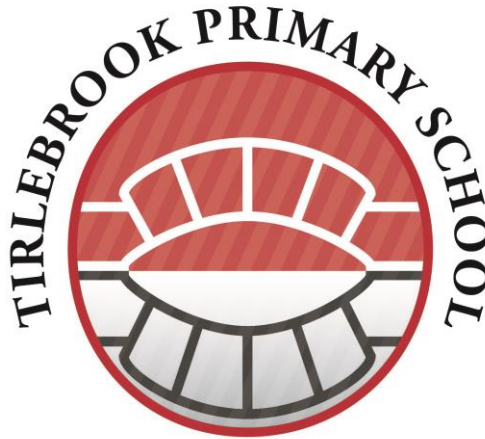


Tirlebrook Newsletter 4 (23-24)

Friday 6th October 2023



On the back of last week's revisiting of our school attitude of being respectful, we have this week been reflecting on the importance of saying 'thank you'. These are two very simple words that cost nothing to say, but often mean so much. Being thankful and saying 'thank you' helps us to recognise and appreciate that there is a world out there beyond ourselves, so much of which we should be grateful for. And there is a huge body of evidence that supports the intrinsic as well as extrinsic benefits of saying 'thank you'.

Being more mindful about saying 'thank you' helps to bring about:

- *Improved relationships – words of thanks make others feel appreciated, spreads love and opens doors to more meaningful relationships;*
- *Good physical health – saying thank you lowers blood pressure, improves immunity, helps us sleep and leads to healthier hearts (yes, really);*
- *Better mental health – gratitude increases happiness, decreases depression, enhances empathy and reduces aggression;*
- *Abundance in life – saying thank you to others can bring good back to us in unexpected ways as others are more likely to help us in return;*
- *The 'Positive Ripple Effect' – as well as improving our own self-esteem and the wellbeing of those we give thanks to, witnesses to our thanks are affected positively as well.*

*We hope that the children have taken this message on board and you are hearing a few more 'thank yous' here and there at home. As adults, we hope to continue to model gratitude and thankfulness in all aspects of our work with our school community. So without further ado ... **thank you** for your ongoing kindness, understanding and support - it really does make a difference to the staff team here at Little Oaks Nursery and Tirlebrook Primary School!*

We have so much to be thankful for - let's express this as often as we can!



Staff News

Goodbye and Good Luck Mrs. Nash!

Mrs. Rebecca Nash, one of our expert Early Years Practitioners, is leaving us at October half term. Mrs. Nash has been with the Little Oaks team since its inception seven years ago and has played an important role in the nursery becoming what it is today. She is moving into new opportunities now that her children have moved on from Tirlbrook and we wish her every success as she begins a specific role with the Hospital Education Service. **Congratulations Mrs. Nash and Good Luck!**

We are currently recruiting for an Early Years Practitioner to join our team. If you are interested in the role or know someone who you think may be interested, please pop into the school office and pick up a candidate pack and application form - we look forward to hearing from you!



Coming Up

World Mental Health Day - Tuesday 10th October 2023

Mrs. Stead writes,

'World Mental Health Day is about raising awareness of mental health and driving positive change for everyone's mental health. It's also a chance to talk about mental health, how we need to look after it, and how important it is to get help if you are struggling. At Tirlbrook, we recognise how important mental 'wellness' is for children, staff and families but also know how difficult it can be for us all to open up and ask for the help and support that we need, when we need it. Mental Health has declined in almost 40% of school children and, in response, ITV's Britain Get Talking and YoungMinds' #HelloYellow have collaborated to help children across the country to open up. Together with teachers and a clinical psychologist, they have created a piece of homework like no other. A conversation starter for children to take home, it is designed to help them talk about what's on their minds with their parents or trusted adults, and hopefully help to ease their stress and reduce anxieties by sharing their worries. This Mental Health Day, Tuesday 10th October, we will be talking with the children in class about the importance of talking and sharing any worries that they have. We will also be encouraging them to take part in Britain Get Talking's national homework exercise with you at home that evening and would appreciate it if you could find some time to spend with your child and help them to complete it (it doesn't require lots of writing or even need to be handed back in). We hope you find it useful and a great opportunity to simply 'get talking'. Many thanks for your support.'



