HEATH FIELDS PRIMARY SCHOOL



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Executive Headteacher Mrs Nicola Oliphant
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7th November 2025

Dear Parents and Carers,

We hope you are well. We are writing to remind all families that we have several children in school with *serious nut allergies*. For these pupils, even small traces of nuts can cause a severe allergic reaction.

Recently, we have noticed that a number of children have been bringing chocolate spread sandwiches for lunch. Unfortunately, it is very difficult for staff to tell whether a chocolate spread contains nuts or has been produced in a setting where nuts are present. Because of this, and in order to keep all children safe, we must take additional precautions.

From **Monday 10th November**, chocolate spread or peanut butter sandwiches will not be allowed in school. This includes all chocolate spreads, regardless of brand.

We also kindly ask that **no snacks containing nuts** are sent into school. This includes items such as cereal bars, biscuits, and snack packs that contain whole nuts or nut traces.

If a child does bring a sandwich containing chocolate spread or peanut butter or a nutcontaining snack, we will need to remove it and provide them with a suitable alternative from the school kitchen.

We appreciate your support in helping us maintain a safe environment for all pupils. If you have any questions, please feel free to contact the school office.

Thank you for your cooperation.

Miss Sophie McBride

Head of School









