



# HEMPNALL NEWSLETTER

## SUNFLOWER FEDERATION



This week we have been delighted to have some lovely weather and Kestrels and Falcons have really had fun outside using some of the new equipment that has been bought by the Friends. They have also started their junk modelling ready for the exhibition in the final week of term. Year 3 and 4 had a lovely day at Norwich Cathedral with Brooke, and I have enjoyed reading the letters that the year 3s have been writing to the staff at the cathedral. We have started to learn a new song from Snoopy the Musical, so you may start to hear the children singing or humming at home! I would really appreciate some volunteers one night after work, armed with wheelbarrows to move the soil to the new EYFS area if possible, if you are interested please get in touch with the office.

Have a lovely Bank Holiday!

Mrs Lewis - Head of School

1.

### SPORTS NEWS THIS WEEK

This week in PE, KS1 have continued their unit of athletics. Our focus in lessons this week has been to learn how to compete in long-distance races. A special mention goes to Jesse in Falcon class for demonstrating determination and perseverance when facing difficult challenges when running long distances.

KS2 have also continued their unit of athletics. This week we have been focusing on improving pacing and stride techniques when competing in long-distance races. A special mention goes to Sophie in Buzzards class for implementing their knowledge of pacing techniques and showing self-belief and resilience when completing their races!

In other news, on Thursday some Year 1-2 pupils from Brooke and Hempnall attended a cricket festival at Hethersett and Tas Valley Cricket Club. The pupils had a brilliant time in some glorious weather, learning all about the main three skills used in cricket (batting, bowling, fielding) and hopefully sparking a real interest in the sport!

Still enough time to sort out a team and enter into our Quiz and Chip night.

Historically has always been a great event.



## SCHOOL MESSAGE

## 3.



No school on Monday-  
May Bank Holiday 6th

May 2024

## Kestrels

**Chloe** - for self improving her phonics and trying her best consistently

**Thomas** - for showing resilience with his morning routine

**Poppy** - for self-improving her writing and trying her best each lesson

**Harry C** - for co-operating well with others and communicating his feelings, sharing resources and working well in groups

## Falcons

**Mia** - For being an amazing effective participant in our whole class reading. She is always keen to have a go and be better than last time. Super Mia!

**Layla** - For being independent when planning and writing her diary recount. She used her resources as a thinking aid and concentrated on writing amazing sentences. Well done Layla!

## Marsh Harrier

**Hector** - for fantastic maths work and attitude towards learning. Participating in lessons and giving his ideas.

**Maya** for improved presentation and participation. Helping others both in class and outside

## Buzzards

**Lara, Olivia, Aurora and Molly**. - for the determination and resilience they have shown in their Maths work recently. This has then reflected in the fantastic progress they are making.

**Jess** - has demonstrated a wonderful determination, focus and positive attitude in all her work since returning after Easter, with beautiful presentation throughout. Well done!

## Red Kites

**Paige** - amazing maths all week and fastest times table champion in the class!

**Arthur** - also amazing maths this week. Super neat and accurate with all of his symmetry, reflection and translation work

**Marnie** - amazing WWII poster! Marnie always shows great imagination in all her work but this really was thinking outside the box!

# 5.

## CRICKET FESTIVAL



On Thursday some Year 1-2 pupils from Brooke and Hempnall attended a cricket festival at Hethersett and Tas Valley Cricket Club. The pupils had a brilliant time in some glorious weather, learning all about the main three skills used in cricket (batting, bowling, fielding) and hopefully sparking a real interest in the sport!



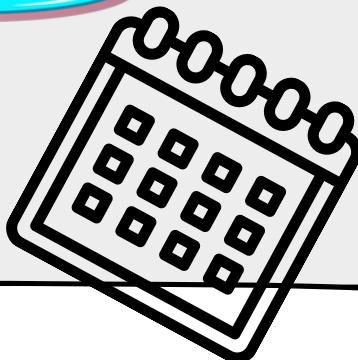
Happy 10th Birthday to Ada Yr 5 (1st May)

Happy 5th Birthday to Finley YR (3rd May)



## UP COMING EVENTS

7.



