

Kerr Mackie Primary School PE Policy

Our Vision

Through a positive caring environment, we provide the opportunity for every child to reach their full potential.

Introduction

At Kerr Mackie Primary School we are committed to providing all children with learning opportunities to engage in Physical Education. This policy reflects our School's values and philosophy in relation to the teaching and learning of PE. It sets out a framework within which teaching and non-teaching staff can work, and gives guidance on planning, teaching and assessment.

Whole School Vision – Together Everyone Achieves More

- At Kerr Mackie we aim to inspire and engage children's interest in sporting activities through providing a wide range of opportunities within school, after school and within the wider community.
- We aim to foster children's interest in physical wellbeing and healthy lifestyles in order to establish long lasting lifestyle messages.
- We aim to promote our positive values through sports and encourage children to share, respect, support, trust and work together.

Curriculum Aims

- To develop skilful use of the body, the ability to remember, repeat and refine actions and to perform them with increasing control, co-ordination and fluency.
- To develop an increasing ability to select, link and apply skills, tactics and compositional ideas.
- To develop an understanding of the effects of exercise on the body, and an appreciation of the value of safe exercising.
- To develop the ability to work as a team player, taking the lead and learning to work collaboratively with others.
- To promote an understanding of safe practice, and develop a sense of responsibility towards their own and others' safety and well-being.

Curriculum Planning and Organisation

- Each class is timetabled so that they can take part in physical activity twice a week regularly.
- The playground areas are used to facilitate activities such as outdoor activities and games.
- Teaching staff deliver high quality PE activities/lessons for 1.5-2 hours per week.
- Swimming lessons are provided by trained Year 5 teachers and qualified teachers from Fearnville Leisure Centre.
- Coaches from local sport clubs (e.g. Rugby/ Cricket) regularly provide additional opportunities for extending the PE curriculum.
- After school sessions include a football club run weekly for all children.
- Children are afforded the opportunity to take part in adult-directed and non-directed activities during break and lunchtimes such as cricket, football, champ, skipping and tennis. Playground equipment is available for individual games.
- Children are given regular opportunities to participate in after school competitive sporting activities. School staff accompany the teams to these events.

The Golden Mile

The Golden Mile is an initiative aimed at improving the physical, social, emotional, and mental health and wellbeing of children – regardless of age, ability or personal circumstances. After introducing The Golden Mile in the 2018-2019 academic year, we found it to be a huge success and have continued to carry it on as a whole school activity.

We found a positive effect on not only the children's fitness but also on their emotional well-being. Children were happy whilst participating and developed new social relationships with running buddies. After the Golden Mile, they focused quickly in lessons and were able to concentrate for longer. On 'wet play days', the Golden Mile seemed to reduce any behaviour problems in the afternoons. We feel it helps our children to develop learning qualities such as perseverance and determination, which are important qualities to have in all aspects of school life. The Golden Mile is used, along with other activity breaks, to provide children with an opportunity to have a break from their learning for a short while and recharge their creative batteries.

Early Years Foundation Stage

Physical development within the EYFS framework is one of three prime areas for learning.

The two related early learning goals are:

Expected

- Moving and handling - Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space.
- Health and self-care - children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

Exceeding

- Moving and handling - Children can confidently hop and skip in time to music.
- Health and self-care - Children know about and can make healthy choices in relation to healthy eating and exercise. They can dress and undress independently, successfully managing fastening buttons or laces.

Children access a range of daily activities to develop their fine and gross motor skills and have access to a dedicated outside area. In addition to this, they also have a weekly PE lesson.

Key Stage 1 & 2

- The school follows the Get Set 4 PE Schemes of Work. These are adapted to meet the needs of each individual class and are supplemented with ideas and activities from other sources. The scheme is in accordance with the current National Curriculum guidelines.
- Lessons are blocked in units of work to promote greater depth of understanding, developing skills, contextual application of these skills and the ability to perform reflectively.
- Swimming lessons take place weekly for Year 5
- Transport time to the local pool is included as part of the PE time allocation.

