



Courage

Compassion

Perseverance

Teamwork

Burnley Road Academy **Policy for Asthma**

INTRODUCTION

Asthma is the most common chronic condition affecting one in eleven children. On average there are two children with asthma in every classroom in the UK and over 25,000 emergency hospital admissions a year.

THE ACADEMY

Our academy recognises that asthma is a widespread, serious but controllable condition and we welcome all pupils with asthma.

At the beginning of each academy year or when a child joins the academy, parents and carers will be asked if their child has any medical conditions. If a child or young person has asthma this will be documented on Medical Information Summary.

Every child with asthma should have a reliever inhaler and spacer in school. Clearly marked with their name and class. The academy stores individual academy action plans in class and with the SENDCO This action plan will include parental consent for staff to administer medicine.

The academy will ensure they have received the child's individual action plan from the GP practice or parent.

The academy recognises that pupils need immediate access to reliever inhalers at all times including all out of academy activities. These can be kept in a small bag/ rucksack or box clearly marked with their name and class and in date.

Children with asthma are encouraged to take control of their condition and feel confident in the support they receive from academy. In case of an emergency where a child is unable to self-administer their inhaler all staff should feel confident in managing this situation. All staff must understand their duty of care to children in an event of an emergency.

EXERCISE

Taking part in sports, games and activities is an essential part of academy life for all pupils. The health benefits of exercise are well documented and this is also true for children and young people with asthma. Consequently, it is vital that pupils with asthma are encouraged to participate fully in all physical education lessons. Teachers should remind pupils whose

asthma is triggered by exercise, to take their reliever inhaler before the lesson (if this has been recommended), and to thoroughly warm up and down before and after exercise.

The academy ensures the whole environment which includes physical, social, sporting and educational activities is inclusive and favourable to children with asthma.

STAFF TRAINING/AWARENESS

We ensure all academy staff (Teachers, Teaching Assistants, Kitchen Staff, Out of Academy Club Staff and Supply Teachers) are aware of the potential triggers and ways to minimise these signs and symptoms of a pupil's asthma and what to do in the event of an attack.

The academy ensures that all staff including supply teachers and support staff who come into contact with pupils with asthma know what to do in an event of an attack. This includes awareness sessions for all staff delivered at least once a year.

All staff understand that pupils with asthma should not be forced to take part in an activity if they feel unwell

ADMINISTRATION

Academy has clear guidance on the administration of medicine in academy – please see Medicine Policy

The Department of Health guidance on the use of emergency salbutamol inhalers in academy (DH, 2015) recommends academy keep an emergency salbutamol inhaler – The inhaler should only be used for children who have a diagnosis of asthma and are prescribed a reliever inhaler. In this instance there should be a separate parental consent form (See form Annex A). This inhaler should only be used if the pupil's own inhaler is not available to them.

EMERGENCY RESPONSE

If a pupil needs to be taken to Hospital a member of staff will always accompany them until a parent/carer arrives.

Children's asthma medical packs should include:

Reliever inhaler and spacer (if used).

Individual Asthma Action plan provided to school by parent. (Appendix 1)

Emergency parental consent form provided to school by parent(Appendix 2).

The schools' emergency inhalers / spacers are located: Academy Staff Room

Staff Responsibilities:

- Ensuring that inhalers are checked monthly to guarantee that replacement inhalers are obtained before the expiry date.
- Ensuring that the medical conditions document is accurate and up to date
Responsibilities of all staff:
- If an emergency inhaler is used this should be recorded on CPOMs.
- Staff must inform the office staff if an academy emergency inhaler has been used so that the spacer can be sterilised and parents informed.

- If pupils require their inhaler then staff must inform parents.
- All staff should be aware of which children have asthma, be familiar with the content of their individual action plan and have read the academy's Asthma policy.
- All staff must ensure children have immediate access to their emergency medicines.
- Maintain effective communication with parents including informing them if their child has been unwell at academy
- Ensure children have their medicines with them when they go on a academy trip or out of the classroom.
- Be aware of children with asthma who may need extra support.
- Liaise with parents, the child's healthcare professionals, SENCO and welfare officers if a child is falling behind with their work because of their condition.
- Ensure all children with asthma are not excluded from activities they wish to take part in.
- Parents to be informed if child/young person has used their inhaler due to asthma symptoms.

Safe storage

- Emergency medicines are readily available to children who require them at all times during the academy day.
- Most children at this academy carry their emergency medicines on them at all times and keep them securely or they are kept within quick reach (eg. in the classroom).
- For children whose health care professionals /parents advise the academy that their child is not yet able or old enough to self-manage their condition, staff know exactly where to access their emergency medicines.

References:

1. Asthma UK
<https://www.asthma.org.uk/about?gclid=CJqmpbWsrM0CFYdAGwod4KQEnQ&gclid=CJqmpbWsrM0CFYdAGwod4KQEnQ>
2. Department of Health (2015), Guidance on the use of emergency salbutamol inhalers in schools

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/416468/emergency_inhalers_in_schools.pdf

Appendix 1

Asthma Action Plan

Dear Families,

We have your child _____ on our records as suffering from Asthma and having an inhaler in academy.

Attached is a Academy Action Plan (2 sided) that we need you to complete and return to academy ASAP. This is so we have as much information as possible about your child's Asthma diagnosis.

Please can you also answer the following questions:

- *Does your child have a preventer Inhaler and or any other Asthma Medication?*
- *If yes, does your child take this each morning and evening?*
- *Does your child have a spacer to use with their inhaler?*
- *If yes, does academy have a spare spacer with the academy inhaler?*

Yours faithfully

Veronica Walker
Head of School

Appendix 2

School Action Plan

Date:

Name:.....	Affix photo here
Date of birth:.....	
Allergies:.....	
Emergency contact:.....	
Emergency contact number	
Doctor's phone number:.....	
Class.....	

What are the signs that you/your child may be having an asthma attack?

Are there any key words that you/your child may use to express their asthma symptoms?

What is the name of your/your child's reliever medicine and the device?

Do you/your child need help in taking their inhaler? (please circle) Yes No

What are your/your child's known asthma triggers?

Do you/your child need to take their reliever medicine before exercise? (please circle) Yes No

If YES, Warm up properly and take 2 puffs (1 at a time) of the reliever inhaler 15 minutes before any exercise unless otherwise indicated below:

I give my consent for school staff to administer/assist my child with their own reliever inhaler as required. Their inhaler is clearly labelled and in date.

Signed..... Date.....

Print Name.....

Relationship to child.....

CONSENT FORM
USE OF EMERGENCY SALBUTAMOL INHALER

Child showing symptoms of asthma/having asthma attack

1. I can confirm that my child has been diagnosed with asthma/has been prescribed an inhaler (delete as appropriate)
2. My Child has a working, in-date inhaler, clearly labelled with their name, which they will bring with them to school every day/that will be left at school (delete as appropriate)
3. In the event of my child displaying symptoms of asthma, and if their inhaler is not available or is unusable, I consent for my child to receive salbutamol from an emergency inhaler held by the school for such emergencies

Signed

Date.....

Name (print).....

Relationship to child.....

Child's Name.....

Class.....

Parent's address and contact details:

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Telephone.....

Email.....