

Personal, social, health and economic (PSHE) education policy

Kerr Mackie Primary School



Approved by:

Date: 28/03/26

Last reviewed on:

28/03/26

Next review due by:

28/03/27

VERSION	REVISION DATE	REVISION DESCRIPTION	REVISED BY

Contents

1. Aims.....	2
2. Statutory requirements.....	2
3. Content and delivery.....	2
4. Roles and responsibilities.....	3
5. Monitoring arrangements.....	3
6. Links with other policies.....	4

1. Aims

The aims of personal, social, health and economic (PSHE) education in our school are to help pupils:

- › Gain the knowledge and skills necessary to make safe and informed decisions
- › Understand how to stay healthy and active
- › Positively contribute to school life and life in the wider community
- › Develop an understanding of democracy and how to voice their views

Our PSHE curriculum is rooted in our ethos and values *of our 5 Cs, Curiosity, confidence, challenge community and care. It underpins the work we do in all subjects as well allowing our children to develop skills they will need throughout life.*

2. Statutory requirements

- › We must teach relationships education under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#)
- › We must teach health education under the same statutory guidance
- › Pupils are expected to learn personal, social and emotional development (PSED) under the [Early Years Foundation Stage \(EYFS\) statutory framework](#)

3. Content and delivery

3.1 What we teach

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships and sex education policy for details about what we teach, and how we decide on what to teach, in this subject. This is available on our school website or you can request a copy from the school office.

For other aspects of PSHE, including health education, see the attached curriculum map for more details about what we teach in each year.

3.2 How we teach it

In Kerr Mackie Primary School PSHE is taught once a week and must be taught by the class teacher. Aspects of PSHE are covered within our assemblies which are led by a member of our SLT team. We use the Pol-Ed scheme alongside some resources from the PSHE association to support the planning and teaching of the PSHE curriculum. Using the Pol-Ed scheme allows us to assess both the subject knowledge taught as well as the key skills that the children need to develop. We will use the passport sessions to allow us to focus on the skills and attributes which are seen on the LTP as passport sessions. As a school we also use the My School, My Health survey to support the planning and teaching using the viewpoints of our children.

A wide range of topics are covered within our PSHE curriculum and where questions or topics may be raised by pupils staff will have received training on how to answer these without letting their personal beliefs and attitudes influence their answers or teaching.

Our curriculum and quality first teaching will be adapted to ensure all pupils are included regardless of ability or special educational needs or disability.

Within EYFS the staff will follow the Pol-Ed scheme which has been split across both nursery and reception with reception revisiting areas covered in nursery to ensure all children have received these. This will ensure that the children will meet the ELGs set out in the EYFS statutory framework. We use stories as a basis for these sessions to help children understand the key learning.

4. Roles and responsibilities

4.1 The governing board

The governing board will approve the PSHE policy and hold the headteacher to account for its implementation.

4.2 The headteacher

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

4.3 Staff

Staff are responsible for:

- › Delivering PSHE in a sensitive way
- › Modelling positive attitudes to PSHE
- › Monitoring progress
- › Responding to the needs of individual pupils

4.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

5. Monitoring arrangements

The delivery of PSHE is monitored by PSHE lead – Lucy Lambert- through:

Planning scrutinies

Big Book Looks

Lesson monitoring

Pupil and staff voice

CPD training sessions.

This policy will be reviewed by Lucy Lambert PSHE lead annually At every review, the policy will be approved by the headteacher.

6. Links with other policies

This policy links to the following policies and procedures:

- Relationships, sex and health education (RSHE) policy
- Early Years Foundation Stage (EYFS) policy
- Behaviour policy

Kerr Mackie Long Term Plan 25/26

	Aut 1	Aut 2	Sp 1	Sp2	Sum1	Sum 2
Nu r	How can I use words to tell you how I am feeling?	<i>How can adults at school help me?</i>	<i>Who are the police and how do they help us?</i> <i>How can I be a germ buster?</i>	<i>How can I be a good friend?</i> <i>How can I make other children feel happy?</i>	How can I overcome my worries?	<i>How does food help me?</i> <i>How does exercise help me?</i>
Re c	How can I become a good friend? How can adults at school help me ? POLED	How can I make other children happy?	What are rules and what are consequences ?	How can I be a good listener? How can I keep safe at home ?	What can I do if I am feeling big emotions? How can I keep safe at school?	How can I play safely
Yr 1	Relationships How can I be an ally? How can I	What is bullying? Why are safe hands important?	Keeping safe How can I keep safe in new places?	What is 999? What is private information ?	Understanding the law How can I be responsible ?	Well-being What makes me special?