Tirlbrook Primary School Open Mornings

Open Mornings for Prospective Parents – Thursday 12th October & Tuesday 7th November

If your child currently attends Little Oaks Nursery Class and is a prospective Tirlbrook school starter for Reception in September 2024, or if you know anyone who may be interested in their upcoming Reception age child attending Tirlbrook next academic year, please advertise to them that we will be holding our first two Open Morning sessions for Prospective Parents on **Thursday 12th October** and **Tuesday 7th November**. Visitors will have the chance to meet the Headteacher and Deputy Headteacher, ask questions about life at Tirlbrook and participate in a quick but friendly tour led by our House Captains. Places will be available for this event at two time slots: 9:15 a.m. and 10:45 a.m. respectively. Bookings can be made for either session by contacting Mrs. Claire Thomas, our School Administrator, by email at admin@tirlbrook.gloucs.sch.uk or by calling the School Office on 01684 293549. You may also book a visit by scanning the QR code and completing the online form. A further date has been planned for an Open Afternoon: Tuesday 21st November. Further details of this event will be available shortly. Please share this information with family, friends and beyond – we look forward to welcoming familiar faces and new ones alike to our wonderful school.

*We also have spaces in our current Reception class - if this is of interest to somebody you know, please make them aware as they too will be welcome to join us for a tour around the school.



'Books for Bugs' Virtual Book Fair - w/c Monday 16th October 2023

Mrs. Schofield writes,

'Coming soon to Tirlebrook ... it's our Virtual Book Fair!

*We are very excited to be teaming up with **Books for Bugs** once more and offering you the opportunity to purchase brand new books for just **£2.99** each. Delivery will be **free** as all purchased books will be delivered to school and sent home with your child. Browse now at www.booksforbugs.co.uk*

*At Tirlebrook, we love to promote reading for pleasure and this is a great opportunity to encourage your child to read whilst also helping the school to earn free books. Buying through the Virtual Book Fair will help our school, as we will receive a free book for every 5 collectively sold that has a value of £2.99, so every book counts! You will be able to place orders **from Monday 16th October**. Free delivery starts from this date and lasts for a whole week, so please only order from Monday onwards so we can receive as many free bonus books as possible. More details on the order process will follow next week. So for now - happy browsing!'*



[School Photos for Individuals and Families - Wednesday 18th October 2023](#)

It's nearly school photo time! Make sure you're all looking sharp and stylish a week on Wednesday in readiness for your child's annual individual snap. If you have older or younger children who attend a different school or setting but would like them to be photographed with your Tirlebrook-attending youngster, family group photographs will be available from **8:15 a.m.** until the school gates open at **8:40 a.m.** All photographs of pupils with siblings at Tirlebrook will be taken during school time.



Looking Back

[Harvest Assembly - Monday 2nd October 2023](#)

Thank you so much for your incredible support over the past couple of weeks as we have collected food and monetary donations as part of our Harvest celebrations. We have simply been blown away by your generosity and kindness and have been able to share a wonderful array of food with the elderly residents at Barton Court and also with Tewkesbury Foodbank, which can in turn be distributed to those who are most in need. We have also collected £35 in monetary donations that

will be used to purchase vouchers from local businesses Kevin Mace the Butchers and Woody's Greengrocers.

It was fantastic to be able to welcome so many parents and friends along to join our Harvest celebrations in our assembly on Monday, including our Chair of Governors Mr. John Badham. Children throughout the school presented songs and prayers and we were treated to a performance of 'I'm a Dingle Dangle Scarecrow' by Oak Tree Class, who bravely attended their first whole school gathering with parents present. A huge thank you to everyone who came along and to Mrs. Durrant who coordinated our Harvest assembly. It was a lovely event that reminded us to be good caretakers of the planet and to be grateful for what we have.



