



Fairfields Primary School

Head Teacher - Mrs Vicky Hopkins

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Dear Parent/Carer,

At Fairfields Primary School we recognise the importance of safeguarding children and ensuring that they know what to do if they don't feel safe. In the week beginning Monday 1st June (please note the Monday is an INSET day) we will be discussing the NSPCC's Underwear Rule in our PSHE lessons and assemblies. During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils the NSPCC's Underwear Rule, using the 'PANTS' acrostic, which is like a green cross code for staying safe from sexual abuse. PANTS stands for:

Privates are private

Always remember your body belongs to you

No means no

Talk about secrets that upset you

Speak up, someone can help

The lessons will introduce a range of ideas; all delivered in a way that is fully age-appropriate. These include:

- "appropriate" and "inappropriate" touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with your child's school, more information can be found at nspcc.org.uk/underwearrule.

If you have any questions or concerns, please don't hesitate to get in touch.

Kind regards

Mrs Kelly Bogalski

Deputy Headteacher

