.

Bookings will open on ParentMail at 8am. Bookings will close 3 days before the event.

Personal items

Children do not need to bring toys or personal items in from home, this can often cause a conflict. We are resourced for breaktime and lunchtime and enables all children to be able to access and play with the resources we have. If children bring in personal items, we will send them home or keep hold of them until the end of the day.

Our Best Bits

EYFS

The children have started reading practice session this week and have adapted well to this and working with a range of adults.

Year 1

The children having been completing independent sentences about Victorian Trains, they were excited that the 'posh' trains that people were able to have dinner on them in the past.

Year 2

Year 2 have really enjoyed writing their published piece, which are going to be showcased within school.

Year 3

In Hockey this week, the children have been learning how to push the ball in to the goal. The children have worked together cooperatively.

Year 4

Year 4 have created electrical circuits and have been testing whether a material is an insulator or a conductor.

Year 5

The children have been exploring what kindness means, including showing it to ourselves as well as others.

Year 6

Year 6 have been immersing themselves in a New York City setting linked to their class text, King Kong. The children and describing the setting of New York City as directors for a film.

Celebration!						
						
EYFS River	Year 1 Nelly	Year 2 Charlotte	Year 3 Cruz	Year 4 Penelope	Year 5 Luke	Year 6 Grace

PE Days

Children should come to school wearing their Roseacres PE kit. Children are not able to wear logoed designer clothes or football kits. Earrings must be removed with long hair tied back.

Monday	Year 1 and year 4
Tuesday	Year 2 and year 3
Wednesday	EYFS, year 3, year 5 and year 6 (cricket)
Thursday	Year 2, year 5 and year 6 (swimming Autumn term)
Friday	Year 1 and year 4

Diary Dates

Remember to look at our community noticeboard on the website for things beyond school: [Community Noticeboard | ROSEACRES PRIMARY SCHOOL](#)

Autumn	Spring	Summer
13th October – year 5 and year 6 skateboarding workshops 15th October – Tag Rugby year 5 and year 6 team. 15th October – year 5 and year 6 cricket session 3 16th October – year 6 swimming 17th October – EYFS, year 1 and year 2 drama workshop 21st – Parent Learning Conferences 4.30pm – 7pm. 23rd October - Parent Learning Conferences 3.30pm – 6pm. 23rd October – flu sprays 24th October – PFA Tuck Shop after school 27th – 31st October – half term 3rd November – children return to school. 4th November – year 5 Colchester Castle Trip 5th November – Spooky Spoon competition 5th November – year 5 and year 6 cricket session 4 6th November – year 6 swimming 10th November – flu spray 12th October – year 5 and year 6 cricket session 5 13th November – year 6 swimming 13th and 14th November – year 5 Bikeability 14th November – Children In Need 18th November - EYFS open evening for September 2026 at 5.30pm. 19th November – year 5 and year 6 cricket session 6 20th November – year 6 swimming 20th and 21st November – year 5 Bikeability 21st November – Non-uniform day for a PFA donation 21st November – Winter Wonderland Disco – Friends Event 26th November – PFA Christmas Wreath Making event (7pm – 9pm) 27th November – year 6 swimming 28th November – INSET day 8th December – PFA gift market in school for children. 9th December – AM KS1 Nativity 9th December – PM and evening KS2 concert	5th January – children back to school 8th January – year 5 swimming 14th January – year 6 SATs meeting with parents at 2.30pm 15th January – year 5 swimming 19th January – year 6 Young Voices at o2 20th January – INSET day 22nd January – year 5 swimming 29th January – year 5 swimming 5th February – year 5 swimming 12th February – year 5 swimming 16th – 20th February – half term 26th February – year 5 swimming 26th February – year 6 Leventhorpe Book Awards Launch Event 3rd March – year 2 Aerozone Trip 5th March – year 5 swimming 6th March – World Book Day Celebration 12th March – year 5 swimming 17th March – Year 5 Daws Hall Trip 19th March – year 5 swimming 20th March and 23rd March – Fab Science in school 26th March year 5 swimming 27th March – last day of term.	13th April – children back to school 16th April – year 4 swimming 23rd April – year 4 swimming 30th April – year 4 swimming 4th May – bank holiday 7th May – year 4 swimming 11th – 14th May Year 6 SATs 14th May – year 4 swimming 18th May – year 6 residential meeting with parents at 2.30pm 18th May – Sports Day 21st May – year 4 swimming 21st May – year 6 Leventhorpe Book Awards Final Event 25th – 29th May term 1st June – INSET 3rd June – reserve Sports Day 4th June – year 4 swimming 1st June – 12th June – year 4 multiplication table checks 8th June – 12th June – KS1 Phonics Screener check 11th June – year 4 swimming 15th June – 17th June – Y6 Residential 18th June – year 4 swimming 25th June – year 4 swimming 7th July – Year 6 end of year performance 16th July – year 6 High Tea and leavers assembly 17th July – last day of term 20th July INSET day

10 th December – PM KS1 Nativity 11 th December – EYFS Christmas Song performance to families 11 th December - Christmas Dinner 11 th December – Christmas Jumper Day 13 th December – Roseacres Christmas Fete 17 th December – year 5/6 Trust Nutcracker Ballet Trip 19 th December – last day of term finish at 2.30pm		
New dates will be added in red		

Roseacres Friends

This week the children were sent home with the Xmas 4schools artwork forms and information leaflet. Please fully complete the details needed for online ordering and return your child's artwork by Monday 20th October.

