

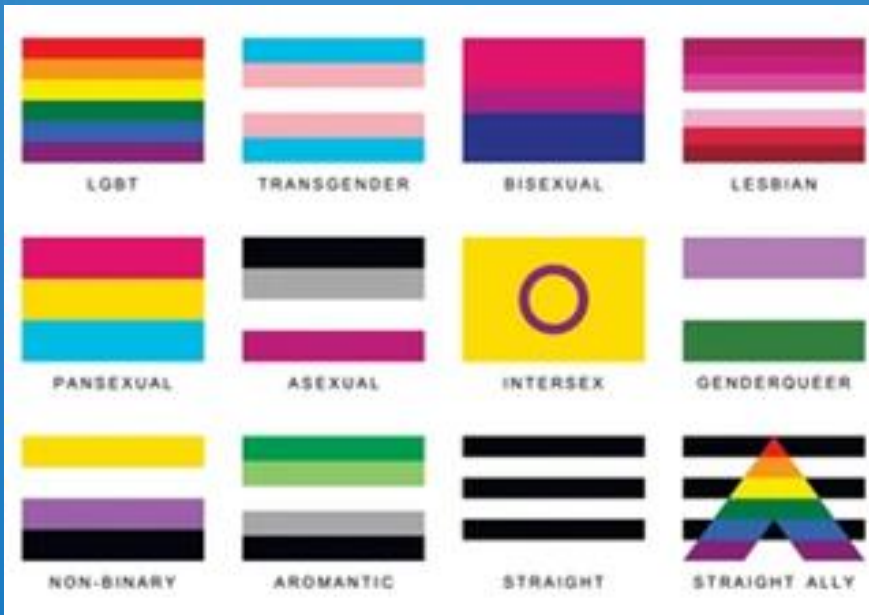


**Chessbrook**  
Education Support Centre  
Courage | Pride | Resilience



COURAGE | PRIDE | RESILIENCE

# LGBTQ+



Lesbian  
Gay  
Bisexual

Transgender  
Queer  
Questioning

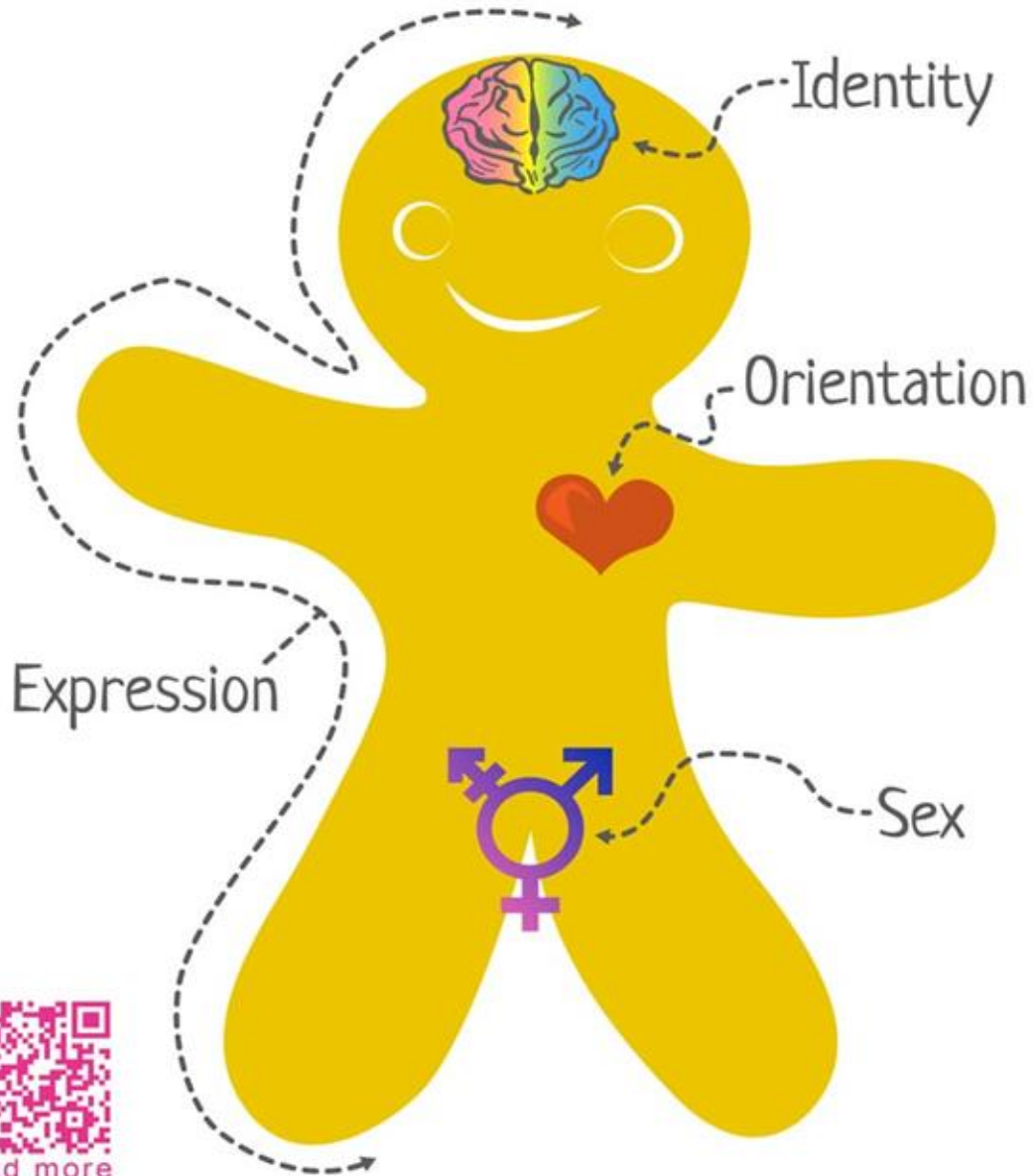
- + 2/Two Spirited
- + Intersex
- + Asexual
- + Ally
- + Pansexual