06/05/24 Bank Holiday

W/C 13/05/24 SATS Week KS2

10/05/24 - Year 5-6 Football Fixture Hempnall vs Brooke 3:40-4:30pm at Hempnall

17/05/24 Year 3-4 Football Fixture Hempnall vs Brooke 3:40-4:30pm at Hempnall

20/05/24 Tri Golf Yrs 2-4

20/05/24 Yr 6 Trip to London

23/05/24 Class Photos

W/C 27/05/24 HALF TERM

06/06/24 Dyslexia Parent Cafe- Hempnall 9am

11/06/24 Buzzard & Red Kites- Flixton Aviation museum

14/06/24 Kestrel & Falcons to Framlingham Castle

08/07/24 Year 6 Crucial Crew

08/07/24 SPORTS DAY PM

12/07/24 Worries & Anxiety café- Hempnall 9am (for all parents)

# Fine Motor Skills

## Using Hands For Play & School

Bilateral coordination is the ability to use the two sides of the body together smoothly. When we use our two sides to perform different tasks, one side usually takes the lead and the other side has a supportive role.

For example, when writing we use the pen in one hand whilst stabilising the paper with the other hand, or holding a jar with one hand whilst undoing it with the other. Development of bilateral coordination helps to establish hand dominance and the use of each hand in a different role.

### Activities to try at home:

- Building/construction games. For example screwing nuts and bolts, lego or duplo
- Jigsaw puzzles. Start with insert puzzles and progress to smaller pieces
- Threading. Use beads, pasta, buttons or straws cut to length. Start with a thick cord and progress to a thin string
- Musical instruments such as cymbals, drums and shaking instruments
- Messy play games such as water play, finger painting or playdough.

<https://www.justonenorfolk.nhs.uk/occupational-therapy-for-parents-carers/learning-playing-exploring/skills-building/fine-motor-skills/>

# MEET THE TEAM



Who are you?

Mirjam Scholte, but also known as Maria

What is your role in the Sunflower Federation?

Teaching Assistant at Brooke Primary School

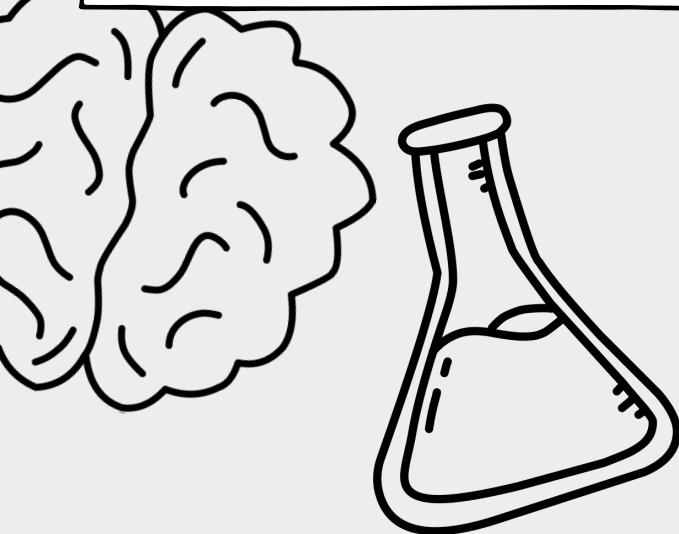
How long have you worked in one of our schools?

3 Weeks

9.



Maria Scholte



What do you enjoy doing when not at work?

I love reading, going to the cinema and visiting the seaside.

What is your favourite flower?

My favourite flower is the rose.

Have you got a joke to tell us?

What do you call a gorilla with no ears?

Anything you like, he can't hear you!!