The Year 6 Leavers Hoodie ordering form is now available on ParentMail and should be completed by Thursday 23rd October so that they can be ordered this term.

Save the dates

Next meeting – 20.10.25 at 9am

End of term tuck shop – 24.10.25 on the playground, also buy your Spooky Spoon entry here!

Spooky Spoon competition in school – 5.11.25

Non-Uniform Day for a donation – 21.11.25

Winter Wonderland Disco – 21st November 2025

EYFS and parents – 2.15pm – 3.15pm

KS1 – 3.15pm – 4.15pm

KS2 – 4.15pm – 5.15pm

Christmas Wreath Making – 26.11.25 (7pm – 9pm adults only)

Christmas Fete – 13.12.25

Christmas Raffle – 13.12.25

SEND

Wild 'n' Wacky in Harlow are trialling SEND sessions and the first session is on Tuesday 14th October – after school from 4pm to 5.30pm 😊

After that there will be one on 18th November and 9th December before we hopefully start doing them every first Tuesday each month!

Parents and carers are advised to book online as they are controlling capacity to a lower level than usual. Here is the link: <https://bookings.wildnwacky.co.uk/book/send-session/163>

Our SEND sessions offer exclusive access to our playframe and interactive facilities in a quieter, more relaxed environment. These sessions feature:

- Discounted price to our usual off peak prices
 - Reduced capacity.
 - Music switched off.
- Soft ambient lighting in the main seating area and playframe.
- Reduced number of customer announcements to minimise sensory input.

While some team members have personal experience supporting children with additional needs, please note they are not specialist trained. We are only providing play facilities and not support or counselling. Parents and carers are responsible for supervising their children at all times during their visit.

We kindly ask all guests to be patient, understanding, and respectful of others to help create a safe, supportive environment where everyone can feel comfortable and included.

School Nurse Team

The school nurse team are holding drop-in sessions for parents and children these will be spread around the district and there will be a drop in every week. The sessions in the libraries are available to parents and

young people, the drop in at Spangles is available for parents and children under 11 yrs old and the Youth Drop in is for older children 11 years +.

We are waiting for the poster for the drop- in sessions on a Wednesday morning at Spangles, the team will be available on Wednesday 22nd October 19th November and 17th December 9.00am to 10am.

Dates	Resources	Referrals
The school nurse team will be available on Wednesday 22 nd October 19 th November and 17 th December 9.00am to 10am.	Essex Local Offer Supporting your Neurodivergent Child West Essex Inclusion Project Essex Family Wellbeing SEND IASS Autism Central West Essex Inclusion Project One Plan Process Essex Frontline	Community Paediatric Service West Essex Community Specialist Services

Safeguarding

Parking

When picking up or dropping off children at schools, you should do the following:

- Allow yourself plenty of time as the area is likely to be busy.
- Do not park on yellow zigzag lines and avoid parking opposite them.
- If you decide to park further away, please be considerate of local residents and avoid blocking driveways or access ways, especially for emergency vehicles.

[Parking outside schools | Police.uk \(www.police.uk\)](#)

Are you worried about a child?

As a school, we consider safeguarding to be a priority. We welcome parents and carers talking openly to us about their concerns for the safeguarding of children and families. Remember, safeguarding is everyone's responsibility. If you have any concerns about a child, you can contact one of our Designated Safeguarding Leads via the school office. Please ask to speak to Vicky Childs, Sian Watson or Kerry Renton and specify that you have a safeguarding concern.

If you are worried about a child or young person, you can call the NSPCC helpline for support and advice for free on 0808 800 5000. If a child is in immediate danger, you should call 999.

Children can call Childline at any time on 0800 1111.

The designated safeguarding leads at Roseacres are Mrs Childs, Mrs Watson and Mrs Renton.

Dealing with traumatic and challenging events

When children and young people experience traumatic or difficult life events, their emotional world can be shaken, and the impact may show up in their behaviour, mood, or relationships. Whether it's bereavement, a family breakdown or witnessing something distressing, the support of trusted adults can be key in helping them feel safe again. This guide looks at how to create a nurturing environment to help young people process difficult feelings.

It also shares clear, actionable strategies to promote recovery – from building emotional literacy and creating a predictable routine to recognising signs that further help may be needed. Sensitive language, patience, and presence all play a part in empowering children to move forward at their own pace. With the right support, they can rebuild a sense of security and resilience.

10 Top Tips for Parents and Educators DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



The National College®