

Wheldon Infant School & Nursery

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Headteacher: Mrs H McMullen



Thursday 21st May 2026



Dear Parents and Carers,

As the weather becomes warmer and children spend more time outdoors, we would like to remind everyone about the importance of sun safety. Children's skin is especially sensitive to ultraviolet (UV) rays, and too much sun exposure can increase the risk of sunburn, dehydration, and long-term skin damage.

To help keep all children safe while enjoying outdoor activities, we kindly ask for your support with the following:

- Apply an all-day sunscreen (SPF 30 or higher) to your child before they arrive each day.
- Encourage your child to wear a wide-brimmed hat or cap that provides shade for the face and neck.
- Lightweight clothing that covers the shoulders.
- Please ensure your child brings a full, refillable water bottle to stay hydrated throughout the day.

Staff will encourage children to play in shaded areas during peak sun hours and will remind them to drink water regularly.

By working together, we can help children stay safe, healthy, and comfortable while enjoying outdoor play and learning.

Thank you for your continued support.

Yours sincerely,

Mrs H McMullen
Headteacher

