

# Shipton Bellinger Primary School

## Weekly Newsletter No.4

### Friday 25th September 2026



Dear Parents and Carers,

We started the week with a focus on our PSHE curriculum. Every year group across the school had a special SCARF Workshop. EYFS focused on 'all about me', Year 1 focused on 'my wonderful body', Year 2 focused on 'feelings', Year 3 focused on 'meet the brain', Year 4 focused on 'it's great to be me', Year 5 focused on 'friends' and Year 6 focused on 'decisions'. The children really enjoyed their time in the SCARF tent and demonstrated excellent behaviour.



If you haven't already done so, please can you ensure that your child's Home School Agreements, Safeguarding Forms and AUP are completed as soon as possible and returned to the school.

Next week your children will be bringing home their first Half termly Progress Review for the academic year. This is an opportunity to see how your child has transitioned into their new year group and a quick snap shot of your child's progress and attainment before our Parent Consultations in November.



|                             | Reading | Writing | Maths | Learning Behaviour |
|-----------------------------|---------|---------|-------|--------------------|
| Milestone 1 Parents Evening | EXS     | EXS     | WTS   |                    |
| Spring 1                    | EXS     | EXS     | CT    | ***                |
| Milestone 2 Parents Evening | EXS     | CT      | WTS   | ***                |
| Summer 1                    | EXS     | WTS     | WTS   | ***                |

\* WTS (working towards the expected standard), CT (close to working at the expected standard), EXS (working at the expected standard), \*\*\* (exceeding the expected standard)

I hope you have a lovely weekend and if you have any concerns, queries or questions, please do not hesitate to contact us.

From Miss Seed

## PHOTO PERMISSIONS

On Monday your child will come home with a new photo permissions form due to updated guidance that has been published. Please can you complete the form and send it back into school as soon as possible. Please keep an eye out for the form on Monday!

## JAG HALF TERM HOLIDAY CLUB




**HOLIDAY HQ**

# OCTOBER

## HALF TERM

### HOLIDAY CAMP

**LAUNCHING OCTOBER 2026**

- Action-packed activities every day - sports, games, crafts, challenges & more
- Mission Starlight this October - a new space-themed adventure every day
- Make, create & take it home - including our Solar System Planetarium
- Great-value holiday childcare - with offers & discounts available

**SCAN TO FIND YOUR HOLIDAY HQ & BOOK NOW**



## MISSION CONTROL IS CALLING...



### OCTOBER PROGRAMME

Give your child an October half term filled with activities, creativity, active play, new experiences and plenty of fun at Holiday HQ. With exciting activities throughout the day and a programme designed to keep children engaged, Holiday HQ offers October half term childcare that's about much more than simply filling the school holidays. Find your nearest October half term holiday club and join Mission Starlight.

#### DAILY ACTIVITIES INCLUDE:

- Big adventures bringing each day's theme to life
- Fun challenges to test skills, teamwork & confidence
- Imagine it. Create it. Make it yours

### MAKE YOUR OWN PLANETARIUM

**PLUS - 100+ WAYS TO PLAY WITH CHILDREN'S CHOICE EVERY DAY**

- Save with Early Bird
- Sibling Discounts Available
- Book Ad Hoc or Weekly
- Tax-Free Childcare Accepted

**SCAN TO FIND YOUR HOLIDAY HQ & BOOK NOW**

0333 577 1533  
HELLO@JUNIORADVENTURESGROUP.CO.UK



### 🚀 Mission Starlight Is Ready for Launch! 🌟

This **October half-term**, JAG's Holiday HQ camp is coming to our school with their Mission Starlight theme — a week of active games, creative activities, challenges and plenty of choice throughout the day.

Children will build and test Rocket Launchers, take on Meteor Dodgeball, create Fizzing Moon Art, hunt in the dark and even make their own Solar System Planetarium to take home.

📅 **26-30 October** - (Check our school page on the JAG website for full details.)

👶 **Ages 4-11**

👉 **See What's On This October Half-Term**

#### What this means for families

- ✓ Safe, structured days delivered by experienced, DBS-checked staff
- ✓ Ofsted-registered holiday childcare you can trust
- ✓ Book only the days you need
- ✓ Flexible cancellation if plans change — check our school page for details
- ✓ Tax-Free Childcare accepted

For parents, it means reliable October half-term cover, active days for children and a smoother, more organised week — without the stress of planning every day yourself.

