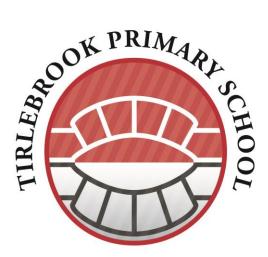
# Tirlebrook Newsletter 5 (23-24)

## Friday 13th October 2023



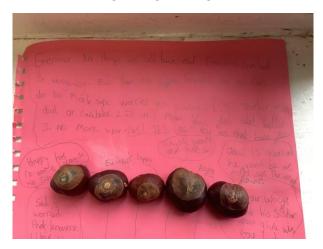
Mental health is the way we think and feel about ourselves and the world around us. Good mental health is an important part of healthy child development. It helps children build positive social, emotional, behaviour, thinking and communication skills. It also lays the foundation for better mental health and wellbeing later in life. Children with good mental health feel loved, safe and secure in their environments. They also feel happy and positive about themselves most of the time. They're kind to themselves during tough times or when things don't go the way they expect. This means they feel OK about trying new or challenging things. They enjoy life, learn well and get along well with family and friends. And they can manage sad, worrying or angry feelings and bounce back from tough times. Essentially, children's mental health affects how they cope with all aspects of life in all situations - the good times, the bad times and the 'in the middle' times.



It was Mental Health Awareness Day on Tuesday 10th October and we took the opportunity to encourage children across the school to talk about their feelings. Through discussion, activities and some informative videos, each class explored what it means to have good mental health at an appropriate level for their age. And to round the day off, Mrs. Stead, our Child and Family Support Worker, through a piece of optional 'talking' home learning recommended by Ant and Dec, encouraged children to talk to parents and other family members at home about their feelings.

Several children came back into school keen to share their thoughts and ideas about mental health. Lola W completed a particularly impressive piece of home learning exploring feelings and emotions ... please see the photos below. She explains, 'Emotions are things that we all have and they can lead to worrying. But there are different techniques we can all use to make our worries disappear.' Lola went on to share her creative ideas for dealing with worries. How fantastically mature, insightful and responsible. Well done, Lola.

In the mean time, let's keep encouraging each other, and especially the children, to find ways of expressing feelings and emotions, including through talking.







## **Coming Up**

'Books for Bugs' Virtual Book Fair - w/c Monday 16th October 2023

Mrs. Schofield writes,

'Coming soon to Tirlebrook ... it's our Virtual Book Fair!

We are very excited to be teaming up with **Books for Bugs** once more and offering you the opportunity to purchase brand new books for just **£2.99** each. Delivery will be **free** as all purchased books will be delivered to school and sent home with your child. Browse now at <a href="https://www.booksforbugs.co.uk">www.booksforbugs.co.uk</a>

At Tirlebrook, we love to promote reading for pleasure and this is a great opportunity to encourage your child to read whilst also helping the school to earn free books. Buying through the Virtual Book Fair will help our school, as we will receive a free book for every 5 collectively sold that has a value of £2.99, so every book counts! You will be able to place orders **from Monday 16th October**. Free delivery starts from this date and lasts for a whole week, so please only order from Monday onwards so we can receive as many free bonus books as possible. Don't forget to fill in your details when ordering, including the school's postcode, which is GL20 8EW.'

Here are some frequently asked questions answered ...

#### How do I order?

Shop the extensive range on the 'Books for Bugs' website and just add all the items you want to your basket. You can then pay at the checkout stage so no money needs to be taken to school. Shop the full range here

## How do we get free shipping?

When you get to the checkout stage you add your details to the billing section. Then for the shipping add your child's name, your child's class, the name of the school and the school's address. *The school's postcode is the bit that activates the free shipping*.

#### I have got to the checkout and it is charging me postage?

This is normally for one of two reasons:

- 1. The postcode set on the system is different to the one you are using- please refer to your school email which should have the correct postcode.
- 2. Your fair may not have started yet. Fairs typically run Monday to (midnight) Sunday. The postcodes are activated at the start of your fair and are deactivated at the end. This is so that all orders are sent to school together at the end of the fair. The dates of your fair should be on the email from your school.