Contribution of PE to teaching in other curriculum areas

English

Links between PE and English include writing sequences, following/giving instructions, oral/peer assessments, speaking and listening, and movement within drama.

Maths

Links between PE and Mathematics include measurement, shape and space, sequences, number, angles, speed, position and movement, rotation, time and data handling.

ICT

Children use capturing and recording equipment (cameras and videos) for evaluation/development of skills. Videos of professional/skilled athletes are also used to help develop good technique. In addition, *Get Set 4 PE* offers pre-recorded demonstrations to aid learning.

PSHE

PSHE and PE links include following rules, living healthily, co-operating with others and understanding fairness and equality.

Positive Values

Through sport, children are taught the values of respect, trust, honesty, friendliness and perseverance.

Healthy Eating

The school recognises that physical activity is just one element of healthy lifestyles and actively promotes healthy eating to help combat child obesity. These messages are shared in clubs and lessons.

SMSC

PE offers many opportunities that support the social development of our children. Groupings allow children to work together and give them the chance to develop respect for the abilities of other children through collaborative and co-operative work, while gaining a better understanding of themselves.

Inclusion

- Lessons will provide good quality experiences that are suitably challenging for all pupils.
- Children will undertake different activities, but all will be given the same opportunity to achieve the aims through an appropriate range of activities.

- For children with limited gross motor skills, the integrity of activities will be maintained and expectations will take into account the individual needs of pupils.
- For the purposes of competitions, all children will be given the opportunity to participate in the experience.

Assessment & Recording

- Assessment is usually carried out by teachers in the course of the normal class activity.
- This is done mainly through observations and sometimes through discussion with children.
- Physical development levels and progress are recorded by the EYFS teachers for each child.
- Levels of attainment are recorded for KS1 and KS2 pupils.
- Physical Education / physical development is included as part of the end of year reports to parents.

Health & Safety

- All staff have due regard for the current Association for Physical Education (AfPE) PE guidance 2012 when preparing and delivering PE lessons:
- Pupils are taught how to improve their own abilities to assess risks.
- First aid equipment is available, and all staff are trained in what action to take, including calling for assistance in the event of an accident.
- Inhalers for pupils suffering from asthma are made readily accessible.
- Children with diabetes are monitored closely before, throughout and after PE lessons by staff.
- Regular checks are made on all equipment.
- The subject leader makes termly visual checks for wear and tear and security of major items, and all staff are responsible for reporting to the subject leader if any items show wear and tear.
- Any items constituting a danger are taken out of use immediately.
- Pupils are taught how to move and use apparatus safely under the supervision of a teacher or responsible adult.
- Pupils are made aware of safe practice and understand the need for safety when undertaking any activity. (e.g. not lifting Hockey stick above the waist, not jumping or running in front of others, etc).

- Pupils are taught to understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery and other body piercings.
- Teachers ensure that no jewellery is worn in lessons and long hair should be tied back. If earrings cannot be taken out, they are taped over.
- If a child has no trainers for outdoor PE they use their shoes if the activities are on the playground.

Resources

- There is a variety of equipment to enable pupils to achieve objectives, which are best suited for their age and stage.
- Large equipment/ mats and some indoor PE resources are stored in the hall.
- Outdoor equipment is stored in either the hall or the outdoor store.

Administration Arrangements for Extra Curricula Sporting Events

- The School Office Admin Assistant liaises with teachers/support staff and sports coaches to arrange After school clubs/ Holiday Sports clubs/ attendance of teams at External Sporting competitions.
- Where necessary they liaise with the Educational Visits Co-ordinator to ensure that the appropriate paperwork is completed.

School Sports Premium

- The school has a detailed plan to improve the quality of PE provision for all pupils. This is updated regularly and reviewed by Governors. The plan includes an overview of sports premium spending and a review of the impact of the allocated funds.

Monitoring & Review

- The PE team will oversee the continuity and progression within annual and medium term plans.
- They will also monitor the quality of teaching and learning through observations.
- The PE team will support colleagues and share expertise, arrange opportunities for outside agencies to visit the school in order to enhance learning and direct teachers to examples of good practice.