#### Book early and save

★ **Early Bird – Save 10%**

Use code **STARLIGHT10** when you book by **Sunday 4 October**.

👨👩 **Sibling discount – Save 10%**

Automatically applied when booking more than one child

📅 **Multi-day booking discount – Save 4%**

Applied when booking four days or more within the same week

All eligible discounts are combined automatically at checkout.

👉 **Find our school page** 📅 **Make a booking** 🗨️ **Have any questions?**

☎ 0333 577 1533

✉ hello@junioradventuresgroup.co.uk



## HARVEST FESTIVAL THURSDAY 8TH OCTOBER

On Thursday 8th October we will be having our annual Harvest festival at St. Peter's Church. There will be two services, one for EYFS and KS1 and one for KS2. The timings will be as follows:

EYFS and KS1 - Cygnus and Pegasus Classes- 9:45am

KS2 - Orion and Cassiopeia Classes - 11am

We ask if you are planning to attend the service, please arrive at 9:35am (EYFS and KS1) or 10:50am (KS2) in case we arrive sooner and can get started as soon as possible. If you are able to help walk to the church, we aim to be leaving between 9am and 9:15am for EYFS and KS1 and around 10:30am for KS2. If you are able to walk for either service please let your child's class teacher know.



# Harvest appeal



### Help support Andover Foodbank this Harvest

So far this year the Foodbank has supported 4700 people in our community with over 40,000 meals and other essential items

#### Donate food



Donate 1 or 2 items so we can provide food for people in your community who cannot afford the essentials

#### Donate money



Help to cover our operating costs, including a Citizens Advice caseworker to provide financial support

### Shopping list

- Tinned meat meals
- Tinned/instant potatoes
- Tinned soup/spaghetti
- Tinned fruit/veg
- Rice 500g
- Rice pudding/custard
- Pasta sauce
- Milk (long life)
- Breakfast cereal
- Biscuits/Chocolate

01264 362111

[andover.foodbank.org.uk](http://andover.foodbank.org.uk)

Registered charity in England & Wales 1199568



#### Annual flu vaccination

Dear parent/carer

We are coming to Shipton Bellinger School on Wednesday 7 October 2026 to give pupils their annual flu vaccination and would like your consent to vaccinate your child.

#### How to respond

It's important to let us know whether you do or do not want your child to have the vaccination. It will take less than 5 minutes to respond using the link below.

#### Flu Vaccination

**Form** <https://www.hiowhealthcareimmunisations.co.uk/Forms/Flu?schoolcode=SH115947>

**You need to respond by 9am Monday 5 October.** Please enter the Year group that your child is currently in.

If you cannot use the online form, you can respond over the phone using the contact details below.

#### About the children's flu vaccine

The vaccine protects against flu, which can cause serious health problems such as bronchitis and pneumonia. It is recommended for children from Reception to Year 11 every year.

[Find out more about the children's flu vaccine on NHS UK](#)

You can also find a range of [information resources about the vaccine on GOV.UK](#), including in other languages.

#### How the vaccine is given

Most children are given the vaccine as a nasal spray. This is a quick and painless spray up the nose and offers the best protection against flu.

The nasal spray contains a small amount of gelatine derived from pigs (porcine gelatine). If your child does not use gelatine products, or cannot have the nasal spray for medical reasons, you can choose an alternative injected vaccine that has no gelatine or any other animal product. You can request this in the consent form. This vaccine will be given at the session in school. Please contact either the school immunisation team or your school if you want to be present for this.

[Find out more about the use of gelatine in the flu vaccine \(including the views of faith communities\)](#)

#### Contact us

Speak to a member of our team by calling 02382 318318 or email [hiowh.nwimms@nhs.net](mailto:hiowh.nwimms@nhs.net)

From the NHS School Age Immunisation Service

#### School Age Immunisation Service



## Your child's Flu vaccine is due



### FLU: 5 REASONS TO GET PROTECTED AGAINST FLU

1. Protect your child - The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia.
2. Protect you, your family and friends - Having the vaccine will help protect more vulnerable friends and family.
3. No injection needed - The nasal spray is painless and easy to have. (A porcine free injection is available)
4. It's better than having flu - The nasal spray helps protect against flu and has been given to millions of children worldwide and has an excellent safety record.
5. Avoid costs - If your child gets flu, you may have to take time off work or arrange alternative childcare.

