



## St Begh's Catholic Junior School

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### Weekly Newsletter

Edition 30: 12<sup>th</sup> May 2023

Dear Children & Families,

#### Year 6

Well done to our Year 6 pupils who have completed their SATs this week. You worked hard and kept smiling! Enjoy the weekend.

#### Make-Up

We're noticing a number of children wearing make-up to school recently. They will be asked to remove it from Monday.

#### Nut Allergies

Reminder for children on packed lunch: we can't have any products containing nuts in school. We have several children with nut allergies (including airborne).

#### Park Play

We have been approached by Park Play to see if our School would be able to host a Park Play event every Saturday morning. Similar to Park Run, this is an initiative to get us together as a community and enjoy all the benefits of being active. Park Play would require three people to organise and run sessions. Funding is available to offer this as a paid role. Having three people available means that no one needs to commit to every session (the sessions run every week of the year). All training and equipment is supplied.

See copy of flyer below with further details about Play Leaders.

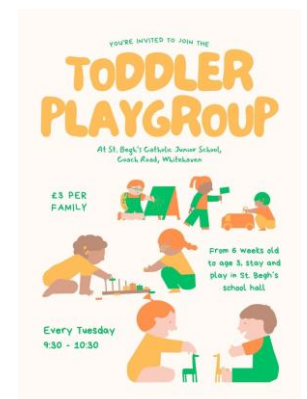
At this stage, we would be grateful if you could spread the word about this to anyone who might be interested. Anyone who is interested can contact School on [admin@st-beghs.cumbria.sch.uk](mailto:admin@st-beghs.cumbria.sch.uk)

#### Toddler Group

Charlotte's toddler group started on Tuesday and was well-attended. This is on every Tuesday in term-time 9:30-10:30am in the School Hall. Babies to 3 years old welcome. £3 per family.

#### First Communion

Our First Communion group will meet for their last session on Monday after school. They will do some last-minute preparation during the week too in school time.



Walking hand in hand in the footsteps of Christ. We are His hands; We are His feet.

*Information repeated from previous newsletters*

## Fostering Events

Foster Care Fortnight is coming up from 15<sup>th</sup> – 28<sup>th</sup> May. There are a number of events taking place around the county during the fortnight. Please see flyer below and list of dates:

- Tuesday 23<sup>rd</sup> May - Workington drop-in session at Costa Coffee in Washington Square from 12pm to 1pm.
- Wednesday 24<sup>th</sup> May - [Join our virtual information drop in on Zoom](#) from 7pm to 8pm.
- Thursday 25<sup>th</sup> May - Fostering Information Stand in the atrium at Cumberland Infirmary, Carlisle from 12 to 2pm.

## Fitness Friday

Reminder that children can wear their trainers on a Friday. We have a special run at playtimes where trainers are a must.

Yours faithfully,

Catherine Mallard

**Cumbria Fostering**

Become part of Cumbria's biggest family

Find out more about **Fostering**

...in Foster Care Fortnight from 15-28 May

Attend our fostering drop in on **Tuesday 23 May** at Costa Coffee in Washington Square, Workington from 12pm to 1pm.

0300 013 2065

cumbriafostering.org.uk

Fostering for Cumberland Council and Workington & Furness Council

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**Items we recycle**

<b>Jewellery</b> Unwanted gold & silver including damaged items Custom Jewellery Watches	<b>Coins &amp; Currency</b> Banknotes & Coins Any currency UK or foreign of any age (unexchangeable currency)
<b>Mobile Phones, Cameras &amp; Gadgets</b> Mobile Phones - Video Cameras Old Film Cameras - Digital Cameras - Sat Navs Game Consoles - Games & Accessories - iPods MP3 Players - Tablet Computers	<b>Stamps</b> Loose / Single Stamps First Day Covers Presentation Packs

Donors: Please place your items into the sack provided at your designated drop off point.  
Drop off point representative: Call Recycling For Good Causes on 0800 633 5323 (freephone) when your sack is full or weighs over 10kg for your free collection.

# PlayLeaders

**A PlayLeader is exactly that – the leader of the play.**

They are there rain or shine on a Saturday morning to set up, bring the buzz and facilitate their community coming together to be healthy and happy.



"I love being a PlayLeader because ParkPlay has created a real community and from that I have gained dozens of new friendships." Stu at Kongs ParkPlay

## What do they do?

PlayLeaders are the backbone of a ParkPlay. They do all sorts, including:

- Set up ParkPlay on a Saturday morning.
- Lead each part of ParkPlay
- Welcome each ParkPlayer with a smile, get to know them and help them build relationships with other ParkPlayers
- Do the things that keep everyone safe
- Be part of our national PlayLeader community



## Who makes a good PlayLeader?

PlayLeaders come from all walks of life: pediatric nurses to community liaison officers and from full time mums to security guards. But all PlayLeaders are:

- Connected to their community
- On the front foot and willing to take the initiative
- A people person through and through
- Empathetic towards everyone they meet
- There to conduct everyone's play, not coach or teach them
- Positive, inspiring and energetic people



## What they gain

If you're looking to give back to your community, inspire those around you to be healthier and happier, develop your leadership skills, meet and play with new people in your area, be more active yourself, or connect to a national movement that's growing all the time, then being a PlayLeader is for you.

But don't just take our word from it - [hear what our PlayLeaders have to say!](#)