

Homemade bread,
selection of seasonal
vegetables / fresh salad
and fresh fruits served
daily

Stanbury Village School

Wk 1 - 3rd Nov, 24th Nov,
15th Dec, 5th Jan, 26th Jan,
16th Feb, 9th Mar, 30th Mar
Wk 2 - 10th Nov, 1st Dec,
22nd Dec, 12th Jan, 2nd Feb,
23rd Feb, 16th Mar, 6th Apr
Wk 3 - 17th Nov, 8th Dec,
29th Dec, 19th Jan, 9th Feb,
2nd Mar, 23rd Mar, 13th Apr

MON

TUES


WED

THUR

FRI

WEEK 1

**Southern Fried Chicken
Goujons & Garlic Mayo**
(Red Tractor Accredited pre fried
Breaded Chicken, served with Garlic
Mayonnaise & baked Jacket Wedges)

 **Crispy Dippers**
(A blend of Vegetables and Pota-
to coated in Breadcrumbs served
with Ketchup and baked Jacket
Wedges)

 **Spaghetti Marinara**
(A Tomato and mildly spiced
Sauce combined into cooked
Spaghetti, topped with Cheese)


**Assorted Jacket Potatoes /
Selection of Sandwiches**

 **Pears & Ice Cream
with Syrup**
(Vanilla Ice Cream with
Tinned Pear Slices with a
Chocolate flavoured Syrup)

 **Mexican Style Burrito**
(Rice, Sweet Potato, Beans
& Vegetables seasoned with
Mexican spices & baked in a
Tortilla wrap)


 **Creamy Mac
& Cheese**
(A Macaroni Pasta dish, coated
in a Creamy Mature Cheddar
Sauce, served with Crusty Bread)

 **Pasta Bolognese**
(A rich Tomato sauce with Soya
Mince, Peppers and Herbs)


**Assorted Jacket Potatoes /
Selection of Sandwiches /
 Hot Sub Roll**

 **Strawberry Sponge
& Custard**
(Homemade, light Vanilla
Sponge with a
Strawberry Jam swirl,
served with Custard)

Roast Meat Dinner
(Red Tractor Accredited Meat (either
Gammon, Turkey or Pork Loin) served
with Yorkshire Pudding, Roasties &
Gravy)

 **Toad in the Hole**
(Quorn Sausage Baked in a
light Batter, served with Roast
Potatoes)


 **Garden Harvest Tikka
& Rainbow Rice**
(Indian inspired aromatic
Vegetable Curry served with
Rainbow Rice)


**Assorted Jacket Potatoes /
Selection of Sandwiches /
 Hot Sub Roll**


 **Fruity Flapjack**
(A sweet Bar made with
Oats, Golden Syrup &
Butter with Fruit)

**Minced Beef & Onion Pie
with Gravy**
(Red Tractor Accredited Beef Mince
& Onions in a light shortcrust Pastry
served with Creamed Potatoes &
Seasonal Vegetables)


 **Golden Cheese Roll**
(Cheese mix wrapped in Puff
Pastry, served with Creamed
Potatoes & Seasonal
Vegetables)

 **Pomodoro Pasta**
(A simple, delicious rich Tomato
Sauce with Beans, served with
Garlic Bread)

**Assorted Jacket Potatoes /
Selection of Sandwiches /
 Hot Sub Roll**

 **Chocolate Sponge
& Chocolate Sauce**
(Homemade, light
Chocolate Sponge, served
with Chocolate Sauce)

 **Classic Cheese &
Tomato Pizza with
Coleslaw & Salad**
(Wholemeal 50/50 Base topped
with a lightly spiced Sauce and
topped with Mozzarella/Cheddar
Cheese)

 **Mini Power Ball Pizza**
(Wholemeal 50/50 Base topped with
a lightly spiced Sauce and topped
with Mozzarella/Cheddar Cheese &
Meatless Balls)

 **Arrabiata Pasta**
(Chilli Tomato Sauce with
Lentils and Peppers, served
with Pasta & Crusty Bread)

**Assorted Jacket Potatoes /
Selection of Sandwiches**

 **Banana Muffins**
(A fluffy Vanilla Sponge,
with Bananas & drizzled
with Icing)


WEEK 2

**MSC Battered
Fish Fillet**
(MSC Battered Fillet of Fish,
served with Baked Jacket Wedges)

 **Vegetable Pakoras**
(Mixed Vegetables & Onion
coated in Tempura Batter,
served with Baked Jacket
Wedges & Raita)


 **Spaghetti Marinara**
(A Tomato and mildly spiced
Sauce combined into cooked
Spaghetti, topped with Cheese)


**Assorted Jacket Potatoes /
Selection of Sandwiches**


 **Marble Sponge &
Chocolate Sauce**
(Homemade Sponge with
hints of both Vanilla &
Chocolate Cake, served
with Chocolate Sauce)

**Beef & Red Lentil
Bolognese & Garlic
Bread**
(Red Tractor Accredited Beef Mince
& Lentils in a Tomato Sauce served
with Pasta & Garlic Bread)

 **Golden Cheese Flan**
(Mature Cheddar Cheese & Egg
Baked in a Pastry Case, served
with Seasoned Potatoes)

 **BBQ Quorn Pasta**
(Quorn Pieces in a Barbeque
flavoured Tomato Sauce, served
with Wholemeal Pasta)


**Assorted Jacket Potatoes /
Selection of Sandwiches /
 Hot Sub Roll**

 **Apple Crumble
& Custard**
(Sliced Apples topped with
Oat Crumble, served with
Custard)

Roast Meat Dinner
(Red Tractor Accredited Meat (either
Gammon, Turkey or Pork Loin) served
with Yorkshire Pudding, Roasties &
Gravy)