The Immunisation team will be in the school on

Wednesday 7 October



Scan the QR code to complete a flu consent form (even if you wish to opt out)

#### School Code

SH115947

For more information, visit our website:

[www.healthforkids.co.uk/hampshire/annual-nasal-flu-vaccination-programme/](http://www.healthforkids.co.uk/hampshire/annual-nasal-flu-vaccination-programme/)

## UNIFORM

It is great to see that so many of our families are taking notice of our new uniform expectations. As always, we do not expect branded school uniform, but offer this as an option to purchase, this includes the three different size backpacks they offer at competitive prices. All our expectations and guidance in relation to uniform can be found on our school website: <https://www.shiptonbellinger.hants.sch.uk/our-school/uniform>

This can also be found in our School Expectation Booklet: <https://www.shiptonbellinger.hants.sch.uk/key-information/policies>

We understand that there may be a one-off isolated incident where your child is unable to wear their school uniform and we ask that you kindly communicate this with us. We may contact you to discuss how we can help and provide a suitable timeframe to resolve the issue. Circumstances should not be a barrier to providing uniform or looking smart. If your child is eligible for free school meals, we can support the cost of some uniform should this be needed. Please speak to the school office who will be able to help you further. At school, we also offer a 'Pre-Loved' range of uniforms which is available in our school reception area.



## FIJI DAY - WEDNESDAY 7TH OCTOBER

On Wednesday 7th October, we will be having our very own Fijian Day. This is a way for us as a school to recognise the importance of other cultures that we have within our school and celebrate all of our uniqueness. We ask that children come into school wearing blue or other colours from the Fijian flag/ hawaiian/ floral based clothes.



## EYFS TOURS

If you have a child who is starting school in September 2026, please see our attached flyer regarding tour dates. These can be booked via the school office. Please pass on this information to anybody you may know who is looking for a school for their child next academic year too! Please also see the poster advising how to apply for your School place in September 2027.

A flyer for Shipton Bellinger Primary School. It features a blue header with the school name and a 'STAR' logo. Below is a yellow section with the text 'Is your child starting school in September 2027? Come and visit us and have a tour around our school.' and 'OPEN DAYS' in large blue letters. A list of dates and times for open days is provided. At the bottom, it says 'OUR VISION' and 'Please call or email to book in.' with contact details.

**Shipton Bellinger Primary School**

**Is your child starting school in September 2027?**  
Come and visit us and have a tour around our school.

**OPEN DAYS**

Thursday 15th October - 9.30am  
Tuesday 20th October - 9.30am  
Thursday 5th November - 9.30am  
Tuesday 10th November - 9.30am  
Wednesday 18th November - 9.30am  
Thursday 26th November - 9.30am

**OUR VISION**  
At Shipton Bellinger primary School our core purpose is to provide a safe and respectful learning environment where everyone can grow and achieve together.

Please call or email to book in.  
Phone - 01980 843369  
Email - [adminoffice@shiptonbellinger.hants.sch.uk](mailto:adminoffice@shiptonbellinger.hants.sch.uk)

A flyer for starting school in September 2027. It features a blue header with the text 'Starting school in September 2027'. Below is a yellow section with the text 'If your child is 4 or will turn 4 before 1 September 2027, they can start school in September 2027'. A red section contains the text 'Applications open for Hampshire residents on 1 November 2026' and 'THE NATIONAL CLOSING DATE FOR APPLICATIONS IS FRIDAY 15 JANUARY 2027 DON'T MISS IT!'. At the bottom, it says 'For more information go to www.hants.gov.uk/admissions'. The flyer also includes a 'BEST START IN LIFE' logo and a photo of four smiling children.

**Starting school in September 2027**

If your child is 4 or will turn 4 before 1 September 2027, they can start school in September 2027

Applications open for Hampshire residents on 1 November 2026

THE NATIONAL CLOSING DATE FOR APPLICATIONS IS FRIDAY 15 JANUARY 2027 DON'T MISS IT!

For more information go to [www.hants.gov.uk/admissions](http://www.hants.gov.uk/admissions)

**BEST START IN LIFE**

## DONATIONS FOR CYGNUS CLASS

Cygnus would be grateful for any of the below donations:

Small, metal toy cars + any accessories such as hot wheels loop the loop track.