	<p>make friends?</p> <p>What if my friends are making me feel sad?</p> <p>KS1 Passport</p> <p>What is empathy?</p>	<p>Why is name calling unkind?</p> <p>Ks1 Passport</p> <p>What is future planning?</p>	<p>How can I speak up?</p> <p>How can I use things at home safely?</p> <p>KS1 Passport</p> <p>What is resilience?</p>	<p>Who are my trusted adults?</p> <p>Add on</p> <p>Session - Using the internet and digital devices; communicating online</p>	<p>What can happen when rules are broken?</p> <p>What do the police do?</p> <p>Why have different rules in different places?</p> <p>KS1 Passport</p> <p>What is self worth?</p>	<p>What do feelings feel like?</p> <p>How can I share my feelings?</p> <p>How can I be an empathy expert?</p>
Yr 2	<p>Relationships</p> <p>How are we the same? How are we different?</p> <p>How can I work with different</p>	<p>What is a family?</p> <p>Why are relationships important?</p>	<p>Keeping safe</p> <p>How can I keep safe online?</p> <p>What are different types of meetings?</p>	<p>What are private body parts? (leave until after CPD)</p> <p>What is fire safety?</p>	<p>Understanding the law</p> <p>What are needs and wants?</p> <p>What is a job?</p>	<p>Wellbeing</p> <p>How can I deal with change?</p> <p>What does it mean to</p>

<p>people?</p> <p>How do I share family worries?</p> <p>KS1 Passport</p> <p>What is fact finding?</p>	<p>Add on – 1 session - Belonging to a group; roles and responsibilities</p> <p>Anti-bullying week</p> <p>KS1 Passport</p> <p>What is respect?</p>	<p>What are medicines?</p>	<p>KS1 Passport</p> <p>What is informed decision making?</p>	<p>What is money?</p> <p>What is the internet?</p> <p>Why does age matter?</p> <p>KS1 Passport</p> <p>What is risk?</p>	<p>be healthy?</p> <p>How can I look after my body?</p> <p>Why is sleep important?</p> <p>When do I need to take a break?</p>
<p>Relationships</p> <p>How should we treat people?</p> <p>What can I do when friendships go wrong?</p> <p>What do we mean by</p>	<p>What is bullying?</p> <p>Who are my key people?</p> <p>Anti-bullying week</p>	<p>Keeping safe</p> <p>How can I share my worries?</p> <p>What are emergency services?</p> <p>What are emergency situations?</p>	<p>What do we mean by risk?</p> <p>When should I break a secret?</p> <p>Add on session - Different jobs and skills; job stereotypes</p>	<p>Understanding the law</p> <p>How can I be a responsible citizen?</p> <p>How do we enforce the law?</p>	<p>Wellbeing</p> <p>What is mental health?</p> <p>What am I good at?</p> <p>How can intense feeling</p>

	<p>consent in friendships?</p> <p>KS2 Passport</p> <p>What is empathy?</p>		<p>Add on session – online safety assessing information online</p>	<p>; setting personal goals</p> <p>KS2 Passport</p> <p>What is future planning?</p>	<p>What are children’s rights?</p> <p>What is the law and why do we have it?</p>	<p>feel?</p> <p>What words can I use to talk about my feelings?</p> <p>How does school help me?</p>
Yr 4	<p>Relationships</p> <p>How can we be role models?</p> <p>What is a healthy friendship?</p> <p>What is discrimination?</p> <p>What is</p>	<p>What is peer influence?</p> <p>Who make up my community?</p> <p>Anti-bullying week</p> <p>KS2 Passport</p>	<p>Keeping safe</p> <p>How can I keep safe in my local area?</p> <p>How can we keep safe on the road?</p> <p>What are hazards in the home?</p>	<p>What is first aid?</p> <p>Who do I encounter?</p> <p>Add on – session</p> <p>Making decisions about money; using and keeping money safe</p>	<p>Understanding the law</p> <p>How can I respect my environment?</p> <p>What are protected characteristics?</p> <p>What can I be?</p> <p>What is hate</p>	<p>Wellbeing</p> <p>How do my choices help me to be healthy?</p> <p>What are healthy habits?</p> <p>Why is food fuel?</p>

	diversity?	What is resilience?			crime? KS2 Passport What is self-worth?	How can I be a hygiene hero? How does school build my character?
Yr 5	Relationships How can my adult relationships affect my future? How do words have power? What are my personal boundaries? What are online	What is grooming? What is media influence? What is peer pressure? Anti-bullying week KS2 Passport What is fact finding?	Keeping safe How can we keep our things safe? How can we use our phones sensibly? What are deep fakes? Add on session - Identifying job interests and aspirations; what	What are the risks with money? What do I know about drugs? What are our special people important? KS2 Passport What is informed	Understanding the law How do rules help our community? What can and can't I do on the internet? What is gambling? Wellbeing What is my personal	Wellbeing 1 How might puberty impact the way I feel? How might being online impact the way I feel? How might my activity

	friendships?		influences career choices; workplace stereotypes	decision-making?	identity?	levels impact the way I feel? How might school impact the way I
yr6	Relationships How can I get ready for secondary relationships? How can we be allies against racism?	What is a debate? What is my relationship with authority? Anti-bullying week.	Keeping safe How is my data shared? What is spiking? What is the issue with addiction? (vaping/smoki	Bonfire night lesson Why does media have age restrictions? KS2 Passport What is	Understanding the law What different types of crime are there? What does the law say about legal drugs?	Wellbeing What does 30 look like? How can I reframe my thinking?

	How can we challenge sexism?	KS2 Passport What is respect?	ng) Halloween lesson	risk?	What does the law say about marriage?	How can I seek support for my mental health?
	How can we respect different relationships?				What is a weapon?	How can I cope with leaving school#?
					What is antisocial behaviour?	
					What is shop theft?	

1. Refresh the contents list so that the page numbers are correct. (Right-click anywhere on the contents list, click on 'Update field', then select 'Update entire table' and 'OK')