 **Hearty Shepherd's
Pie**
(Soya Mince, Veg and Gravy
filling, topped with Mashed
Potato)


 **Zingy Peppers Pasta**
(A zingy Tomato Sauce with
Peppers served with Pasta)


**Assorted Jacket Potatoes /
Selection of Sandwiches /
 Hot Sub Roll**


 **Decorated
Fruit Jelly**
(Jelly with Fruit, topped
with Fresh Cream)


**Non Fried Breaded
Chicken Burger in a Bun**
(Red Tractor Accredited Chicken
Burger, served in a White Bun with
Baked Potato Wedges)

 **Loaded Quorn
Burger in a Bun**
(Served in a White Breadcake
with Baked Jacket Wedges)

 **Pomodoro Pasta**
(A simple, delicious rich Tomato
Sauce with Beans, served with
Garlic Bread)

**Assorted Jacket Potatoes /
Selection of Sandwiches /
 Hot Sub Roll**

 **Sprinkle Cake**
(Homemade Vanilla
Sponge, lightly topped with
Water Icing and Sprinkles)

 **Classic Cheese &
Tomato Pizza with
Coleslaw & Salad**
(Wholemeal 50/50 Base topped
with a lightly spiced Sauce and topped
with Mozzarella/Cheddar Cheese)

 **Super Savoury Roll**
(Flaky Puff pastry with a
seasoned filling served with
Salad & Coleslaw)

 **Arrabiata Pasta**
(Chilli Tomato Sauce with
Lentils and Peppers, served
with Pasta & Crusty Bread)

**Assorted Jacket Potatoes /
Selection of Sandwiches**

 **Gallydale Biscuits**
(Homemade, crumbly,
Oaty Biscuit)

WEEK 3

**MSC Breaded Fish
Fillet Fingers**
(MSC Fish Fillet Fingers, served with
Seasoned Potatoes)

**MSC Salmon &
Sweet Potato Fishcake**
(MSC Salmon & Sweet Potato, served
with Seasoned Potatoes)


 **American Style
Quorn Hot Dog**
(Quorn Sausage, served in a White
Bun with Seasoned Potatoes)


 **Chickpea Tikka Masala**
(Chickpea's cooked in a Tikka
Masala Sauce, served with
Basmati Rice)

**Assorted Jacket Potatoes /
Selection of Sandwiches**

 **Chocolate
Crispy Crunch**
(A sweet Bar made from
puffed Rice, Cocoa & Syrup)

**Creamy Chicken Pasta
& Crusty Bread**
(Red Tractor Accredited diced Chicken
in a homemade Creamy Sauce with
Garlic, served with Penne Pasta)

 **BBQ Quorn Pasta**
(Quorn Pieces in a Barbeque
flavoured Tomato Sauce, served
with Wholemeal Pasta)


**Assorted Jacket Potatoes /
Selection of Sandwiches /
 Hot Sub Roll**

 **Vanilla Sponge**
(Homemade, light Vanilla
Sponge with a hint of
Vanilla, served with Custard)

**Sausage in Gravy with
Yorkshire Pudding**
(Red Tractor Accredited Sausage,
served with Yorkshire Pudding)


 **Savoury Mince
topped Tatties**
(Soya Mince, Vegetables &
Potatoes, served with a
Yorkshire Pudding)


 **Chinese Curry**
(A Chinese Style Vegetable
Curry served with Rainbow
Rice)


**Assorted Jacket Potatoes /
Selection of Sandwiches /
 Hot Sub Roll**


 **Peaches & Ice
Cream with Syrup**
(Vanilla Ice Cream with
Tinned Peach Slices with a
Chocolate flavoured Syrup)


**Loaded Wedges with a
Mild Mexican Chilli &
topping**
(Red Tractor Accredited Beef Mince
in a mild, homemade Chilli Sauce,
served on Baked Jacket Wedges)


 **Golden Cheese Whirl**
(Cheese, Potato & Onion
encase in Puff Pastry, served
with baked Jacket Wedges)


 **Pomodoro Pasta**
(A simple, delicious rich Tomato
Sauce with Beans, served with
Garlic Bread)

**Assorted Jacket Potatoes /
Selection of Sandwiches /
 Hot Sub Roll**


 **Apple Cake**
(Baked Vanilla Sponge with
blended Apples & topped
with Icing Sugar)

 **Classic Cheese &
Tomato Pizza with
Coleslaw & Salad**
(Wholemeal 50/50 Base topped
with a lightly spiced Sauce and topped
with Mozzarella/Cheddar Cheese)

 **Loaded
Rainbow Pizza**
(Wholemeal 50/50 Base topped
with a lightly spiced Sauce, and
topped with Mozzarella/Cheddar
Cheese & Vegetables)

 **Arrabiata Pasta**
(Chilli Tomato Sauce with
Lentils and Peppers, served
with Pasta & Crusty Bread)

**Assorted Jacket Potatoes /
Selection of Sandwiches**

 **Chocolate Sponge
& Chocolate Sauce**
(Homemade, light
Chocolate Sponge, served
with Chocolate Sauce)



the **food quarter**

FM SERVICES

For full allergen
& nutritional
information
head to our app

