

Dear Parents/Carers

You will be aware that as a part of your child's educational experience at Pen Mill Infant and Nursery Academy we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives our young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

From September 2020 the Department for Education made Relationships Sex Education and Health Education compulsory in all schools.

Relationships Education

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online. Your child will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, your child's school will cover how to treat each other with kindness, consideration and respect.

By the end of **primary school**, pupils will have been taught content on:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

You can find further detail by searching relationships and health education on [**GOV.UK**](https://www.gov.uk).

Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

By the end of **primary school**, pupils will have been taught content on:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Facts and risks associated with drugs,
- alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

You can find further detail by searching 'relationships and health education' on [**GOV.UK**](https://www.gov.uk).

All of the sessions will be age-appropriate and meet the needs of all pupils in the class.

How will this be delivered?

At Pen Mill Infant and Nursery academy, we have adopted the' Coram Scarf' curriculum that provided us with a progression lessons and resources. For more detail of our comprehensive PSHE curriculum , please visit the school's website.

All PSHE teaching will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally.

Right to withdraw your child

You cannot withdraw your child from Relationships Education because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

The science curriculum also includes content on human development, growth and how to stay healthy, which there is no right to withdraw from.

We recognise that parents play a vital part in their child's RSE, and we encourage you to discuss these themes with your child at home as well. If further advice or support is required, or if you have any questions about the programme or would like to view the resources, please don't hesitate to speak to your child's class teacher or the Head teacher.

Useful information

<https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study/national-curriculum-in-england-science-programmes-of-study#key-stage-1-programme-of-study---years-1-and-2>

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RSE_primary_schools_guide_for_parents.pdf

<https://www.coramlifeeducation.org.uk/scarf/>

Kind Regards

Emma Ashworth