



# Stanbury Village School

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Thursday 29<sup>th</sup> January 2026

Dear Parents/Carers,

## Children's Mental Health Week

From 9<sup>th</sup> to 13<sup>th</sup> February, we are taking part in Children's Mental Health Week. This year's theme is 'This is my place' which is all about having a sense of belonging. At school we will be exploring this theme further in our classes throughout the week.

<https://www.place2be.org.uk/> this website has created activities and resources to help children and adults explore the different ways that they can share their thoughts, feelings and ideas around this theme.

There are lots of resources on the Children's Mental Health website: <https://www.childrensmentalhealthweek.org.uk/> that you can use with your children at home, including activity ideas and tips for parents and carers.

We will be holding a 'Wear your scarf to school' Day on Thursday 12<sup>th</sup> February to show support for our PSHE Curriculum – SCARF. We hope everyone will join in and help promote positive mental health in our fantastic school!

Yours sincerely,

Laura Hadley  
Deputy Head

