

Public Health Nursing Children's Service
(School Nursing)
c/o Clinical Admin Services
Level 5, New Mill,
Victoria Road
Saltaire
BD18 3LD
Tel No: 01274 221203
www.betterliveshealthyfuturesbw.nhs.uk
www.bdct.nhs.uk
<Today's date>

Dear Parent/Carer

We know that children grow and develop at their own rate and at the time of starting school, children will be at different stages within their development. In this letter there is a checklist of things we would be expecting a child who is ready to start their education to be achieving. Please read through this and if you have any concerns regarding your child, please contact the service on the above number to request an appointment in a ready to learn clinic, which will take place over the coming months.

Your child should now be registered with a dentist and have had a check-up. If you have not registered your child with a dentist, a full list of NHS dentists within your area can be found on the NHS choices website.

When your child commences reception year either in an educational setting or home schooled their care will be handed over to the School Nursing service.

Ready to Learn checklist

The purpose of the activities and links below are to inform you of what we would expect a child who is ready to learn to be achieving and to provide the opportunity to seek help and advice if there are any worries about your child. You may already know your child is delayed in their development and may take longer to reach certain developmental milestones. Some children will already be receiving support from other specialist services and it's important to remember that every child is unique. Getting support early can help each child reach their full potential.

Usually by this age most children can:

- Walk and run with ease and climb with confidence
- Kick a ball forcibly, attempts to throw and catch a ball
- Climb on and off nursery furniture
- Rides a tricycle using pedals
- Can stand and walk on tiptoe but mainly walks with feet flat on floor, can stand momentarily on one foot.
- Picks up small items and can build a small tower of bricks
- Has a large vocabulary, asks many questions beginning 'What?' 'Where?' and 'Who?' can say his/her name and sometimes age when asked.
- Holds a pencil in preferred hand, copies circles and attempts to draw a person with a head.
- Listens to stories and demands favourites over and over again.

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Trust Chair: Dr Linda Patterson
Chief Executive: Therese Patten

- Knows several nursery rhymes to repeat and sometimes sing.
- Counts from one up to ten or more.
- Plays with use of good imagination and joins in make-believe play with other children.
- Eats with use of fork and spoon.
- Attempts to dress themselves.
- Tell you when he/she needs to use toilet/potty and is successfully trained. Maybe dry through the night with the occasional accident.

Also, please consider whether your child's immunisations are up to date and if not contact your GP to arrange for an appointment for outstanding immunisations to be given.

Safety equipment around the home is very important e.g. safety gates, door and window locks, cleaning products and medication locked away out of reach.

It is important to contact us if you have any concerns, or would like advice about your child's:

- Hearing, language or vision
- Behaviour
- Height and weight
- Eating problems
- Toilet training

If you would like to book an assessment, or have any concerns about the development of your child(ren), please contact us on **01274 221203**.

Dates and Times of Clinics:






DATE	TIME	HUB	DATE	TIME	HUB
Friday 1st May:	9.30-1pm 1-4.30pm	Barkerend Farcliffe	Weds 15th July	9.30-4pm	Gateway
Friday 8th May:	9.30-1pm 1-4.30pm	TFD Gateway	Thurs 23rd July	9.30-4pm	Reevy
Tues 12th May:	9:15-12:45 1-4.30pm	Shiplely Lib Farcliffe	Tues 28th July	9.30-4pm	Rainbow
Thurs 21st May:	9.30-1pm 1-4.30pm	Reevy Rainbow	Weds 5th Aug	9.30-4pm	Farcliffe
Thurs 28th May:	9.30-1pm 1-4.30pm	Farcliffe Barkerend	Thurs 13th Aug	9.30-4pm	Shiplely Lib
Tues 2nd June:	9.30-1pm 1-4.30pm	TFD Gateway	Weds 19th Aug	9.30-4pm	TFD
Friday 12th June:	9:15-12:45 1-4.30pm	Shiplely Lib Farcliffe	Weds 26th Aug	9.30-4pm	Barkerend

Yours sincerely,

BDCFT School Nursing Team



Useful information

	<p>Please be assured that any information you share with us, will be treated in the strictest confidence, and kept safely and securely within your electronic health record. Any information which is necessary to provide direct care is recorded and stored on the basis that it is our public task as a Trust to provide health care. The School Nursing Service is part of a wider team providing care and support to you and your family, known as the Public Health Nursing Children's Service. We sometimes need to share information with the wider team, including your name, address, date of birth and NHS number. We do not share any personal information without your consent, except where there are concerns for the safety of you and/or your family. You can find out more about how we record and store information on our Trust website: www.bdct.nhs.uk/wp-content/uploads/2021/08/Family-Health-Services-Privacy-notice-August-2021.pdf</p>
	<p>Please be aware that we are a teaching organisation and as such may have Student Nurses with us at contacts. If you do not wish to have students present at any informal discussions or appointments, then please contact us in advance.</p>
	<p>Wherever possible we will aim to meet your communication, access, & information needs as per the Accessible Information Standard. Please inform the team of your accessibility & / or accessibility to information requirements.</p>
	<p>We recognise that language is very important to providing great patient care and work with language interpreters and translators to reduce communication barriers between our services and patients- please contact us on the above telephone number so we can arrange an interpreter in your preferred spoken language.</p>
	<p>We may contact you via text message.</p>

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