#### Do school earn from my purchases?

Yes! School get a free £2.99 book for every 5 books purchased. But if Daisy orders 2 and Thomas orders 2 and Mia orders 1 that still counts so you don't have to personally buy 5, every book counts!

#### Can we purchase crafts during the fair?

Absolutely! You can order anything on the website but because the crafts and £1 books are so cheap, Books for Bugs are unable to offer commission to school on these.

#### When will we get our books?

The aim is to dispatch all orders the next working day after your school fair ends. This is on a 24hr delivery service so if your fair ends on a Sunday they should arrive at school on Tuesday. All orders are individually wrapped in paper bags and labelled with each child's name and class on so quick to hand out once they arrive.

#### Can I order after the fair?

100% yes, lots of 'Books for Bugs' customers first found out about them through the school fair. Books for Bugs is about making books affordable to everyone 24/7 so outside of your school fair you are welcome to order as a regular customer.

You can also join the mailing list for updates on sales, special offers, and if you are local, their open days too.



#### School Photos for Individuals and Families - Wednesday 18th October 2023

It's nearly school photo time! Make sure you're all looking sharp and stylish a week on Wednesday in readiness for your child's annual individual snap. If you have older or younger children who attend a different school or setting but would like them to be photographed with your Tirlebrook-attending youngster, family group photographs will be available from **8:15 a.m.** until the school gates open at **8:40 a.m.** All photographs of pupils with siblings at Tirlebrook will be taken during school time.



# **Looking Back**

Y6 Visit to Shrewsbury Prison - Wednesday 11th October 2023

Miss. Moysey writes,

'Elder Class experienced what it would have been like to be a prisoner during Victorian times, amongst other things, when we visited Shrewsbury Prison as part of our 'Crime and Punishment' curriculum learning on Wednesday. We did not let the dreary weather deflate our enthusiasm as we took part in several activities, including a guided tour of the prison, a question and answer session focused on Victorian times and a prisoner experience, including being held in the stocks and locked in a prison cell! The children were impeccably behaved and learnt a huge amount to enhance their learning. Most importantly, they had a great time!'

A big thank you to Miss. Moysey for organising the visit and to Miss. Garrott and Mrs. Assheton for accompanying them. Special thanks to Mrs. Assheton for driving the minibus and helping to keep the cost of the visit as low as possible. Well done, Elder Class!



















Year 2 Visit to Tewkesbury - What Really Happened!

A few weeks' ago, Willow Class visited the sights and landmarks of Tewkesbury as part of their curriculum learning. I wrote about their visit, not realising that Mrs. Perry had already prepared something. So, this is what really happened on their trip to Tewkesbury ...

Mrs. Perry writes,

'Willow Class had a fantastic time exploring all of the sights of Tewkesbury. Their first stop was The Roses Theatre where lots of the children shared stories of the plays and films they had seen there. Some children even told the class about their experiences performing there themselves. Next up, the class walked a little way down the High Street. Here, the class noticed all of the Tudor architecture and made sketches of the places they saw. The class then visited Healings Mill, where Miss Walker gave the class some information about the history of the flour mill. The class then crossed the river and walked along by The Ham. The Year 2 children spotted lots of boats along the river and even caught sight of a heron. After that, Willow Class were able to explore inside Tewkesbury Abbey. The class loved looking up at the ceiling and stained glass windows. They were able to identify lots of exciting objects as they looked around, including: candles, the font, gravestones, tombs and the golden eagle lectern. After a brief break, the class walked back to school, passing the war memorial cross on their way. Willow Class behaved impeccably. We were really proud of them. Thank you Year 2 for making this such a wonderful trip!'

It sounds like this visit was a wonderful opportunity for the children to experience so much of what makes Tewkesbury a special place to live. Well done Willow Class!











## **Information for Families**

## Autumn Term Family Consultations

Autumn Term Family Consultations, traditionally known as Parents' Meetings, take place after school on *Tuesday 24th* and *Thursday 26th October 2023*. Appointment bookings, via SCOPAY, are now live. Consultations will also include the opportunity for you to enjoy a cup of tea or coffee whilst looking at your children's books. Our teachers are looking forward to getting together with you to review your child's attitude, progress and achievements during this first half term of the new academic year. Appointments are for adults only and will last for strictly ten minutes - if you feel that you need longer than this allocated time with your child's class teacher, a further meeting can be arranged at a mutually agreeable time after the October half term break. Thank you for your support.



