



Parson Cross Church Of England Primary School

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Headteacher: Mrs J Wright
Assistant Headteacher: Mrs H Ashton/Mr R Hart

1st September 2026

Benedict's Law — keeping our children safe

Dear families,

As the new term begins, Parson Cross CE Primary will implement the allergy-safety requirements set out under Benedict's Law.

Parson Cross has always been allergy aware. We have both children and staff in school with serious life-threatening allergies. All staff have completed allergy training and we hold emergency adrenaline auto-injectors on site. In addition from September 2026 we will also be following the requirements introduced by Benedict's Law.

Please help us by following these simple steps

1. Do not send nuts or nut-containing products into school.
(Peanuts, tree nuts, nut spreads, nut cereal bars, chocolate with nuts, and any product listing nuts.)
2. Label lunchboxes, drink bottles and food containers with your child's name.
3. Do not send homemade cakes or treats or any food into school to be shared with classmates.
We will not accept or distribute food from home for birthdays or class celebrations.
4. Tell us about allergies and keep information up to date.
If your child has an allergy, please ensure we have an Individual Healthcare Plan (IHP), current medication and consent forms.

What the school will do

- Maintain an allergy register and train staff in prevention and emergency response.
- Keep emergency adrenaline auto-injectors on site and ensure staff are trained to use them. Parents must still supply prescribed medication and keep it in date.
- Provide clear allergen information for school meals and work with families on safe options.
- Use non-stigmatising methods (for example, photos in the kitchen) so pupils receive safe meals without being separated from their peers.
- Offer safe alternatives where food is used in lessons or activities.

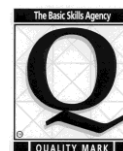
Quick packed-lunch tips

- Aim for a balanced lunch: a carbohydrate, protein, vegetables/fruit and a drink.



INVESTOR IN PEOPLE

Believe Achieve Celebrate



- Avoid items labelled “may contain nuts” and check ingredients.

Trips, clubs and events

We will plan for individual medical needs on trips and at clubs. Please complete any medical/travel consent forms so staff can manage medication and emergency care.

Why this matters

Severe allergic reactions can be life-threatening. By working together we make school safer for everyone.

If you have any questions or need to update medical information, contact the school office or speak to Mrs Wright.

With thanks,

Mrs Wright