



Cumberland
Council

Cumbria's Holiday Activity and Food Programme

Copeland Area

cumberland.gov.uk



Book sessions in your area now!

Visit cumberland.gov.uk/holidays to search the range of activities available.

- Bookings will work on a first-come-first served basis – and places are limited.
- Some activity providers offer transport.
Visit cumberland.gov.uk/holidays for full details.
- Dates are liable to change, please contact the activity provider for more information.

Who is it for?

The Holiday Activity Programme is aimed at all school-age children and young people (Reception-Year 6).

- Places are FREE for young people who receive benefits related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Interested in any of the activities listed in this leaflet?
Visit cumberland.gov.uk/holidays to book holiday activities now!
Or use the booking information provided.

The HAF email for enquiries: HAF@Cumberland.gov.uk

- If you are not eligible for a free place many providers offer paid places – please contact them to discuss your options.
- Many of our providers cater for children with additional needs, please contact the provider to discuss your child's needs and suitability of the session.



Department
for Education

The Creative Cup (47 High Street, Cleator Moor) & The Columba Club (Market Street, Cleator Moor)

Description: A creative journey around the world to teach the children ways to be kind, to others, to themselves and to the planet and all its inhabitants. Involve physical activity each day with a healthy hot meal.

Age range: 5-16

Dates: 14th-17th Aug, 21st-24th Aug, 29th-31st Aug at the Creative Cup.

Each Friday at the Columba Cup Cleator Moor: 18th, 25th Aug, 1st & Monday 4th Sep

Times: 8am-3pm

Booking information: Text 074324 33690 or Email hello@thecreativecupcumbria.org

Cumbria Cricket (Whitehaven Cricket Club, Richmond Terrace)

Description: Fun, outdoor multi-sport sessions where children can learn new physical skills and make new friends in a team environment. Meals included.

Age range: 5-11

Dates: 24th, 25th & 31st July, 1st, 7th, 8th, 14th & 15th Aug

Times: 10am-2pm

Booking information:
To book visit: <https://booking.ecb.co.uk/d/30qv6r/>

Egremont Youth Partnership (The Core, Chapel Street)

Description: Summer fit and fun, meals included.

Age range: 8-12 / 13-16

Dates: 24th-27th July, 31st July-3rd Aug, 7th-10th & 21st-24th Aug

Times: 12pm-4pm

Booking information: Call 01946 329642 or Email Egremontyouthpartnership@gmail.com

The Endorphins Group (Whitehaven Youth Harbour Club, Swingpump Lane)

Description: Our inclusive programme will consist of enriching activities to develop positive health indicators and life skills. Meal included.

Age range: 5-16

Dates: 28th July, 2nd-4th, 9th -11th, 16th -18th, 23rd -25th & 30th Aug-1st Sep

Times: 10am-2pm

Booking information: Call 0330 1332642 or Email bookings@endorphins.uk

E.S.K.K Martial Arts (Cumbria Academy for Autism, Braithwaite Road, Workington)

Description: Martial arts, fitness, fun games and nutrition. Meal included.

Age range: 6-11

Dates: 24th-26th July

Times: 10am-2pm

Booking information:
Call 077298 34944 or Email info@eskk.co.uk

The Football Fun Factory (Campus Whitehaven, Red Lonning)

Description: Unique Football Fun Camp with Giant Inflatable Goal, Target & Pitches, for all abilities! Meals included.

Age range: 5-12

Dates: 31st July-4th Aug & 29th Aug-1st Sep

Times: 9am-3.30pm

Booking information: Email scott@thefootballfunfactory.co.uk

Frizington Nursery School & Pre School

Description: An action-packed holiday club for children ages 4-8, the children will be crafting, baking, gaming, playing and taking part in outdoor activities.

Meals included.

Age range: 4-8

Dates: Monday-Friday 20th July-1st Sep

Times: Morning Session: 7.30am – 12.30pm

Afternoon Session: 12.30pm-5pm (Friday 4pm)

All day session: 7.30am – 5pm (Friday 4pm)

Booking information: Call 01946 810846 or Email admin@frizington-nur.cumbria.sch.uk

GLL Cleator Moor Activity Centre

Description: We offer a day filled with Multi-Sports, craft, lunch and an hour on our Bouncy castle and obstacle course. Meal included.

Age range: 5-10

Dates: 25th-27th July, 1st-3rd, 8th-10th, 15th-17th, 22nd-24th & 30th Aug

Times: 10am-2pm

Booking information: Email BetterHealthCopeland@GLL.org

GLL Copeland Pool and Fitness Centre

Description: Free 1 hour Swim Session every Wednesday during the summer holiday's. Option of two different swim sessions, Inflatables or general swim. Meal included.