What is the thing you most enjoy about your job?  
I enjoy seeing the children learn something they didn't know before and the joy it gives them.



## PUPIL VOICE

10.

We have started 4 projects, that the children have been able to pick from no matter what house they are in. Our 4 projects are a Mini Science Fair, Mini Olympics, Art contest and Fashion show. We will ask parents to buy tickets for the event they want to come to to see their child. These will be about 1 pound each, these events will take place at the end of this half term or at the beginning of next half term. Look out for dates! We are fundraising for a large built in sandpit with a lid that will go on the front field, it costs £580.

From Abigail, Captain of Kenny.



### VOLUNTEERS NEEDED

We are looking for compassionate, non-judgmental and caring individuals to join our community of over 100 volunteers to share their parenting experiences and knowledge with families in Norfolk.

Volunteering with Home-Start Norfolk is a fulfilling experience. Make a significant impact on young children and their parents in your community. By generously dedicating a few hours of your precious time each week, you can make a lasting impact on the lives of children

The benefits of volunteering can last a lifetime—not only for the families you are helping but for yourself as well.

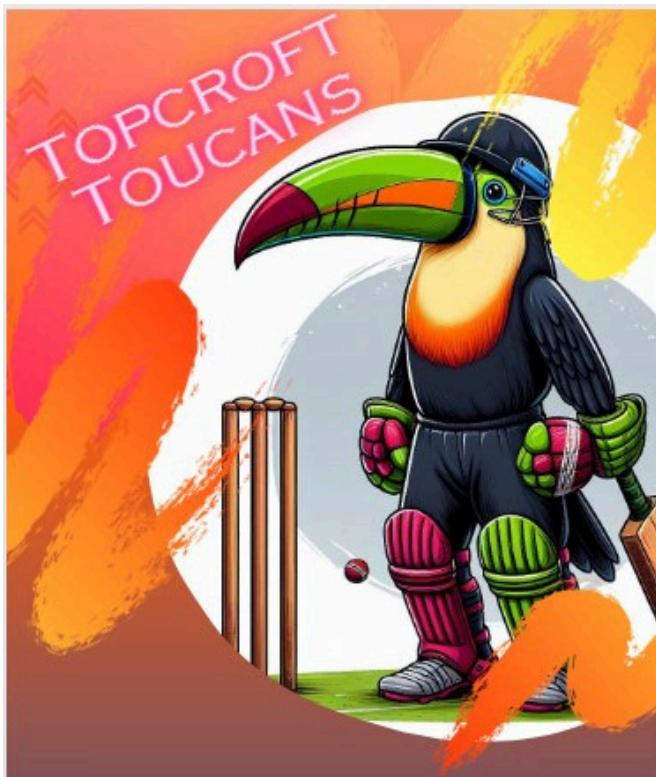
To find out more about volunteering visit [www.homestartnorfolk.org/volunteer](http://www.homestartnorfolk.org/volunteer) or call 01603 977040

[www.homestartnorfolk.org](http://www.homestartnorfolk.org)



**HOME  
START**  
Norfolk

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## Topcroft CC Junior Training

Under 11/13s - 6-7pm

Under 15/17s - 7-8pm

Monday evenings from  
22/4/24

Email - [Topcroft.cc@outlook.com](mailto:Topcroft.cc@outlook.com)

# IT'S CRICKET SEASON



## COME AND PLAY!

TOPCROFT CC JUNIORS ARE LOOKING FOR  
NEW PLAYERS - AGE GROUPS FROM  
UNDER 11 TO UNDER 17

INTERESTED? CONTACT US AT  
[TOPCROFTCC@OUTLOOK.COM](mailto:TOPCROFTCC@OUTLOOK.COM)

## EVERYONE WELCOME



## FAMILY PRAISE

4-4.45pm

Sunday 5<sup>th</sup> May

Hempnall Church

Community service

Songs      Story      Games



All warmly welcome!