#### REMINDER: Extra-Curricular Clubs w/c 23rd October

Please be reminded that there are no extra-curricular clubs taking place during week commencing 23rd October 2023 due to Family Consultations taking place during that week. *Running Club* will, however, continue as normal on the Friday morning.

#### Bag2School - 27th November

Our Bag2School collection has been arranged for the end of November. We will be collecting bags at school from w/c 20th November 2023. Further details about what to donate will be shared in next week's newsletter, but please keep us in mind by having a good clear out over the half term break. Your donations not only go on to be used by a good cause but raise valuable funds for the school. Thank you for your support.



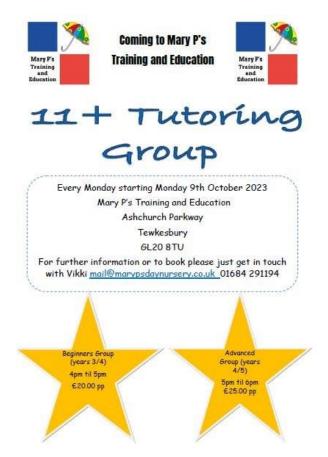
## Can You Help Restock our Treehouse?

As you know, Mrs. Stead has recently started at Tirlebrook as our Child and Family Support Worker and we are absolutely delighted to have her as part of our team! As part of her role, she will be coordinating and further developing our practice and support for pupils with mental health and wellbeing needs. Her base in school is our support room and breakout space called 'The Treehouse' which is sometimes used by children who need time out of the classroom to complete activities to support their emotional wellbeing. We are looking to improve our resources and replace some of Mrs. Akerman's things that she took with her when she left in the summer, and wondered whether you may be able to help? If you have any of the following items and are willing and able to donate these to us, we would be very grateful indeed! Please bring any donations to the school office and we will ensure that they are passed on to Mrs. Stead. Thank you for your support.

- Puppets (hand and finger)
- Playdoh and tools
- Lego
- Beanbags and blankets
- Craft items
- Small world toys, e.g. animals and people
- Card games and board games (suitable for children)
- Fairy lights

#### 11+ Tutoring @ Mary Ps

We have been asked to share with you that Mary Ps Training and Education are beginning to offer 11+ tutoring. Tutoring takes place on Mondays for children in Years 3, 4 and 5 from 4 p.m. Please see the attached poster for further details.



#### **Get Involved**

Play Rangers Community Play Day - Wednesday 1st November 2023 @ The Vineyards / Northway Playing Field

A *free* Community Play Day will be taking place during the half term break at the Vineyards in Tewkesbury and Northway Playing Field. The Play Rangers are returning on Wednesday 1st November from 10 a.m. - 4 p.m. with activities aimed at 7-14 year olds, but available to all. Activities take place in all weathers, so if it is wet, get dressed up in your raincoat and wellies and get involved! For more information, get in touch with the team:

via email: info@playgloucestershire.org.uk

Phone: 01452 505548



## Matt Fiddes Martial Arts Classes October Special Offer

Matt Fiddes Martial Arts classes are hosted at Tirlebrook every Wednesday between 5 p.m. and 7 p.m. The classes aim to provide students with enhanced confidence, self discipline and fitness. There are two sessions: one for younger children (age 4 to 6 years) and one for older students (age 7+). FOR OCTOBER ONLY - they are offering the opportunity for new members to sign up without paying the £65 joining fee. Members who sign up in October get to join classes free of charge and also get a uniform for free (normally £49). All that is needed is for a monthly subscription to be set up. And in another great offer, they are also offering two weeks' worth of sessions for free. Look out for a leaflet coming home next week with details of how to get in touch if you would like your child to be involved.



#### **Thank You**

## Thanks from Tewkesbury Foodbank

Tewkesbury Foodbank have asked us to share their grateful thanks for the bags and bags of Harvest donations that I was able to share with them this week. These donations will make a huge difference to those most in need in the Tewkesbury community. Thank you for your generosity, kindness and support.



