



Dear Parent/Guardian,

I am writing to inform you about an exciting sponsored Colour Run that will be taking place at Calder High School on Wednesday 1st and Thursday 2nd July. The event is to celebrate the retirement of Mr Webb after 43 years of dedicated service to the school, whilst the money raised will go to support student health and wellbeing projects at the Calder Learning Trust.

The event aims to bring the community together to honour Mr Webb's commitment and contribution to generations of students, as well as raise awareness of the importance of exercise to improving mental health and wellbeing. Mr Webb has always had a strong passion for running and fitness, making a Colour Run the perfect way to celebrate his retirement. Throughout his years at Calder High, he has encouraged students to stay active and understand the many benefits that exercise offers. Running not only improves physical health by increasing fitness, but it also supports mental wellbeing by reducing stress, improving mood, and helping people feel more positive and confident.

Mental health affects many people every day, and the money raised from this event will help further develop wellbeing provision at the school. We hope the Colour Run will not only raise valuable funds but also encourage open conversations about mental health and reduce stigma.

Students will complete a fun run/walk while being covered in colourful powder at different stages along the route. The atmosphere will be positive, energetic, and fun. To ensure the event is inclusive to all, students will have the option to bypass the colour stations if they do not wish to have coloured powder thrown at them.

There will be 4 events taking place at the following dates and times.

- Year 7 - Thursday period 4
- Year 8 - Wednesday period 4
- Year 9 - Wednesday period 5
- Year 10 - Thursday period 5

With the help of student voice, we have devised 4 different participation options for the event to help students get in to the spirit and have a fun afternoon. Payment for options 1-3 will need to be made by Friday 19th June and is to cover the cost of the items supplied. Students can continue to gather sponsorship money past this date, but needs to be submitted by Friday 10th July. This can either be via ParentPay or cash donations can be brought to the PE office. We encourage pupils to get as much sponsorship as possible, as there will be prizes for the most amount of money raised.

