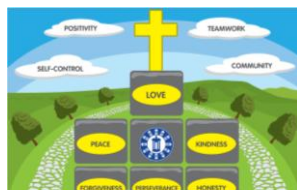


# Higham St John's C of E Primary School



Headteacher: Mrs H. Shaw FCCT NPQH



*One school family rooted in God's Love  
One more step...  
'Let us keep in step with the Spirit.'  
Galatians 5:25*

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Instagram: @highamstjohnsschool

Date: Friday 12<sup>th</sup> June 2026

## Weekly Newsletter

- Our Christian value for this half term is HONESTY.
- Our Bible quotation for this week is:  
Philippians 4:8  
*'Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.'*
- The children have learnt about the Apostle St Paul and how he converted to Christianity after the miracle on the road to Damascus

## NSPCC Speak Out Stay Safe

Last week, the children in Y2, Y5 and Y6 attended special assemblies and workshops led by the NSPCC on how to 'speak out' to ask a trusted, safe adult to keep them safe.

**We are a safe school.** Through our PSHE/RSE curriculum and special assemblies, we regularly talk to the children about ways in which they can talk about their worries and keep themselves safe or ask for support. The children know who the trusted adults are in their lives. We hope that they came home and told you about the assemblies.

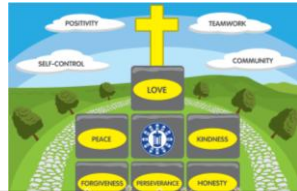


The children met the character 'buddy' who is the mascot from the NSPCC's campaign. Buddy is a speech bubble and helps the children to learn about the importance of telling a trusted adult if they feel unsafe or something is happening which worries them.

## The children were taught about Childline and learned the number: 0800 1111

Childline is free to call. Childline counsellors are ready to take the calls 24 hours a day, 7 days a week. Childline counsellors are also available to chat with online or via email. The line is available to all children and young people under 19 years of age.

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## Healthy Eating: guidance for parents and carers

The Eatwell guide helps parents and carers to make the right choices for their children's diet.

Information can be accessed via the following link:

[Eatwell Guide NHS](#)

## PTA Events

Key Stage 2 are invited to attend a disco on Thursday 9<sup>th</sup> July, 5pm – 6:30pm.

Reception and Key Stage 1 will be having a teddy bear's picnic with games, a drink and a biscuit on Wednesday 8<sup>th</sup> July during the school day.

The PTA will also be present after the Y6 Leavers' service outside the church to offer a celebratory drink, biscuit or cake to our Y6s and their families.

## Year 6 Leavers' Disco

Thursday 9 July 26

To mark this very special occasion, the PTA are arranging a leavers disco for our amazing Year 6 children.

All Key Stage 2 children are invited!

Tickets will be on sale soon through the School Gateway app at £5 per child. (inc drink and snack)

## Competition Winners! Year 6 Police Station competition!

Congratulations to our Y6 competition winners who visited the new Police station in Nelson earlier this week (picture below from our Instagram page).



highamstjohnsschool

Well done to our Year 6 winners who now have their art work displayed in the new Nelson police station. The children had a fantastic time looking around the new building, seeing the work of the police dogs and testing out some of the police equipment. The children were very proud to see their art on display there too! 🎉 🙌 🙌

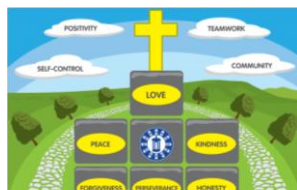
2d

View insights

Boost post

13 likes  
2 days ago

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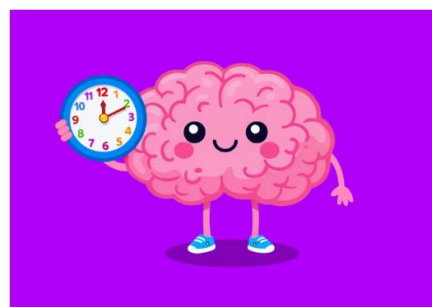
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### Screen time: government guidance for parents

The 'Best Start in Life' government website is a really useful resource for parents of young children.

[This link](#) will take you to some guidance on the importance of limiting screen time for your child which we now know can affect brain development in your child.



Below are some key points from the new guidance:

- **90% of brain growth happens before age 5.** Young children learn best through warm, responsive interactions with parents and carers
- A large amount of screen time is linked with negative effects on children's health and development. It can affect social, emotional, language and brain development, sleep, eyesight and healthy weight.
- **Under 2 years:** Avoid screen time other than for shared activities with family that encourage bonding, interaction and conversation.
- **2-5 years:** Try to keep it to 1 hour a day. Less if possible.
- Some children with special educational needs or disabilities (SEND) may need a more tailored approach when it comes to screens. Screen-based assistive technology can be an important tool to help some children and families communicate and take part in everyday activities.

