

Dear Parent(s)/Carers

This school term we are focused on identifying all the young carers we have here at Rogiet and making these children and their families aware of the help and support available to them. We understand that some of our young carers are perhaps in need of a little extra help to enjoy and do well at school and we want to ensure all these pupils are identified and supported effectively.

What is a young carer?

A young carer is someone under 18 who is caring, unpaid, for a family member, or friend, who is mentally or physically unwell, frail, disabled or who misuses substances. They often take on practical and/or emotional caring responsibilities that would normally be expected of an adult.

There are a great many young carers in the UK today, a large number of which are unaware they are in fact a young carer themselves.

As the Young Carers' Operational Leads at Cantref Primary we have a responsibility for ensuring all young carers are able to enjoy school, make good progress and benefit fully from all the opportunities available to them, despite their family circumstances.

If you think your child might be a young carer, or could be affected by any of the issues we've highlighted, please let us know by filling in the form below and bringing it into school in a sealed envelope addressed to either member of staff named in this letter. If you do not feel comfortable doing this, or have any further questions, please contact us on:

rosatoc@hwbcymru.net or rhysclewer@monmouthshire.gov.uk

Any information that is given to us will be treated sensitively and no information will be shared without your knowledge. We are here to help and support in any way we can so please do not hesitate to get in touch.

Yours sincerely,

Mr Clewer - DHT and Mrs Rosato – Wellbeing Lead



Pupil's name: _____

Class: _____

Does the pupil have parents or other family members who have a long-term illness or disability, or who are affected by poor mental health or substance misuse? Please delete as appropriate:

Yes No

If you wish, you can give further details here: (not required)

Would you like more information about the types of support the school provides to young carers?

Yes No

The local authority provide support for young carers in Monmouthshire, here is a link to what they can offer and their contact details:

<https://www.monmouthshire.gov.uk/social-care/carers-project/young-carers/>

Phone: 07970 166975 (10am-3pm Mon to Fri)

email: YoungCarers@monmouthshire.gov.uk

Any direct referrals are required to go to Early Help Panel email via an Early Help referral form.

email: earlyhelppanel@monmouthshire.gov.uk

Carers of all ages are entitled to an assessment of need via the Local Authority, please see the link below;

<https://www.monmouthshire.gov.uk/social-care/carers-project/needs-assessment/>

Please provide a name and telephone number or email address so that we can contact you about support for your child:

Name: _____

Telephone/email address: _____