Monster trucks (big and small)

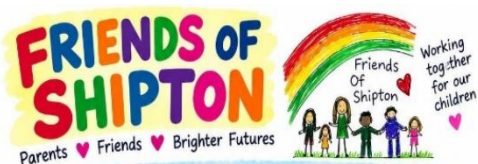
Accessories for dolls

Barbie dolls + clothing

Buckets and spades for sand play. Thank you for your support with this!



## FRIENDS OF SHIPTON



**"No one can do everything  
but everyone can do something"**

The FOS team is a group of parent volunteers who raise funds to provide extra materials and experiences for our children that wouldn't normally be possible within the school budget.

**We want to keep school life fun, exciting  
and good value for everyone!**

**> CAN YOU HELP? <**

There are lots of ways to get involved, no matter how small!

### JOIN THE FOS COMMITTEE

- Meet just 1 hour per month
- Ideally 1 parent per class
- Very informal – new members always welcome!

### BE A GENERAL SUPPORTER

- Join our email list
- We'll get in touch when we need advice or extra help with ideas and activities.

### HELP AT EVENTS

- Lend a hand at fun events like movie nights, cake sales or raffles
- Usually 10 minutes – 2 hours
- We'll contact you when events are coming up.

**♥ Together we can make  
a big difference! ☀**

To get involved, please complete and return the slip to the school office.

Thank you – THE FOS TEAM ♥



**Parsons  
Pumpkin Patch**  
Nr. Bulford

Look out for raffle tickets coming home to win on our of 'Boo Baskets', including pumpkins kindly donated by Parsons Pumpkin Patch



Also, look out for our 'Fundraising Football Cards' coming home next week

22<sup>nd</sup> October – Spooks and Sparkles Disco

13<sup>th</sup> November – Cake Sale / Children in Need

## CYGNUS CLASS



We have had another wonderful week full of learning and excitement in Cygnus! We started our week by revisiting our STAR values and each child decorated a stone to add to our whole school STAR display. We talked about different patterns they could make such as spots, stripes and zig zags and the children also practised these on large scale using chalk. We continued to talk about our feelings and actions we can take if we see a friend looking sad or cross, such as seeing if they'd like a cuddle or to read a book together. Everyone really enjoyed our SCARF workshop where we met 'Happy, Healthy' Harold the giraffe who helped us to think about steps we can take to keep ourselves well, such as sleep and exercise and we learnt about the parts of the body. In Phonics we learnt the letters m,n,i,d. In Literacy we shared our family photos and talked about who was important to us. We also read lots of Julia Donaldson stories - our 'Author in the Spotlight'. In Maths we practised our subitising of numbers 1-3 and made different representations of each number. We explored colour mixing using the primary colours of red, yellow and blue to paint numbers and letters and were excited to discover that we can make purple, orange and green using these colours. In PE we practised using the equipment that we keep in our Cygnus garden, throwing and catching balls, balancing beanbags, skipping ropes and hoops. We also had a visit from Mrs Shaw, our school chef, who shared her home grown harvests of onions, a pumpkin and beans!



We also enjoyed our first 'Wild Welly Wednesday' in our outdoor classroom. We talked about how to stay safe when we're outside and the children searched for bugs, painted with mud, dug holes and attempted the stick swing! A fun-filled week of learning!



## PEGASUS CLASS

What a week, Pegasus!



The children have really made us proud this week. They have all settled into school so well and are now fully engaging in all aspects of their learning. In English we have begun exploring the text 'We're All Wonders' and the children have been exploring how we are all different. They have learnt about the words 'different' and 'wonder' and have been putting these to good use during our lessons.



In Maths we have been working on our addition and subtraction, focussing on how numbers can be partitioned in different ways and learning about parts and wholes. The year 2s have expanded on this by consolidating their knowledge of number bonds to 10 and recognising the different ways of making those numbers.

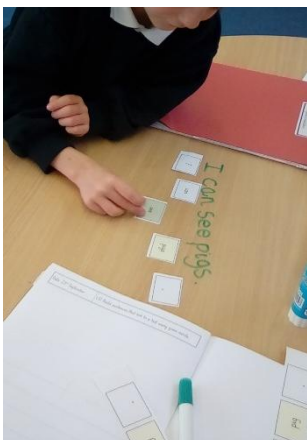


We had great fun on Monday and Tuesday during our Scarf Workshops. The children engaged with the Scarf lead adult really well and made us all proud.

