



HEATH FIELDS PRIMARY SCHOOL

Inspire Achieve Celebrate

Field Avenue Hatton Derbyshire DE65 5EQ Telephone/Fax: 01283 813255

E-mail: admin@heathfields.derbyshire.sch.uk

Website: www.heathfields.derbyshire.sch.uk

Executive Headteacher Mrs Nicola Oliphant

Head of School Miss Sophie McBride

Tuesday 30th September 2025

Dear Parents and Carers,

Restart a Heart – Live Event, Wednesday 1st October

<https://www.restartaheart.live/>

We are excited to inform you that our school will be taking part in the **Restart a Heart Day** live event on **Wednesday 1st October**. This national initiative aims to teach children vital life-saving skills, including **how to perform CPR** (cardiopulmonary resuscitation).

During the event, all pupils will have the opportunity to **watch a live demonstration and take part in age-appropriate activities** designed to raise awareness of heart health and develop confidence in emergency situations. These skills can make a real difference in saving lives.

We are proud to give our children this valuable learning experience and encourage them to **share what they learn with family and friends**.

Please can your child bring a teddy with them to school to take part in the CPR activity.

If you have any questions about the event, please do not hesitate to contact us.

Thank you for your continued support.

Warm regards,

Miss McBride

Head of School

