



SUNFLOWER FEDERATION NEWSLETTER

Friday 16th January 2026

DATES FOR YOUR DIARY

22/01/26 Year 1 -2 Dance Festival (Invitation only)

23/02/26 National Handwriting Day

05/02/26 Road Safety training -Year 2

12/02/26 Year 3-4 Spirit of the Games Festival (Invitation only)

12/02/26 Kestrel Class - Road Safety Session

16/02/26- 20/02/26 HALF TERM

23/02/26 First Day Spring Term 2

SLT

We have had a wonderful week in school. The children have settled back into the Spring term extremely well and are working very hard in their classes.

Last night, after school, we held our Spring term curriculum cafés. Thank you to all those who attended – we hope you found the sessions useful and informative.

Next Thursday, some of our Year 1 and Year 2 children will be travelling to Fram Earl High School to take part in the dance festival. This is always a fantastic event and promises to be lots of fun for everyone involved!

Have a great weekend.

Ms Weal
Acting Executive Headteacher

CERTIFICATE WINNERS

Kestrel Class

Gilleon - for concentrating during writing time and in phonics. He is so diligent and careful but also not afraid to make mistakes.

Jasper B - for being determined to improve in his learning and showing Mrs Kill his amazing progress in phonics. For working well with others during phonics and participating exceptionally well.

Sparrowhawk Class

Martha - for attempting and achieving every challenge I have set in lessons this week. Her have a go attitude has resulted in some excellent work.

Freddie - for having excellent concentration and continuing to produce great work during a maths lesson even though he wasn't feeling 100%.

Falcon Class

Milo - for being resilient and using his growth mindset when completing challenges. Milo also created a lovely persuasive writing piece in his work this week and enjoys learning new things. Well done Milo!

Marsh Harrier

Chloe - for showing determination and resilience in Maths this week, and for working hard at home reading about our Geography topic and creating an excellent news report as a home learning task.

Buzzards

George MW- for a great week! A change in attitude to learning has resulted in a great improvement in his work.

Joseph - for excellent improvement in his handwriting. His perseverance has really paid off.

Hadley and Harlie - for being real team players during computing and helping others when their coding wouldn't work.

Red Kites

Sophie and Sylvie - for creating excellent independent writing; using the prior knowledge they have gained through listening well in class and through their own reading to enable them to recognise different styles and features of writing; then, applying this successfully to their work.

BIRTHDAYS



Happy 6th Birthday to Elena, Year 1 on 13th January

Happy 9th Birthday to Ada, Year 4 on 13th January

PE NEWS

This week in PE EYFS and KS1 have continued their unit of gymnastics and dance. In PE lessons we have been looking at developing the three key movement techniques used in gymnastics floor routines which are travels, balances and rotations and implementing them into a pair routine. A special mention goes to Isla from Falcon class for demonstrating excellent gymnastic movements and working really hard with her partner to create an excellent pair gymnastics routine.

This week in PE KS2 have also continued their unit of Gymnastics and dance and have been focusing on how the three key floor movements of gymnastics can be incorporated and applied into making a pairs gymnastics routine. This included the use of more complex counter-balances, supports and lifts as well as pair rotations and travels. A special mention goes to Millie in Red Kite class for demonstrating excellent communication and teamwork to work with her partner and create an excellent pairs gymnastics routine.

Mr Green
PE & Sports Lead

FOHS

FOHS Pre-loved Uniform - Friday 23rd Jan after school

FOHS will be giving out pre-loved school uniform after school on Friday 23rd January in the playground.

All items are free of charge, so please come along and help yourselves. This initiative helps keep costs down for families and reduces clothing going to landfill.

If you have any outgrown uniform in good condition that you'd like to pass on, please bring it with you on the day or give it to a FOHS member beforehand.



FEBRUARY HALF TERM CAMPS

Tuesday 17th & Thursday 19th February

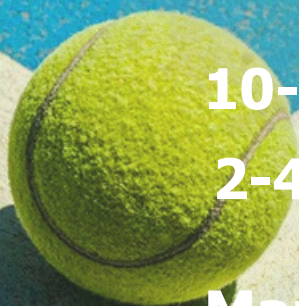
10-12pm Mini Tennis (4-11yrs)

2-4pm Teen Tennis (12-18yrs)

£12 per session

Martin Coates: 07765 361960

mjctennis@gmail.com



Cheese and Potato Pie

This luxury version of cheese-onion is so popular, it gets requested time and time again!



**Serves
4-6**

Ingredient list

250g Mature Cheddar
— grated

1x Egg — beaten

1x Small Onion — finely sliced

2.5ml Oil

1kg Potatoes — peeled and cut

25g Margarine or butter

7.5ml Milk

Pinch Salt and Pepper

1 Top Fresh Parsley
— chopped (optional)

Method

1. Pre-heat the oven to Gas Mark 4 or 160°C.
2. Boil the potatoes for 20-30 minutes. Drain well and mash with the margarine or butter.
3. Whilst the potatoes are boiling, heat the oil in another pan and gently fry the onions until soft without colour.
4. Add the beaten egg, salt, pepper, onions and most of the grated cheese to the potatoes and mix well.
5. Spoon the potato mixture into a suitable baking dish and sprinkle the remaining cheese on top.
6. Bake in the oven for 40-45 minutes until golden brown.
7. Garnish with parsley and serve.

