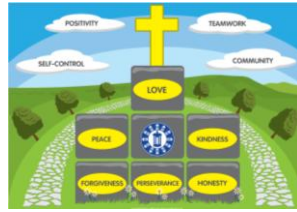


Higham St John's C of E Primary School



Higham Hall Road
Higham
Burnley
Lancashire
BB12 9EU

Headteacher: Mrs H. Shaw FCCT NPQH

*One school family rooted in God's Love
'One more step... In step with the
Spirit.' Galatians 5:25*

Tel: 01282 772376

email: bursar@higham.lancs.sch.uk

website: www.higham.lancs.sch.uk

Date: Wednesday 24th June 2026

Re: Higham St John's Sports Day Thursday 25th June 2026 – Revised Plans

Dear Parents and Carers

The original date for our annual sports day was cancelled due to wet weather. Unfortunately, our revised date appears to have clashed with what promises to be the hottest day of the year so far!

The UK Health Security Agency (UKHSA) has issued an **amber heat health alert for North West** England. We have therefore had to reconsider our plans for this year's sports day event, with the health, safety and wellbeing of all of the children at the centre of our decision.

For the past few years, we have chosen to run our sports day in a morning session as this is the best way to avoid the hottest temperatures in the day. Current weather forecasts show that temperatures will likely be around the 18-20 degree mark at 9am on Thursday (although as we know, forecasts can be wrong).

The Department for Education (DfE) has today shared hot weather guidance to schools. The guidance directs school leaders to the information provided by the Department for Health and Social Care (DHSC) which states the following:

What activities are appropriate in hot weather?

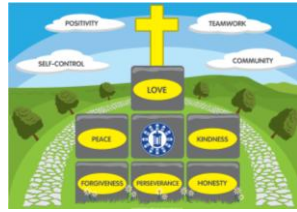
The Department of Health and Social Care (DHSC) recommends children should not take part in vigorous physical activity on very hot days. Schools are encouraged to adapt lessons for hot weather when sedentary activities are more appropriate.

No guidance is provided on upper limits for temperatures before sporting activities with children are considered not advisable.

Weighing up all of the above, we have decided to make the following reasonable adjustments so that our sports day event may still go ahead safely:

- Sporting activities will now only last for one hour
- The most vigorous activities (i.e. the running races) will be reviewed, adapted and if necessary, cancelled and replaced with additional field events
- Children must bring a water bottle
- Children must wear a sun hat or cap
- Children should wear sun cream which parents must apply before school
- Children will be taken to a 'cool zone' (our school hall which is air-conditioned) immediately following the event to have a cool drink and a rest

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Parents should arrive on the yard at 9:15am. The sporting events will commence at 9:30am and will conclude at 10:30am.

Two parents/carers are able to attend. One adult will be allowed entry onto the school field **per ticket**. Each child will be given **two tickets** to take home with them. Please keep these safe and ensure you bring them with you on Thursday.

We look forward to seeing you on the day and being able to welcome you onto the school site for this special event.

Please note: should any parents have any concerns about their child participating in our sports day event, please get in touch. You know your child best and should you prefer your child to observe rather than participate, arrangements will be put in place.

Best wishes

Miss Briddon and Mrs Shaw