



St Begh's Catholic Junior School

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Weekly Newsletter

Edition 31: 19th May 2023

Dear Children & Families,

Trips

We have a busy week coming up with residential for our Year 6 and Year 4 pupils. We wish them all a memorable and safe time. Our Year 6s were complemented on their considerate behaviour by a number of members of the public and staff from another school on their trip to the Park yesterday, so York can expect great things from them!

Punctuality

Please aim to arrive between 8:45 and 9:00am if at all possible. Again, we are aware there may be some mornings when this is difficult for those needing to drop off at St. Gregory's first.

Information repeated from previous newsletters

Make-Up

We're noticing a number of children wearing make-up to school recently. They will be asked to remove it from Monday.

Nut Allergies

Reminder for children on packed lunch: we can't have any products containing nuts in school. We have several children with nut allergies (including airborne).

Park Play

We have been approached by Park Play to see if our School would be able to host a Park Play event every Saturday morning. Similar to Park Run, this is an initiative to get us together as a community and enjoy all the benefits of being active. Park Play would require three people to organise and run sessions. Funding is available to offer this as a paid role. Having three people available means that no one needs to commit to every session (the sessions run every week of the year). All training and equipment is supplied.

See copy of flyer below with further details about Play Leaders.

At this stage, we would be grateful if you could spread the word about this to anyone who might be interested. Anyone who is interested can contact School on admin@st-beghs.cumbria.sch.uk



Walking hand in hand in the footsteps of Christ. We are His hands; We are His feet.

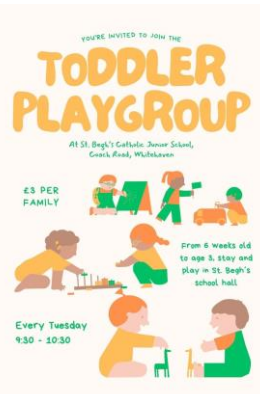
Toddler Group

Charlotte's toddler group started on Tuesday and was well-attended. This is on every Tuesday in term-time 9:30-10:30am in the School Hall. Babies to 3 years old welcome. £3 per family.

Fostering Events

Foster Care Fortnight is coming up from 15th – 28th May. There are a number of events taking place around the county during the fortnight. Please see flyer below and list dates:

- Tuesday 23rd May - Workington drop-in session at Costa Coffee in Washington Square from 12pm to 1pm.
- Wednesday 24th May - [Join our virtual information drop in on Zoom](#) from 7pm to 8pm.
- Thursday 25th May - Fostering Information Stand in the atrium at Cumberland Infirmary, Carlisle from 12 to 2pm.



Fitness Friday

Reminder that children can wear their trainers on a Friday. We have a special run at playtimes where trainers are a must.

Yours faithfully,

Catherine Mallard

PlayLeaders

A PlayLeader is exactly that - the leader of the play.

They are there rain or shine on a Saturday morning to set up, bring the buzz and facilitate their community coming together to be healthy and happy.



"I love being a PlayLeader because ParkPlay has created a real community and from that I have gained dozens of new friendships. Stay at Vange ParkPlay."

What do they do?

PlayLeaders are the backbone of a ParkPlay. They do all sorts, including:

- Set up ParkPlay on a Saturday morning.
- Lead each part of ParkPlay
- Welcome each ParkPlayer with a smile, get to know them and help them build relationships with other ParkPlayers
- Do the things that keep everyone safe
- Be part of our national PlayLeader community



Who makes a good PlayLeader?

PlayLeaders come from all walks of life: pediatric nurses to community liaison officers and from full time mums to security guards. But all PlayLeaders are:

- Connected to their community
- On the front foot and willing to take the initiative
- A people person through and through
- Empathetic towards everyone they meet
- There to conduct everyone's play, not coach or teach them
- Positive, inspiring and energetic people



What they gain

If you're looking to give back to your community, inspire those around you to be healthier and happier, develop your leadership skills, meet and play with new people in your area, be more active yourself, or connect to a national movement that's growing all the time, then being a PlayLeader is for you.

But don't just take our word from it - [hear what our PlayLeaders have to say!](#)