### Children's Commissioner Survey: The Big Future

Dame Rachel de Souza, Children's Commissioner, has launched The Big Future survey. She would like as many children and young people as possible across the country to complete the survey. Details on how your child can participate can be found to the right.

The Commissioner's priorities are: better world; community; children's social care; school; family; jobs and skills; health.

She would like to gather the thoughts and opinions of young people from across the country to find out what the nation needs to do to support future generations.

Further details are available on the official website which can be accessed by following [this link](#).

**CHILDREN'S COMMISSIONER**

# THE BIG FUTURE

The Children's Commissioner, Dame Rachel de Souza, has launched The Big Future survey.

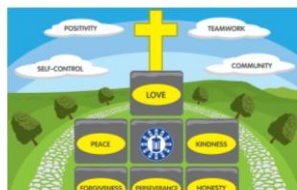
It's your chance to have your say on what it's like to be a child or young person in England today - what you love, what worries you, how you have fun, and the changes you want for a better future.

There are questions about voting, school, your area, online safety, and space for you to tell her what you think is important!

**It takes less than 10 minutes to complete the survey.**

**Take part now:**  
[childrenscommissioner.gov.uk/thebigfuture](http://childrenscommissioner.gov.uk/thebigfuture)  
#TheBigFuture @childrenscommissioner

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## Important Dates this term:

**Monday 15<sup>th</sup> June** – Father's Day Service (Y3 and Y4) – 2:30pm at St John's Church, Higham

**Tuesday 16<sup>th</sup> June** – Sycamore Class trip to Towneley Hall

**Friday 19<sup>th</sup> June** – Y4 and Y5 trip to Outdoor Elements

**Thursday 25<sup>th</sup> June** – Sports Day (rearranged date) – 9:30am – 11:30am

(Please note: the PTA will be selling sweets and popcorn to parents from 9:15am)

**Monday 22<sup>nd</sup> June** – New Reception Intake Transition Visit – 9:30am – 11am

**Monday 29<sup>th</sup> June** – New Reception Intake Transition Visit – 9:30am – 11am

**Tuesday 7<sup>th</sup> July** – SATs Results published to schools

**Wednesday 8<sup>th</sup> July** – 2pm YR, Y1 and Y2 Teddy Bears' Picnic

**Thursday 9<sup>th</sup> July** – Sports Cool after school club CANCELLED

**Thursday 9<sup>th</sup> July** – Y6 Leavers' Disco – 5pm – 6:30pm (KS2 invited to attend)

**Friday 10<sup>th</sup> July** – End of year reports published to parents

**w/c Monday 13<sup>th</sup> July** – Transition Week / Leavers' Week

**Wednesday 15<sup>th</sup> July** – Leavers' Lunch

**Wednesday 15<sup>th</sup> July** – Y6 Leavers' Service – 2:30pm, St John's Church, Higham

**Thursday 16<sup>th</sup> July** – Y6 Leavers' Assembly – 2:30pm, school hall

**Friday 17<sup>th</sup> July** – School closes at 1:30pm for the summer holidays

## 'Steps for School': Helping prepare your child for starting primary school

The Government's Best Start In Life website has some great advice for parents and carers on helping to prepare your child for the important first step of starting their first year in school.

There is even a song to help the children remember! Click on [this link](#).

The 'Steps for School' are:

- Using the toilets and washing their hands
- Getting dressed independently
- Eating independently
- Communicating their wants and needs
- Listening to and following simple instructions
- Interacting happily with others
- Paying attention for short periods of time (note: not to a screen!)
- Sharing and taking turns
- Sharing and taking turns
- Beginning to recognise and talk about feelings
- Beginning to spend time away from you

Watch MC Grammar's 'Steps for School' song with your child for a fun way to start to practise everyday skills together.

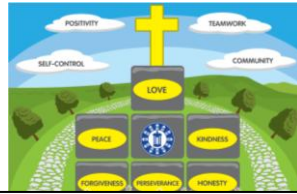


**Steps for School: skills to practise together**

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## Musical instrument lessons

Well done to the children who performed in our special end-of-year music assembly this week. You really inspired everyone with your musical talents!

There will be some places for guitar, keyboard and woodwind lessons in the autumn term when our current Year 6 cohort have left. If your child is interested in learning a new instrument, please contact the school office for more information about costing and how to sign up.

## School Sports Kit: Sponsorship Request

Our PTA would like to purchase a new sports kits for our upper key stage 2 children. After our success as the worthy runners up in this year's small schools football tournament, we think it is only right that part of the legacy of this success is that we provide a new, high-quality kit for our future teams!

If you or your business would like to sponsor our team and help us to purchase the much-needed kit, please contact the school office.

The sponsor's company name or logo will be printed onto the shirts of the kit in recognition and thanks for the donation.

Please note: company sponsorship will only be accepted from suitable ethical and age-appropriate companies (i.e. no alcohol, gambling, or other similarly adult-themed companies or products and companies must be politically neutral).



Best wishes

Mrs H Shaw

Headteacher