

## **If you are bullied:**

### **DO:**

- Ask them to **STOP** if you can. Use eye contact to tell them to go away.
- Try to ignore them.
- Just walk away.
- Use the class Bubble Book.
- Tell someone.

### **DON'T:**

- Do what they say.
- Get angry or give a reaction.
- Don't think it is your fault.
- Keep it to yourself.

**If you see someone being bullied you must tell an adult straight away.**

The school council members of St Michael's school met to discuss the school's current Anti-Bullying Policy. The pupils agreed that it would help children understand if a child friendly version was produced. Pupils also agreed that a leaflet providing useful information on bullying should also be produced and this would be handed out to current students.

#### **Our school: What we want it to be like**

St Michael's is a happy school where pupils feel valued, respected and part of a big family. It is a school where we are proud to celebrate our differences. Pupils at St Michael's School want everyone to behave in a friendly and respectful way with no bullying.

We believe that everyone at St Michael's School is equal and should be treated equally.

#### **Why we need to have this policy and why it is important to us**

A policy helps everyone to know what is expected of them at St Michael's School. It is very important that pupils help with the policy as we are part of the school.

We believe that everyone has the right to feel happy and safe at school and that any form of bullying is not acceptable. This policy shows that pupils who feel they are being bullied will be supported.

## **St Michael's Primary** **School**



### **Anti-Bullying Leaflet**

### **Pupil Version**

## What is bullying?

A bully is someone who hurts someone else continually by using behaviour which is meant to hurt, frighten or upset another person.

### Bullying is NOT...

- Accidents
- Fighting
- Falling out with friends
- Only once

### Bullying can be

**Verbal:** Name calling

**Emotional:** Hurting people's feelings

**Racist:** Calling you names because of your skin colour.

**Physical:** Pushing and kicking.

**Cyber:** Saying unkind things on social media.

## When is it bullying?

Several

Times

On

Purpose

We promise to always treat bullying seriously.

### What will happen to a bully?

Everyone is expected to follow our school agreement. If this is broken then the following will happen:

- discussion with the member of staff who witnessed bullying
- Mrs Rafferty to be informed
- Parents informed.

## Who can I tell?

- A friend
- Parents/Carers
- Teachers
- Midday Supervisors
- Any other adult

MOST IMPORTANTLY

If you are being bullied:

**Start Telling  
Other People**