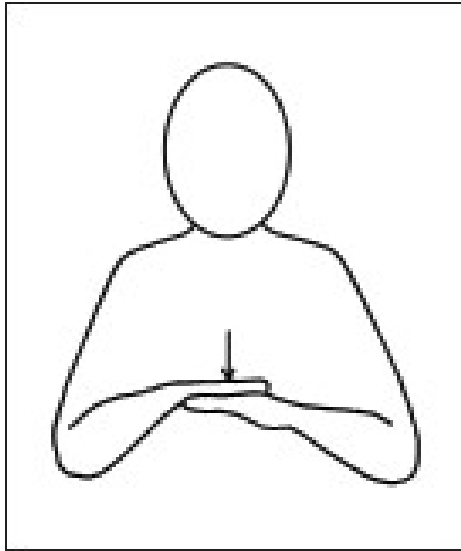




Sit down

**Ensure that you say the word,
as you sign.**