- + Agender
- + Gender Queer
- + Bi Gender
- + Gender Variant
- + Pangender



# The Genderbread Person

by [www.ItsPronouncedMetrosexual.com](http://www.ItsPronouncedMetrosexual.com)



Gender identity is how you, in your head, think about yourself. It's the chemistry that composes you (e.g., hormonal levels) and how you interpret what that means.



Gender expression is how you demonstrate your gender (based on traditional gender roles) through the ways you act, dress, behave, and interact.



Biological sex refers to the objectively measurable organs, hormones, and chromosomes. Female = vagina, ovaries, XX chromosomes; male = penis, testes, XY chromosomes; intersex = a combination of the two.



Sexual orientation is who you are physically, spiritually, and emotionally attracted to, based on their sex/gender in relation to your own.





# What is Pride month?

June is Pride month - a month dedicated to celebrating LGBTQ+ communities all around the world. Pride is celebrated in the month of June, as that was the month when the Stonewall riots took place.

The Stonewall riots were important protests that took place in 1969 in the US, that changed gay rights for a lot of people in America and around the world.

Pride is a celebration of people coming together in love and friendship, to show how far LGBTQ+ rights have come, and how in some places there's still work to be done.

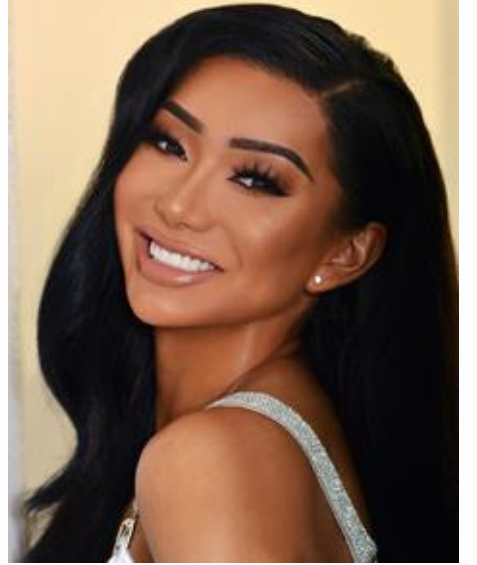
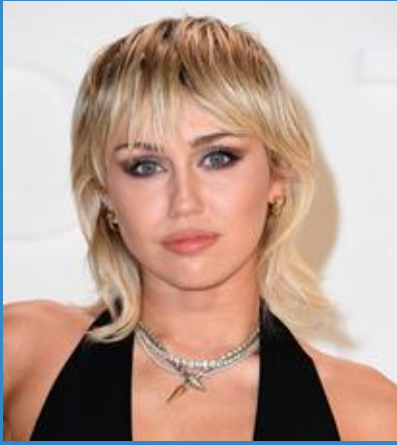
**Pride is all about being proud of who you are no matter who you love.**

## LGBTQ+ significant events in the UK



- **1967** – Homosexual behaviour was no longer a crime in the UK.
- **1988** – It became illegal for people to talk positively about homosexuality in schools.
- **2000** – Gay and lesbian people were allowed to serve in the armed forces.
- **2003** – The law which made it illegal for people to talk positively about homosexuality in schools was abolished.
- **2014** – In England and Wales, gay and lesbian couples could legally marry. Scotland followed later the same year.

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Are you  
gay?

Does that  
mean you  
fancy me?

When did you  
decide to be  
gay/  
transgender/  
LGBTQ+?

So, are you  
really a girl or a  
boy?

I never know  
what to call  
them

It's probably  
just a phase

You don't look  
gay

**SOME  
PEOPLE  
ARE GAY.  
GET  
OVER  
IT!**

www.stonewall.org.uk



**SOME  
PEOPLE  
ARE  
TRANS.  
GET  
OVER  
IT!**

www.stonewall.org.uk



## How to be an Ally

### How can I help?

Even if you are not a part of the LGBTQ+ community, you can be an ally.

An **ally** is someone who actively supports the LGBTQ+ community.

Be reassuring if  
someone has come  
out to you.

Wear a pride flag  
badge and/or a  
pronoun badge.

Educate yourself on  
the LGBTQ+ history  
and current issues.

Go to the library and  
ask for books with  
LGBTQ+ characters and  
themes.

Challenge homophobic,  
biphobic and transphobic  
language.



# Support for LGBTQ+ young people

[Young Pride in Herts](#)

Local youth projects and support for LGBTQ+ young people

[Albert Kennedy Trust](#)

For homeless LGBTQ+ young people

[IMAAN](#)

For Muslim LGBTQ+ young people

[Stonewall UK](#)

[The Proud Trust](#)

[Brook](#)

Sexual health support for LGBTQ+ young people

[Mermaids](#)

[Gendered Intelligence](#)

