

## Let's get moving this Walktober!

Get moving for our wellbeing, our community and our planet

## Parent and Carer Information

Travelling actively and sustainably can help make a change for our wellbeing, our community and our planet.

Our school is taking part in International Walk to School Month by joining the Walktober challenge run by the My Journey Team at Hampshire County Council.

We would like as many pupils, families and staff as possible to get involved by walking, wheeling, cycling, scooting, using Park and Stride, or taking public transport throughout October.

There are competitions for pupils and our school to enter for a chance to win some fantastic prizes. Both competitions are fully funded by the UK Government.



myjourneyhampshire.com/walktober







## Walktober 2025 - Pupil Competition

Whether you and your child regularly walk, wheel, cycle, scoot, Park and Stride or take public/school transport - or you're planning to give it a try - by sharing the story of their journey, your child can enter the pupil competition and help support our school's entry too.

## How it works:

- To enter the 'My Walktober Journey' pupil competition, your child should create a report about an active or sustainable journey. They will receive a pupil instruction sheet with information and ideas to include in their report.
- Journey reports could be a written account, poem or rap, voice recording, video, presentation, drawing, map, collage or any other creative idea they'd like to share. If you need a bit of inspiration, visit myjourneyhampshire.com/walktober to see some examples.
- If happy to, journey reports can be handed to a teacher or sent to the school office. We will share these alongside staff stories to help inspire others to swap a car journey for a more active, sustainable one.
- We would also love to hear from any parents and carers who have their own active journey stories to share. Perhaps you walk to school and then catch a bus to work or use a cargo bike for the weekly shop. Your experience could encourage others to give it a go.
- Once complete, visit myjourneyhampshire.com/walktober for competition entry details and the full terms and conditions. The competition closes on Friday 7th November 2025 and winners will be notified by the end of term.

• If you need any assistance entering the competition, please ask if we have a Walktober pupil competition collection point available.



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