

P3's Activity Takeaway Menu

Please choose one activity (or more if you wish) per day to complete. Take a photo or a video and send it to the office email address
office@netherhall.leicester.sch.uk

Build a den either inside or outside in the garden	Do some baking!	Follow a dance routine from 'learning station' on YouTube	How many star jumps can you do in one minute?	Help your family set the table for breakfast/ lunch/ tea. What did you need? How many did you need?
Draw a picture of what has been your favourite moment of being at home so far	Do a treasure hunt of your favourite objects in the house. Can you find them all?	Find an unusual place to read a book in your house!	Can you find 5 different birds on your daily walk or in your garden? What are they called?	How many times can you kick/ throw a ball or score a goal?
Play shops!	Try the Joe Wicks P.E. workout on YouTube or have a go at Cosmic kid's yoga on YouTube!	Make a home for minibeasts in your garden	Make an obstacle course indoors or outdoors – get your grown-ups involved!	Spend some time in your garden. What do you see? What do you hear?
Can you make a puppet out of old socks?!	Create a piece of art using any materials you have at home or in your garden.	Play hairdressers!	Make a musical instrument using your recycling	Make a junk model of anything from your recycling!
Do some mark making or messy play using flour/ water/ jelly	Pour yourself a cup of water or make yourself some squash	Make yourself some toast with a topping	Help the grown-ups with some jobs around the house e.g. washing up, hoovering, mopping, dusting, cleaning your bedroom!	Ask your parent to give you a sensory massage using relaxing music