



St Paul's Road, Nuneaton, Warwickshire. CV10 8HW

Katherine King
Headteacher

19th January 2026

Dear Parents/Carers

Allergy Awareness – MIDDLE NURSERY NUT FREE ZONE

We have a child in our Middle Nursery class who has a newly diagnosed nut allergy. He is not allowed to eat or be exposed to nut or nut products. We have to ensure that all foods offered to him and others in his class are safe for him to eat or be exposed to. **He could have an anaphylactic reaction if he eats or has contact with nuts or nut products.** He has medication in the form of adrenaline auto injectors to help him and may need to go to hospital for emergency, life-saving treatment.

- We need your help to keep him safe and healthy so moving forwards;

MIDDLE NURSERY WILL NOW BE A NUT FREE ZONE.

. We are asking you to help to support us at school by following these expectations;

- **NO NUT or NUT PRODUCTS TO BE BROUGHT INTO MIDDLE NURSERY including chocolate, biscuits, chocolate spread containing nut or nut traces etc.**
- **CHILDREN NOT TO BRING THEIR OWN FOOD OR DRINKS INTO MIDDLE NURSERY EXCEPT LUNCH-BOXES ON THEIR EXTENDED DAY/S (unless agreed by teaching team)**
- Talking to your child and modelling safe eating and encouraging them to eat their own food only.
- Encouraging your child to wash their hands with soap thoroughly before and every time after eating, so they don't get any crumbs/splashes on anything in the classroom.
- Ensuring that you don't send cake or sweet treats into school for birthdays.

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Further Allergy Awareness Information can be found;

- [Anaphylaxis UK](#) has a huge range of resources to help you understand more about allergies and anaphylaxis and support you if you or your child has allergies.
- [AllergyWise](#) is an online learning platform where you can register and undertake a range of courses about allergies and anaphylaxis.
- Helping the teachers to talk to your child about allergies and how they can make the child feel. Here is a good link for adults to view Leo's Story; a very short video about a child's experience living with an allergy: <https://youtu.be/MqncMJY1rL0>

Thank you for working together with our Nursery School and for talking to your son/daughter about helping to keep a child with allergies safe. If you have any questions, please ask your key person Mrs Shepherd or speak to a member of the teaching Senior Leadership Team – Mrs Phillips Lead teacher & SENDCO or Mrs King - Headteacher.

Thank you for your understanding.

Yours sincerely

Mrs King
Headteacher

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