



Class to 5K

LESS THAN ONE WEEK TO GO...

CLASS to 5K!

Your child is starting next week...

Are you joining them?

This is designed to be a family challenge.



Your child takes part in school



You follow a simple guided session



You complete 2 short sessions together

★ Just 2–3 sessions a week ★



No running experience needed. Walking is part of the plan.



JOIN THE PARENT PLAN HERE: →



20% OFF

WITH CODE:

NEWBURGH20

★ BEST TO JOIN BEFORE WEEK 1 STARTS NEXT WEEK!

≡ We'd love to see families taking part together. ≡