Y5 Singing @ Barton Court - Monday 2nd October 2023

Mrs. Durrant writes,

'After celebrating our Harvest Assembly in school on Monday 2nd October, Year 5 represented Tirlebrook Primary School brilliantly the same afternoon visiting residents at Barton Court. They enjoyed a really warm welcome and sang all their Harvest songs enthusiastically and clearly to an appreciative audience. Rowan Class had visited Barton Court in the summer and were pleased to be able to meet up with many familiar faces. The children chatted confidently with residents and everyone had a lovely time. Many thanks to Barton Court for welcoming us and providing us with refreshments before our rainy walk back to school. Well done to Rowan Class for being responsible and respectful in our local community.'

A huge thank you to Mrs. Durrant, Mrs. Perry and Mrs. Assheton for accompanying the children on their visit and to Mrs. Denise Turner who goes to so many lengths to help coordinate our visits to Barton Court.







Information for Families

Autumn Term Family Consultations (AKA Parents' Meetings)

Autumn Term Family Consultations, traditionally known as Parents' Meetings, take place after school on **Tuesday 24th** and **Thursday 26th October 2023**. Appointment bookings, via SCOPAY, will go 'live' from Thursday 12th October at 5 p.m. Consultations will also include the opportunity for you to enjoy a cup of tea or coffee whilst looking at your children's books. Our teachers are looking forward to getting together with you to review your child's attitude, progress and achievements during this first half term of the new academic year. Appointments are for adults only and will last for strictly ten minutes - if you feel that you need longer than this allocated time with your child's class teacher, a further meeting can be arranged at a mutually agreeable time after the October half term break. Thank you for your support.



Reminder: Pupil Information Forms

Thank you to everyone who has updated, signed and returned their pupil information forms for the academic year 2023-2024. Ensuring that we have these accurate and up-to-date details is so important. A handful of parents/carers are yet to do so - please can we ask that these are completed and handed in at the school office as soon as possible. Thank you for your support.

Reminder: Children's Nasal Flu Vaccination Programme - Thursday 26th October 2023

Public Health England have asked schools to facilitate the delivery of the Children's Nasal Flu Vaccination Programme once again this year. The programme, designed to provide both individual protection to children who receive the vaccine and to prevent the spread of flu to their family and community, includes all children from Reception to Year 6. Vaccinations will take place at Tirlbrook on **Thursday, 26th October**. Many thanks to those families who have completed and returned participation and consent forms sent out earlier this term. If you are yet to do this, please do so at your earliest convenience. Thank you for your support.



Public Health England

Extra-Curricular Clubs - Autumn Term 2023

Our extra-curricular clubs programme has now started! Individual club allocations have taken place, families have been informed of the arrangements for each club and children have enjoyed their first week of activities. I am very grateful to everyone for their contribution – to the staff who are leading a club for their commitment, to the families for their support and of course to the children for their enthusiasm. And huge thanks to Miss. Jaryczewski for the hours of administration that it takes to coordinate our extra-curricular clubs offer. All clubs will run for eight weeks during the Autumn Term, concluding week commencing 4th December 2023, with the exception of Running Club, which will continue until the penultimate week of the term and Cookery Club, which operates under its own arrangements.

Our extra-curricular club offer for the Autumn Term 2023 is as follows:

Mondays

Cookery - Mrs. Stratford - Years 1 & 2

Photography - Mr. Crouch - Years 3 - 5

HIIT & Circuits - Miss. Stoker - Years 3 - 6

Football - Mr. Lockley - Years 5 & 6

Tuesdays

Animation - Mrs. Reynolds - Years 1 & 2

Board Games - Miss. Moysey - Years 2 - 4

Netball - Mrs. Featonby - Years 5 & 6

Scribble Squad (paid for club) - Melissa Turland - Years 3 - 6

Fridays

Running - Mr. Lockley - Years 3 - 6

Young Voices Choir - Miss. Jaryczewski - Years 4 - 6



Charity

Macmillan Coffee Morning

Thanks to your generosity, we were able to raise **£65** for Macmillan Cancer Support at our Coffee Morning held on Friday 29th September.