Age range: 10-16

Dates: 26th July, 2nd, 9th, 16th, 23rd & 30th Aug

Times: Between 1pm-1:45pm Inflatable Swim / 2pm2:45pm General Swim

Booking information: Email BetterHealthCopeland@GLL.org

GLL Whitehaven Sports Centre

Description: We offer a day filled with Multi-Sports, craft, lunch and an hour on our inflatable obstacle course. Meals included.

Age range: 5-10

Dates: 24th, 28th, 31st July, 4th, 7th, 11th, 14th, 18th, 21st & 25th Aug, 1st Sep

Times: 10am-2pm

Booking information: Email BetterHealthCopeland@GLL.org

Little Explorers (Leconfield Estate, Cleator Moor)

Description: Summer childcare, providing fun, activities and outings throughout Summer. Meals included.

Age range: 5-8

Dates: 31st July- 4th Aug & 7th-11th Aug

Times: 9am-1pm & 1pm-5pm
Monday & Tuesday. 9.30am-2pm
Wednesday, Thursday & Friday

Booking information: Call
01946 813111 or Email
Holidayclub22@aol.com

Millom Recreation Centre

Description: Sports, arts & crafts, bouncy castle sessions, Gymnastics and Circus skills. Meals included.

Age range: 5-14

Dates: 24th-26th July, 31 July- 2nd Aug, 7th-9th, 14th -16th, 21st-23rd & 29th Aug

Times: 10am-2pm

Booking information: Call
01229 774985 or Email Staff@
MillomRecreationCentre.co.uk

Rosehill Youth Theatre at The Solway Hall, Whitehaven

Description: Performing art activities with films, art, craft, games and activity workshops. Meals included.

Age range: 5-16

Dates: 26th, 31st July, 9th, 14th, 17th, 21st & 23rd Aug

Times: 10am-4pm

Booking information: Email
thesolwayhallactivities@outlook.com

RV Projects (Cleator Moor Youth & Community Centre)

Description: An introduction to DJing and Music Production for beginners through to experienced masters who want to develop their skills. Meals included.

Age range: 7-16

Dates: 24th-27th July, 29th-31st Aug & 1st Sep

Times: 4pm-8pm

Booking information: Email
jonny@cosmosclub.events

Shackles Off (The Guide Hall, Millom)

Description: Friends, food and fun.

Age range: 8-18

Dates: 25th-27th July, 1st-3rd, 8th-10th, 15th-17th & 25th Aug (day trip)

Times: Tuesday & Thursday:
4:30pm-6:30pm for 8-12
year olds / 6:30pm-8:30pm for
13-18 year olds

Wednesday: 12pm-4pm

Booking information: Email:
Bethany.Taylor@shacklesoff.org.uk

**South Whitehaven Youth
Partnership - Junior
(St Peter's Community Hall)**

Description: Fit, Fun, Fed -
Summer activities for Juniors

Age range: 8-12

Dates: 25th & 26th July, 1st, 3rd,
8th, 10th, 15th, 17th, 22nd, 24th,
29th & Day trip 31st Aug (Full day)

Times: 11am-3pm

Booking information: Email
admin@swyp.org.uk or
call 01946 458438

**South Whitehaven Youth
Partnership - Junior
(St Benedict's RUFC)**

Description: Fit, Fun, Fed -
Summer activities for Juniors

Age range: 8-12

Dates: 26th & 28th July, 2nd, 4th,
9th, 11th, 16th, 18th, 23rd, 25th,
29th, Day trip 31st Aug (Full day)

Times: 11am-3pm

Booking information: Email
admin@swyp.org.uk or
call 01946 458438

**South Whitehaven Youth
Partnership - Senior
(St Peter's Community Hall)**

Description: Fit, Fun, Fed -
Summer activities for seniors

Age range: 12-16

Dates: 25th & 26th July, 1st, 3rd,
8th, 10th, 15th, 17th, 22nd, 24th,
29th & Day trip 31st Aug (Full day)

Times: 6.30pm-8.30pm

Booking information: Email
admin@swyp.org.uk or call
01946 458438

**South Whitehaven Youth
Partnership - Senior
(Mirehouse Community Centre)**

Description: Fit, Fun, Fed -
Summer activities for seniors

Age range: 12-16

Dates: 26th & 28th July, 2nd, 4th,
9th, 11th, 16th, 18th, 23rd, 25th,
29th, Day trip 31st Aug (Full day)

Times: 6.30pm-8.30pm

Booking information: Email
admin@swyp.org.uk or
call 01946 458438

St Bees School

Description: Jam-packed activity
and adventure programme
suitable for children aged 6-16.

Meals included.

Age range: 6-15

Dates: Week 1: 24th-28th July,
Week 2: 14th-18th Aug

Times: 10am-4pm (early drop off
and late pick up available)

Booking information: Email
Ann.stott@stbeesschool.co.uk or
go to <https://schoolactivity.co.uk>
(select Active 8)