In PE we have been exploring running - we've become cars and zoomed around the field, moving from gear 1 (slo-mo!) to Gear 5 (sprinting). We've zoomed around roundabouts, launched over bridges and come to an emergency stop!

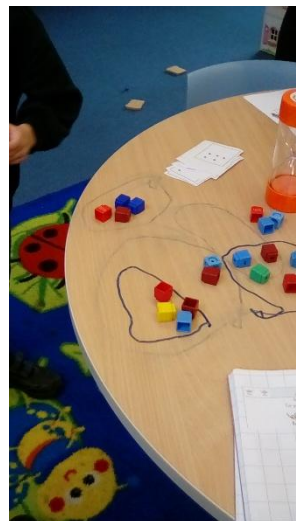
A brilliant week!

## CONSTELLATION ROOM

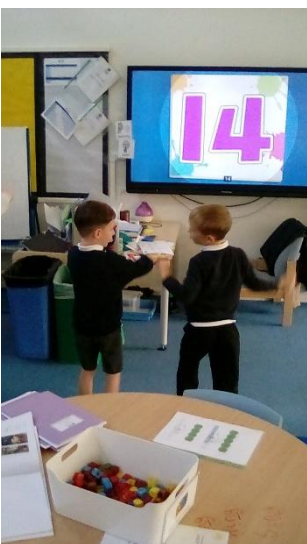


We have had a very busy and exciting week filled with lots of fun learning and activities!

In English, we have been reading the wonderful book *Piggy*. We have really enjoyed exploring the story and taking part in lots of activities. We have been unscrambling words and practising writing sentences about what we can see in the book. For example, we wrote sentences such as, "I can see a pig on the pot." We have been working hard on our

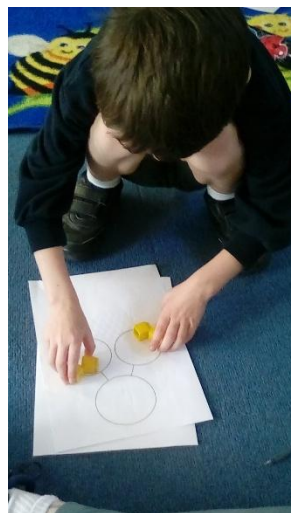


phonics, vocabulary and sentence writing.



In Maths, we have been learning to subitise numbers. We started by looking at numbers from 1–5 and practising recognising quantities without needing to count each object. By the end of the week, we were becoming confident at recognising numbers as a whole. We used part-whole models and multilink cubes to help us understand and represent numbers in different ways.

We have also loved spending time reading our books with the adults in our classroom. We have enjoyed sharing stories together, as well as listening to adults read stories aloud to us. We are developing a real love of books and storytelling!



In Art, we have been learning about the artist Paul Klee. We looked at his artwork and were inspired to create our own self-portraits. We enjoyed thinking carefully about our features and using our creativity to represent ourselves.

In Science, we have been learning about our bodies. We worked together outside to draw around each other and then labelled different parts of the body, including our heads, hands and feet. We also had lots of fun singing and dancing along to *Head, Shoulders, Knees and Toes*, helping us to learn and remember different body parts. It has been a very busy week full of learning, creativity, movement and fun! We are so proud of all the hard work and enthusiasm everyone has shown.

## ORION CLASS



What a fantastic week we have had in Team Orion!

In maths this week we have enjoyed using concrete resources to represent numbers. We used counters to create a visual model for greater than, less than and equal to before comparing a range of two and three digit numbers. It was fun to use different resources to support us with our learning.



Our first squash session was also a great success. We enjoyed working with partners on some strategic game play. For Year 4s, we have begun to build on our skills from the previous sessions last year, and our Year 3s enjoyed their first session with Mr May.



In English, we have been busy writing our own retellings of The Dragon Slayer, based on a clip from Literacy Shed. The children have really enjoyed planning their stories and thinking carefully about how they can make their writing exciting for the reader. We have also been working on the different ways we can refer to 'the dragon', using a range of nouns and phrases to avoid repetition. It has been wonderful to see the children putting all of the skills they have developed over the past few weeks into their own stories!



