

DAILY LUNCH MENU

WEEK ONE

w/c

13 APR

4 MAY

1 JUN

22 JUN

13 JUL

21 SEP

12 OCT

Primary School
April / October
Term 2026

CATERING SERVICES

MENUS

MAIN COURSE

SIDES

DESSERT

MONDAY

HAM PIZZA POCKET
OR
[V] PIZZA POCKET

[VE] Tomato Pasta
[VE] Summer Salad

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Ice cream and fruit

TUESDAY

MEATBALL SUB
OR
[VE] VEGGIE
MEATBALL SUB

[VE] Sliced potato
[VE] Sweetcorn

[VE] FRESH FRUIT OR
[V] YOGHURT OR [V] Date
and cocco brownie and [V] cream

WEDNESDAY

ROAST CHICKEN
AND STUFFING
OR
[VE] QUORN ROAST
FILLET
AND [VE] STUFFING

[VE] New potatoes
[VE] Baby carrots
[VE] Broccoli [VE] Gravy

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Oaty biscuit

THURSDAY

ITALIAN CHICKEN
OR
[V] ITALIAN
QUORN FILLET

[VE] Rice
[VE] Mediterranean
roasted vegetables

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Crunchy chocolate mousse

FRIDAY

CHICKEN GOUJONS
(TOMATO KETCHUP)
OR
[VE] OCEAN FRIENDLY
FINGERS
(TOMATO KETCHUP)

[VE] Chunky Chips
[VE] Baked beans

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Jam or lemon love cake
and [V] custard

KEY

[V] Suitable for Vegetarians
[VE] Suitable for Vegans



EAST RIDING
OF YORKSHIRE COUNCIL

DAILY LUNCH MENU

WEEK TWO

w/c

20 APR

11 MAY

8 JUN

29 JUN

7 SEP

28 SEP

19 OCT

Primary School
April / October
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CATERING SERVICES

MENUS

MAIN COURSE

SIDES

DESSERT

MONDAY

HAM AND CHEESE PANINI
OR
[V] CHEDDAR CHEESE PANINI

[VE] Oven baked wedges
[VE] Baked beans

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Summer fruit yoghurt crunch

TUESDAY

ITALIAN STYLE BOLOGNAISE
OR
[V] ITALIAN STYLE VEGETABLE BOLOGNAISE

[VE] Pasta
[VE] Country mixed vegetables

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Chocolate crunch and [V] custard

WEDNESDAY

SAUSAGE AND YORKSHIRE PUDDING
OR
[VE] QUORN SAUSAGE AND
[V] YORKSHIRE PUDDING

[V] Mashed potato
[VE] Cauliflower
[VE] Baby carrots

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Lemon cookie

THURSDAY

HUNTERS CHICKEN
OR
[V] BBQ QUORN FILLET

[VE] Golden rice
[VE] Vegetable stick

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Chocolate muffin / tray bake

FRIDAY

FILLET OF FISH (TOMATO KETCHUP)
OR
[VE] CRISPY RAINBOW DIPPERS (TOMATO KETCHUP)

[VE] Chunky Chips
[VE] Garden peas

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[VE] Apple flap jack and [V] custard

KEY

[V] Suitable for Vegetarians
[VE] Suitable for Vegans



EAST RIDING
OF YORKSHIRE COUNCIL

DAILY LUNCH MENU

WEEK THREE

w/c

27 APR

18 MAY

15 JUN

6 JUL

14 SEP

5 OCT

Primary School
April / October
Term 2026

CATERING SERVICES

MENUS

MAIN COURSE

SIDES

DESSERT

MONDAY

HAM, CHEESE AND
TOMATO PASTA
OR
[V] CHEESE AND
TOMATO PASTA

[VE] Sweetcorn

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Raspberry cream shortcake

TUESDAY

SUMMER
BRUNCH BAP
OR
[V] SUMMER
BRUNCH BAP

[VE] Baked beans
[VE] Crispy sliced potato

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Apple and banana sponge
and [V] custard

WEDNESDAY

ROAST CHICKEN
AND STUFFING
OR
[VE] QUORN ROAST
FILLET AND
[VE] STUFFING

[V] Mashed potato
[VE] Baby carrots
[VE] Broccoli [VE] Gravy

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Chocolate melting moment

THURSDAY

MILD CHILLI BEEF
QUESADILLA
OR
[V] MILD VEGETABLE
CHILLI QUESADILLA

[VE] Steamed rice
[VE] Vegetable sticks

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[VE] Peach puree and [V] icecream

FRIDAY

FISH FILLET
(TOMATO KETCHUP)
OR
[VE] OCEAN FRIENDLY
FINGERS
(TOMATO KETCHUP)

[VE] Chunky chips
[VE] Garden peas or
[VE] mushy peas

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Cornflake syrup tart
and [V] custard

KEY

[V] Suitable for Vegetarians
[VE] Suitable for Vegans



EAST RIDING
OF YORKSHIRE COUNCIL

WELCOME TO SCHOOL MEALS

In the East Riding we pride ourselves on the school meals we offer our children. It takes time to ensure your child gets a balanced diet, which we base on The School Food Standards. By using these standards, it is intended children develop healthy eating habits, which will ensure they get the energy and nutrition they need to learn and to grow.

Follow these tips to help maintain good health:

- eat lots more fruit and vegetables
- eat more fish — including a portion of oily fish every three weeks
- cut down on saturated fat and sugar
- try to eat less salt
- drink plenty of water;

Make a change today

Discover healthy recipes, food swaps and nutritional advice and top tips for activities.

Download the free NHS food scanner app today, a speedy scan of your family's favourite products reveals a range of healthier swaps.

The next time you shop it's as easy as scan, swipe and swap!

 nhs.uk/healthier-families

Holiday activities and food

For free fun holiday activities and a meal, please sign up to the newsletter at  activeeastriding.co.uk/holiday-activities-and-food

Sessions are for children and young people eligible for free-school meals aged 5-16 years old.

Allergies and special diets

Full allergen information is available and special dietary requirements can be catered for; please contact your school for details. It may be necessary to change the menu without prior notice. Please note: Individual schools may offer an alternative choice to the meal options. Please contact your school for details.

GIVE SCHOOL MEALS A TRY

If you are interested in trying school meals, simply contact the main office at your child's school.



Is your child missing out?

If you feel or are unsure if your child is eligible for a free school meal you can contact the council's benefits section on  (01482) 394799.

Comments

Should you require any further information, or would like to make comments on your child's school meal service, contact us as follows:

-  eastriding.gov.uk/schoolmeals
-  cateringservices@eastriding.gov.uk
-  (01482) 395320
-  East Riding of Yorkshire Council Catering Services
County Hall
Beverley
East Riding of Yorkshire
HU17 9BA

This information can be made available in other languages or formats if required. To request another format, please contact us via  (01482) 395320 or  cateringservices@eastriding.gov.uk