#### Open Morning - Thursday 12th October 2023

A huge thank you to everyone who came along to our Open Morning on Thursday. It was lovely to welcome you into Tirlebrook and to talk about our vision and ambition not only for our school, but also for your children. Special thanks to our fantastic House Captains who led tours for our visitors. They did an amazing job and we received some outstanding feedback about them. Thank you to Daisy, Keira, Lloyd, Erin, Matilda, Jack, Kelly & Luca for their honesty, enthusiasm and courage to lead these tours. What was clear to everyone was just how proud they are to be pupils at Tirlebrook.

Our next Open Morning is on Tuesday 7th November (the first week back at school after the half term break) so please spread the word to anyone and everyone who has a Reception-starting child in September 2024 - we would love to welcome them to Tirlebrook to check out what we can offer.

Places will be available for this event at two time slots: 9:15 a.m. and 10:45 a.m. respectively. Bookings can be made by contacting Mrs. Claire Thomas, our School Administrator, by email at <a href="mailto:admin@tirlebrook.gloucs.sch.uk">admin@tirlebrook.gloucs.sch.uk</a> or by calling the School Office on 01684 293549. You may also book a visit by scanning the QR code and completing the online form. A further date has been planned for an Open Afternoon: Tuesday 21st November. Further details of this event will be available shortly. Please share this information with family, friends and beyond – we look forward to welcoming familiar faces and new ones alike to our wonderful school.

\*We also have spaces in our current Reception class - if this is of interest to somebody you know, please make them aware as they too will be welcome to join us for a tour around the school.



# And finally...

A huge well done to all the children who have represented Tirlebrook over the past three weeks at the cross country races at the Vineyards. The attitude and determination on display has been fantastic and we are very proud of every one of you.

Have a wonderful weekend!

Mr. Lockley and the Tirlebrook Team



## **School Calendar**

#### October

- w/c Monday 16th 'Books for Bugs' Virtual Book Fair
- Tuesday 17th Y3 Visit to Lower Smite Farm
- Tuesday 17th Men's UEFA Euros Qualifier England v Italy @ Wembley
- Wednesday 18th Individual School Photographs
- Friday 20th Y6 Swimming Lessons continue
- Tuesday 24th & Thursday 26th Autumn Term Family Consultations
- Thursday 26th Nasal Flu Immunisations
- Friday 27th End of Autumn Term 1
- Monday 30th October Friday 3rd November HALF TERM

#### November

- Monday 6th Autumn Term 2 Begins
- Tuesday 7th Open Morning for Prospective Reception Families
- Monday 13th & Tuesday 14th Life Education Visit
- Tuesday 21st Open Afternoon for Prospective Reception Families

#### **December**

- Tuesday 5th & Wednesday 6th Y2-Y6 Cookery Workshops with Chef Caldora
- Thursday 21st End of Autumn Term 2 @ 1:30 p.m.

#### January 2024

- Friday 5th INSET training day; Tirlebrook Primary School and Little Oaks Nursery closed to pupils
- Monday 8th Spring Term 1 Begins
- Wednesday 24th Young Voices
- w/c Monday 29th iSingPOP

#### February 2024

- Tuesday 6th Thursday 8th Spring Term Family Consultations
- Friday 9th End of Spring Term 1
- Monday 19th Spring Term 2 Begins

#### March 2024

• Wednesday 6th - Tuesday 12th - 'Books for Bugs' Virtual Book Fair

- Thursday 7th World Book Day
- Wednesday 20th & Thursday 21st Y2 Y6 Cookery Workshops with Chef Caldora
- Friday 22nd End of Spring Term 2 @ 1:30 p.m.

#### April

- Monday 8th Summer Term 1 Begins
- Tuesday 9th Reception and Y6 Heights & Weights
- Monday 29th to Wednesday 1st May Y4 Residential @ The Pioneer Centre

## May

- Tuesday 7th to Friday 10th Y5 Residential @ Rockley Point
- Monday 13th to Thursday 16th Y6 SATs Week
- Thursday 23rd End of Summer Term 1

#### June

• Tuesday 4th - Summer Term 2 Begins

#### July

- Monday 8th Friday 12th Y6 Isle of Wight Residential
- Friday 19th End of Summer Term 2 @ 1:30 p.m.

# **Getting in Touch**



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