We were also very lucky to have a visit from SCARF this week. We spent some of Monday and Tuesday in the SCARF tent with Harold the giraffe! The children learned about the difference between mental and physical health and discussed the different ways we can look after ourselves and the people around us. There were lots of thoughtful conversations, and the children showed great maturity when talking about how we can support



our own wellbeing and help others too.

In Science, we started an egg-speriment! We have been learning about our teeth and looked closely at the enamel, the protective coating that helps to keep our teeth safe. We discussed which foods and drinks can damage our enamel and why it is important to enjoy these in moderation. We also talked about the importance of brushing our teeth twice a day.

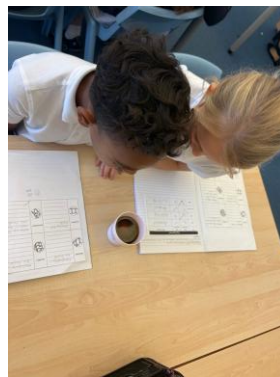
There was certainly no shortage of excitement when it came to investigating our results. Mr Steinson definitely loved pouring them out!



We then set up our very own investigation. We placed eggs into different liquids including cola, lemon juice, milk and water and left them overnight. The next day, we checked our eggs to see what had happened. The acidic and sugary liquids had changed the outer layer of the eggshell, which represented the effect these types of drinks can have on our enamel, whereas the eggshells in the more neutral liquids remained largely unchanged.



There was certainly no shortage of excitement when it came to investigating our results. Mr Steinson definitely loved pouring them out!



In Music with Mrs Lane this week, we continued our Anglo Saxons topic by using instruments to create our own pieces of music. Working in small groups, the children experimented with different sounds, rhythms and instruments to create what they imagined Anglo Saxon music might have sounded like. It was fantastic to hear their creativity and teamwork as they brought their ideas together.



Overall, we have had a wonderful week in Orion. The children have worked incredibly hard, challenged themselves and thrown themselves into every opportunity. We are so proud of everything they have achieved this week.



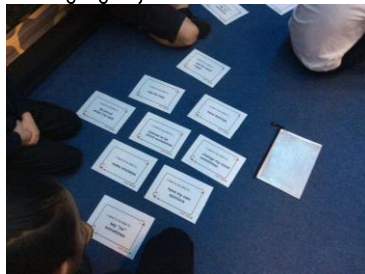
## CASSIOPEIA CLASS

**We have had a busy week in Cassiopeia this week!**

Our squash sessions began with Mr May which the children thoroughly enjoyed.



We also had a visit from SCARF and enjoyed the workshops. The theme was about looking after our mental health as well as physical health. Year 5 thought about friendships and peer pressure. Through role play we explored the influence of friends on decision making. We explored how drugs can be used for medical and non-medical reasons. The risks of smoking and alcohol were also discussed alongside the laws around this. Year 6 explored decision making and the impact it can have on someone's mental and physical health. Through interactive activities, the children explored aspects of peer dynamics and risk taking in relation to alcohol and devised strategies for managing influence and risk. We also considered how online activity is healthy and balanced.



In writing, we have been planning and writing our persuasive letter to Mr Johnston (the Mayor of Colorado) about the reintroduction of the Grey Wolf into the parks and wild.

We have included persuasive features such as modal verbs, cohesive devices, subordinate clauses to help make our letter clear and formal.

In Maths, we have focused on rounding numbers up to 1,000,000 for year 5 and 10,000,000 for year 6 to the nearest 10, 100, and 1,000. We have also continued with arithmetic and the 9 times table making sure that we feel confident at recalling facts quickly.

Year 6 also enjoyed some buddy time with Year R.



