



Friday 12<sup>th</sup> December 2025

## **Swimming Lessons**

**Dear Parents/Carers** 

As part of the Year 3 P.E. curriculum, the children have swimming lessons next term. The children love going swimming as they have the opportunity to develop their confidence in the water, learn new swimming skills or improve their current swimming performance.

It is a government expectation that by the end of Year 6, children must be able to swim at least 25 metres confidently and as swimming is part of the National Curriculum, these lessons are not optional.

The school has looked into a number of options to ensure the best possible teaching for the children, as well as value for money. We have decided that the children will have their one hour swimming lessons, with a qualified instructor, at Seahaven Swimming Pool in Newhaven.

Unfortunately, this year we are not able to have our usual 10 sessions at Seahaven as the pool is closing from February 2026 until the autumn for maintenance and construction.

The children will have 3 swimming lessons before the pool closes.

The lessons for 3OS (Miss. Orr and Mrs. Sagar) will be every Tuesday: January 13<sup>th</sup>, January 20<sup>th</sup> and January 27<sup>th</sup>

The lessons for 3R (Miss. Roache) will be every Thursday: January 15<sup>th</sup>, January 22<sup>nd</sup> and January 29<sup>th</sup>

After these lessons have finished, the children will have P.E. in school.

## **Travel Arrangements**

In order to support everyone's safety and avoid travelling on public transport, we have decided to continue to hire a coach to take the children to and from the pool.

The coach will leave the school at 8.30am from the main school entrance on Roderick Avenue North, so please make sure your child is at this entrance by 8.25am at the latest. Mr. Strange will be there

**Headteacher - Claire Westcott** Roderick Avenue North, Peacehaven East Sussex BN10 8BZ

Telephone: 01273 584212 e-mail: office@meridian.e-sussex.sch.uk web: www.meridianschool.co.uk



to meet children from 8.25am to ensure the coach leaves on time ready for their swimming lesson which starts promptly at 9am.

If you arrive late and after the coach has left, you will need to make your own arrangements to drop your child off at the swimming pool.

## Cost

The school and Governors are committed to supporting families with the cost of swimming and so we have budgeted for and will pay for all the swimming lessons.

However, we do ask for help towards the coach travel. The cost of the coach travel is £5 per week (£2.50 per journey). Please can you pay £15 by  $5^{th}$  January.

In the past, a significant number of parents did not pay for the travel and this resulted in an impact on school budget.

If you are eligible for Benefits-related Free School meals, the school can support with the cost through our Pupil Premium funding, reducing this to £9. If you are not sure if you are eligible for Benefits-related Free School meals, please contact the school office.

For more information, please see the swimming FAQs on the school website.

If you have any further questions, please feel free to speak to a member of the Year 3 team.

Best wishes

Miss. Orr, Mrs. Sagar and Miss. Roache The Year 3 team

Claire Westcott Headteacher