Emily's WWF Panda Fundraiser - Tuesday 3rd October 2023

Emily, supported by her friends Paris and Matilda, sold cakes and keyrings, as well as hosting a game of 'Spot the Panda', last Tuesday and raised an incredible **£187** for the WWF. Congratulations to Amber who won the panda TY teddy called 'Bamboo' for winning the 'Spot the Panda' competition, and also to Kelly and Amy, who came in 2nd and 3rd place respectively. £100 of the funds raised will be used to sponsor a panda in the wild in the name of Tirlbrook Primary School, with the other £87 going to the general WWF fund. This is a fantastic achievement and Emily should be very proud of

her efforts. We are, of course, very grateful to everyone who took the time to support this worthy cause.



And finally...

With the Mop Fair arriving in Tewkesbury next week and visiting on a Monday and Tuesday evening, it is certain to be the talk of the town. Get plenty of sleep ahead of what is going to be, one thinks, a very excitable week!

Have a wonderful weekend!

Mr. Lockley and the Tirlbrook Team



School Calendar

October

- Wednesday 11th - Y6 Visit to Shrewsbury Prison
- Thursday 12th - Open Morning for Prospective Reception Families
- Thursday 12th - Cross Country Race 3 - 4 p.m. @ The Vineyards
- Friday 13th - Y6 Swimming Lessons continue
- w/c Monday 16th - 'Books for Bugs' Virtual Book Fair
- Wednesday 18th - Individual School Photographs
- Tuesday 24th & Thursday 26th - Autumn Term Family Consultations
- Thursday 26th - Nasal Flu Immunisations
- Friday 27th - End of Autumn Term 1
- Monday 30th October - Friday 3rd November - HALF TERM

November

- Monday 6th - Autumn Term 2 Begins
- Tuesday 7th - Open Morning for Prospective Reception Families
- Monday 13th & Tuesday 14th - Life Education Visit
- Tuesday 21st - Open Afternoon for Prospective Reception Families

December

- Tuesday 5th & Wednesday 6th - Y2- Y6 Cookery Workshops with Chef Caldora
- Thursday 21st - End of Autumn Term 2 @ 1:30 p.m.

January 2024

- Friday 5th - INSET training day; Tirlbrook Primary School and Little Oaks Nursery closed to pupils
- Monday 8th - Spring Term 1 Begins
- Wednesday 24th - Young Voices
- w/c Monday 29th - iSingPOP

February 2024

- Tuesday 6th - Thursday 8th - Spring Term Family Consultations
- Friday 9th - End of Spring Term 1
- Monday 19th - Spring Term 2 Begins

March 2024

- Wednesday 6th - Tuesday 12th - 'Books for Bugs' Virtual Book Fair
- Thursday 7th - World Book Day
- Wednesday 20th & Thursday 21st - Y2 - Y6 Cookery Workshops with Chef Caldora
- Friday 22nd - End of Spring Term 2 @ 1:30 p.m.

April

- Monday 8th - Summer Term 1 Begins
- Tuesday 9th - Reception and Y6 Heights & Weights
- Monday 29th to Wednesday 1st May - Y4 Residential @ The Pioneer Centre

May

- Tuesday 7th to Friday 10th - Y5 Residential @ Rockley Point
- Monday 13th to Thursday 16th - Y6 SATs Week
- Thursday 23rd - End of Summer Term 1

June

- Tuesday 4th - Summer Term 2 Begins

July

- Monday 8th - Friday 12th - Y6 Isle of Wight Residential
- Friday 19th - End of Summer Term 2 @ 1:30 p.m.

Getting in Touch



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www.tirlebrook.co.uk

Facebook: @tirlebrookprimaryschool