|                                   |                                                                                |
|-----------------------------------|--------------------------------------------------------------------------------|
| Tuesday 28th September            | Year 5 Swimming                                                                |
| Wednesday 29th September          | Phonics and Early Reading Workshop for Parents - 2:30pm                        |
| Thursday 30th September           | Half Termly Progress Reviews sent home                                         |
| Tuesday 6th October               | Year 5 Swimming                                                                |
| Wednesday 7th October             | Whole School Flu Immunisations                                                 |
| Wednesday 7th October             | Open Afternoon - 3:10pm                                                        |
| Wednesday 7th October             | Fiji Day - children to come into school wearing the colours of the Fijian flag |
| Thursday 8th October              | Harvest Festival - EYFS/KS1 9:45am and KS2 11am<br>Harvest Lunch               |
| Tuesday 13th October              | Year 5 Swimming                                                                |
| Thursday 15th October             | New EYFS School Tours for 2027 9:30am                                          |
| Tuesday 20th October              | Year 5 Swimming                                                                |
| Tuesday 20th October              | New EYFS School Tours for 2027 9:30am                                          |
| Thursday 22nd October             | FoS Disco - Spooks and Sparkles<br>Spooks and Sparkles Lunch                   |
| Thursday 22nd October             | School Nurse Clinic                                                            |
| Friday 23rd October               | Last day of Autumn Term 1                                                      |
| Monday 26th - Friday 30th October | HALF TERM - SCHOOL CLOSED                                                      |
| Monday 2nd November               | Start of Autumn Term 2 - children return to school                             |
| Monday 2nd November               | SAFE School Values Day                                                         |
| Monday 2nd November               | Individual and Sibling School Photos                                           |

|                                   |                                                                                                 |
|-----------------------------------|-------------------------------------------------------------------------------------------------|
| Tuesday 3rd November              | Year 5 Swimming                                                                                 |
| Wednesday 4th November            | Cassiopeia Class Family Assembly - 2:30pm                                                       |
| Thursday 5th November             | New EYFS School Tours for 2027 9:30am                                                           |
| Thursday 5th November             | Bonfire Lunch                                                                                   |
| Monday 9th and Tues 10th November | Year 6 Bikeability                                                                              |
| Tuesday 10th November             | Year 5 Swimming                                                                                 |
| Tuesday 10th November             | New EYFS School Tours for 2027 9:30am                                                           |
| Wednesday 11th November           | Remembrance Service at School 2:30pm                                                            |
| Thursday 12th November            | Interfaith day                                                                                  |
| Friday 13th November              | Children In Need - Children to wear something spotty with their school uniform<br>FoS Cake Sale |
| Monday 16th November              | Anti-Bullying week - children to come into school wearing odd socks                             |
| Tuesday 17th November             | Year 5 Swimming                                                                                 |
| Tuesday 17th November             | Maths workshop for our families 2:30pm                                                          |
| Wednesday 18th November           | New EYFS School Tours for 2027 9:30am                                                           |
| Wednesday 18th November           | Orion Class Family Assembly - 2:30pm                                                            |
| Thursday 19th November            | Provisional Date for FoS Sponsored Event - more details to follow                               |
| Tuesday 24th November             | Parent Consultations                                                                            |
| Wednesday 25th November           | Pegasus Class Family Assembly - 2:30pm                                                          |
| Thursday 26th November            | Parents Consultations                                                                           |
| Thursday 26th November            | New EYFS School Tours for 2027 9:30am                                                           |
| Friday 27th November              | INSET DAY - School closed for children                                                          |

All dates and timings are accurate at the time of publication but are subject to change

## CHILD HEALTH CLINICS\*

The Community Public Health Advisors from the Andover & Winchester Public Health Nursing Team(5-19yrs) are offering support with your primary aged child's health

Scan the QR code  
to book a 30-minute slot at  
Beech Hurst, Andover



How do I manage  
challenging behaviour?

Why does my child wet the bed?

Where can I access support  
for my child's anxiety?

How do I encourage  
healthy eating?

\* These slots should not be used as a place to seek advice regarding specific medical conditions

**NHS**  
Hampshire and  
Isle of Wight Healthcare  
NHS Foundation Trust

### The Nurture Programme

from your local Health Visiting Service

Health for  
Under 5s

**BEST  
START  
IN LIFE**

@hampshirehealthyfamilies

#### Hello!

If you have a 3-4-year-old, come and find out how to get the best out of family life.

#### What is the Nurture Programme?

This programme will help you to:

- Understand your child's emotions and behaviour
- Build positive parent-child relationships
- Support healthy boundaries and manage behaviour
- Improve parental wellbeing and confidence by having the tools to help you

#### How long is it?

10 x two hour sessions with a tea and coffee break

It's important to come to all ten sessions to get the most out of the course, as they fit together like a puzzle. We know that life happens, if you can't make one, please let us know.

Best wishes,  
Your local Health Visitors



Scan for places  
and dates

To : The parents/carers

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